



Recreator

FALL 2026

CHECK OUT OUR NEW APP!





Your Hometown Baseball Club Since 1961!

Fall Ball Registration is currently open at www.FortCollinsBaseballClub.org

- Practices begin around September 2. Coaches choose times and locations.
- Games are played on Sunday afternoons in Fort Collins.
- Game Dates for 2026: September 13/20/27 and October 4/11/18.
- Register at www.FortCollinsBaseballClub.org

The BaseBall

Our first-ever *Dressy Gala & Musical Celebration of Baseball* was a big hit in June 2026 at Lincoln Center.

Keep an eye out for the June 2027 event – contact FCBC to get involved and support this one-of-a-kind community event and epic Date Night!

Thanks to all who enjoyed The Game with us in Spring/Summer 2026!

www.FortCollinsBaseballClub.org

970.484.3368 | office@fcbcmail.org





The Youth Clinic
Primary Care



Pediatric
Urgent Care

Your Child's Well Being is Our Shared Mission
From primary care to urgent care, we're your **Kid Experts 365 days/year**



The Kid Experts From Check-Ups to Urgencies

Right Care, Right Time

The Youth Clinic and Pediatric Urgent Care's team of dedicated pediatric providers is committed to caring for your child at any time and every time. With the experience and resources to support your family, we're here whenever you need us—caring for your child through every stage of life. From primary care to urgent care, we are your trusted partner for your child's healthcare in Northern Colorado!



Well Child Exams



Chronic Disease Management



Sick Visits and Urgent Care



The Youth Clinic
Primary Care

Looking for a New Pediatrician?

Caring for our future generations since 1964!

Accepting New Patients (970)267-6717

www.YouthClinic.com



Pediatric
Urgent Care

Walk-Ins Welcome & Open to the Community

Mon-Fri: 8am-8pm | Sat, Sun & Holidays: 10am-4pm

4845 Weitzel St., Ste 101 Timnath, CO 80547

We accept most major insurance plans

www.PUCNC.com

Primary Care and Urgent Care 365 Days a Year- Here When You Need Us Most

REGISTRATION DATES AND TIMES

REVIEW THE REGISTRATION DATES BELOW AND MARK YOUR CALENDARS!



HOW TO REGISTER FOR PROGRAMS:

For the fastest service, online registration is highly recommended.

ONLINE

Visit [FortCollins.gov/Recreator](https://fortcollins.gov/Recreator).



Click on "Register for Classes Online."

New users: Click "Sign In / Register" and select "Sign Up Now," then follow the prompts.

Existing users: Click "Sign In / Register" and enter your username/household ID number and password.



IN PERSON

All City of Fort Collins recreation facilities are able to assist with registering for programs.

See page 7 for information on open hours.



OVER THE PHONE

Call 970-221-6655.

Due to limited staff availability, phone calls may not be answered on registration day. Voicemails will be returned within 24 hours.

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CREDITS

Community Relations and Marketing

Emily Haukeness

Liv Hultgren

Taylor Roberts

Cover Photo

Rachel Booth

Pagination

Tina Chandler

Contact Us

970-221-6655

Recreation@FortCollins.gov

Interested in advertising in the Recreator or sponsoring a recreation event? Contact

Recreation@FortCollins.gov

Follow us

@ParksandRecFC



[illegible]



CLASS AND PROGRAM INFORMATION

Each program or class will be listed in the format detailed below.

(Please note: The class below is an example and is NOT an actual course offered in the Recreator.)

Course Title

The course title lists the name of the class or program.

Course Description

The course description shares a brief introduction or summary of the program.

Location

Name of the recreation facility or location where the program will take place.

Date, Day, Time

The information immediately following the location shows the date(s), day(s) of the week and time of the class or program.

Pricing

The pricing for each program is listed and includes everything needed for the class unless otherwise noted.

Activity Number

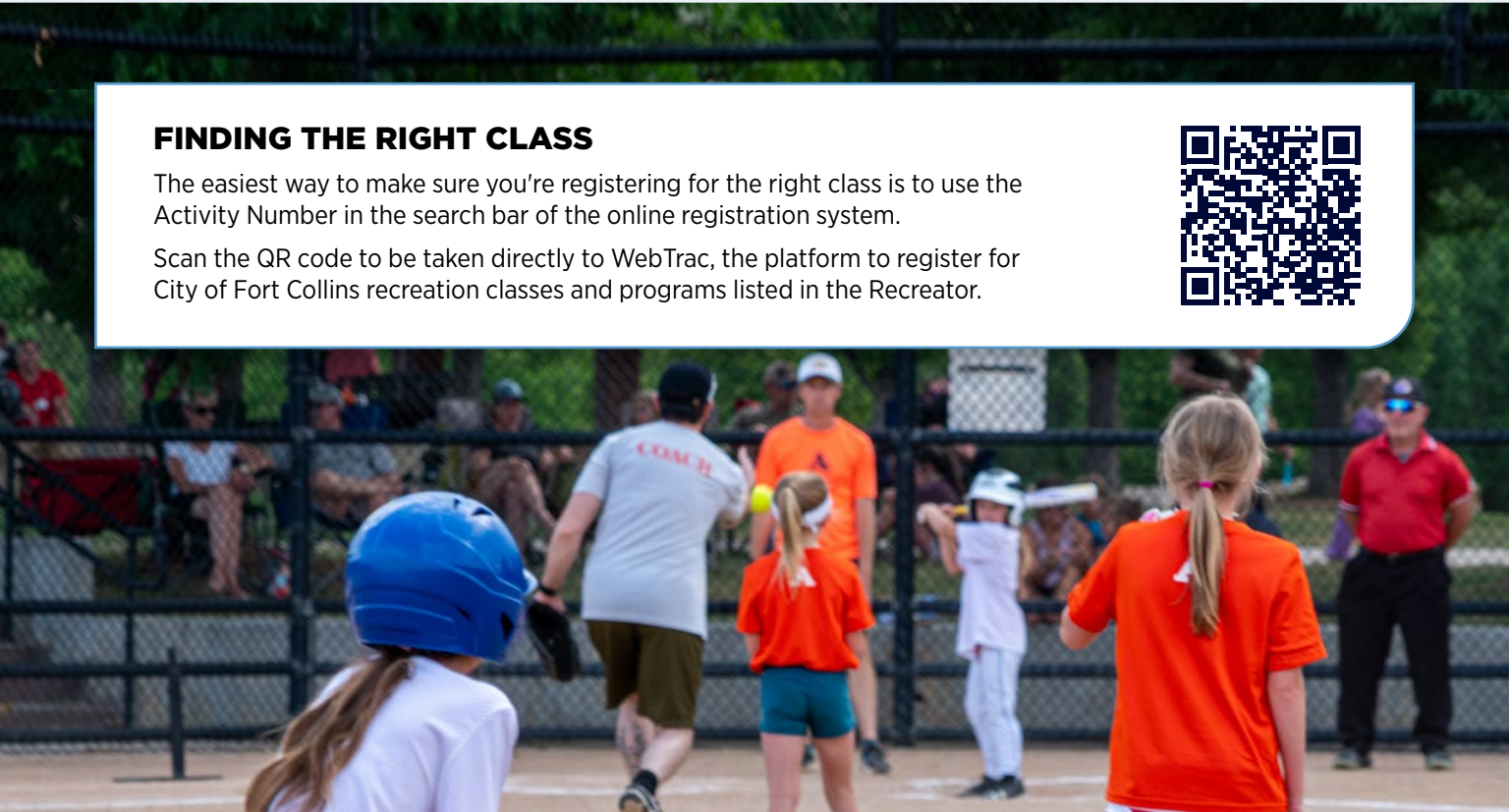
The activity number is a unique registration code. This code should be referenced when registering.

Happy Little Trees - Painting Cohort

Paint along with the great Bob Ross! This multi-week class will follow Bob Ross's series with an in-person instructor for real-time guidance. Bring your own paintbrushes if preferred. All other supplies provided.

Location: Foothills Activity Center

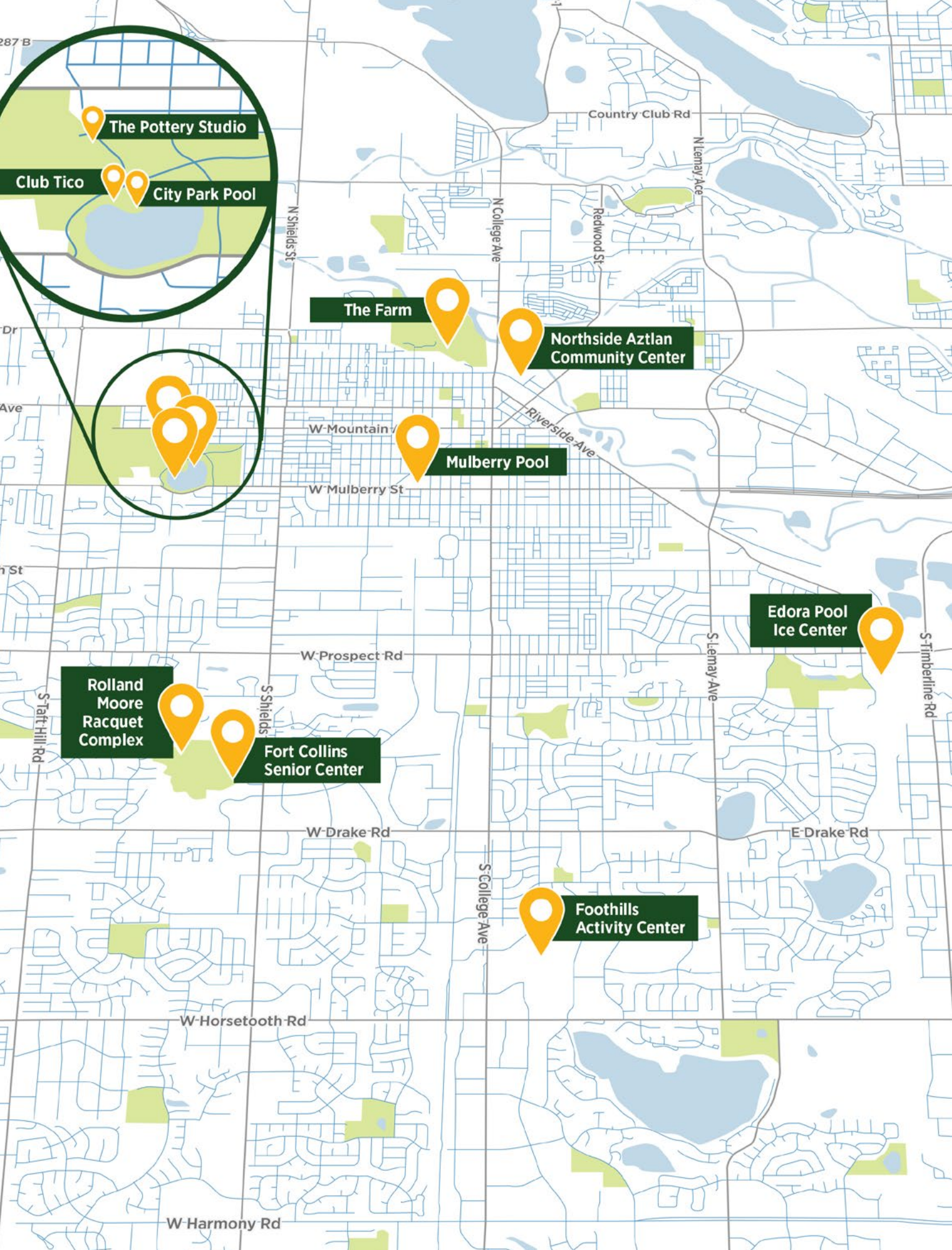
4/24-5/29	Th	6:00-7:00 PM	\$120	205671-31
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FINDING THE RIGHT CLASS

The easiest way to make sure you're registering for the right class is to use the Activity Number in the search bar of the online registration system.

Scan the QR code to be taken directly to WebTrac, the platform to register for City of Fort Collins recreation classes and programs listed in the Recreator.



The Pottery Studio

Club Tico

City Park Pool

The Farm

Northside Aztlan
Community Center

Mulberry Pool

Edora Pool
Ice Center

Rolland
Moore
Racquet
Complex

Fort Collins
Senior Center

Foothills
Activity Center

RECREATION FACILITY

HOURS AND MAP

CITY PARK POOL

1597 City Park Dr. • 970.221.6658

MAY 25-AUGUST 18

M, W, F, Sa, Su 11 AM - 6 PM

Tu, Th 11 AM - 7 PM

AUGUST 19-SEPTEMBER 7

M-F 9:30 AM - 1 PM (no slides)

M-Th 4:30 - 7 PM

Sa, Su 11 AM - 5 PM

*Hours vary on Poudre School District in-session days and holidays. For more information, please see [FortCollins.gov/CityParkPool](https://fortcollins.gov/CityParkPool).

CLUB TICO

1599 City Park Dr. • 970.224.6113

Reservations required.

EDORA POOL ICE CENTER (EPIC)

1801 Riverside Ave. • 970.221.6683

M-F 5:30 AM - 8 PM

Sa, Su 8 AM - 5 PM

Lap lanes and ice rink availability varies.

View the updated schedule online at [FortCollins.gov/EPIC](https://fortcollins.gov/EPIC).

THE FARM

600 Sherwood St. • 970.221.6665

NOVEMBER 1-MARCH 31

W-Sa 10 AM - 4 PM

Su Noon - 4 PM

APRIL 1-OCTOBER 31

W-Sa 10 AM - 5 PM

Su Noon - 5 PM

JUNE 1-AUGUST 31

Also open on Tuesdays from 10 AM - 5 PM

FOOTHILLS ACTIVITY CENTER

Programs available for all ages, with a primary focus on youth.

241 E. Foothills Pkwy. • 970.416.4280

M-F 6 AM - 8 PM

Sa 8 AM - 6 PM

Su 8 AM - 5 PM

FORT COLLINS SENIOR CENTER

Programs available for 18 years and older, with a primary focus on retirement-aged individuals.

1200 Raintree Dr. • 970.221.6644

M-F 6 AM - 9 PM

Sa, Su 8 AM - 5 PM

Lap lanes and pool availability varies. View the updated schedule online at [FortCollins.gov/SeniorCenter](https://fortcollins.gov/SeniorCenter).

MULBERRY POOL

424 Mulberry St. • 970.221.6657

M, W, F 5:30 AM - 8 PM

Tu, Th 5:30 AM - 4:30 PM

Sa 12:30 - 5:30 PM

Su Noon - 3 PM

NORTHSIDE AZTLAN COMMUNITY CENTER

112 E. Willow St. • 970.221.6256

M-F 6 AM - 9 PM

Sa, Su 8 AM - 5 PM

THE POTTERY STUDIO

1541 Oak St. • 970.221.6644

ROLLAND MOORE RACQUET COMPLEX

2201 S. Shields • 970.493.7000

For the most current information about special hours and closures, visit [FortCollins.gov/Recreation](https://fortcollins.gov/Recreation)

A FEW OF OUR FAVORITE THINGS

By the Parks and Recreation Advisory Board

There's a lot to love about Fort Collins. In this issue, the Parks and Recreation Advisory Board members decided to share the little things about our city's outdoor spaces they appreciate most. Check out a few of their favorite things about Fort Collins Parks and Recreation!

"The Edora Disc Golf Course is the perfect way to spend an afternoon taking in nature and enjoying a nice walk!"

—Elizabeth Dudley



Edora Disc Golf Course



The Pottery Studio

"My favorite place is the Pottery Studio in City Park. I love getting creative with clay, learning new skills and connecting with other ceramicists in our community."

—Vanessa Lewis



"From the caldera at Fossil Creek Park—there is an intentional divot in the hill. When you are standing in it, you can block out much of the urban skyline and simply enjoy the long view of the mountains and at night, the stars. It is truly a getaway from the urban/suburban area."

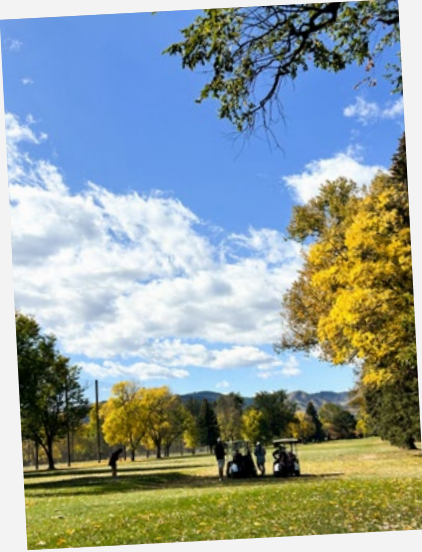
—Meghan Willis



*Horsetooth Rock viewed from
Fossil Creek Park*

"This hole 4 at City Park Nine in the fall!
My favorite view at City Park Nine to golf!"

—Lorena Falcon



City Park 9

"The annual Kids in the Park celebration
is an Armstrong family favorite!"

—Nick Armstrong



*Kids in the Park at
Twin Silo Park*

"My husband Steve and I had a great shared experience
doing Winter Bike to Work day together this February.
We love the fun, excitement and memory making that
we experience on these Bike to Work days!"

—Marcia Richards



*Winter Bike to Work Day at
Oak Street Plaza*

SPECIAL EVENTS

SEP **9**



Songs and Solos for Classical Guitar Performance

This program celebrates the 250th anniversary of the Declaration of Independence, with American music spanning the 19th to 21st centuries, and the 200th anniversary of the birth of Stephen Foster. Performed by vocalist and classical guitarist Larry Almeida, who has performed throughout the U.S., Canada and Germany.

Age: All

Location: Fort Collins Senior Center

9/9	W	3:00-4:30 PM	\$3
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OCT **7**



Northern Colorado New Horizons Swing Band

Enjoy the sounds of the Northern Colorado New Horizons Swing Band at the Fort Collins Senior Center. This lively group of senior adult musicians brings the golden era of big band jazz to life with infectious energy and charm. Composed of retirees, they gather weekly to rehearse and perform classic swing tunes from the 1930s, 1940s and even modern day.

Age: All

Location: Fort Collins Senior Center

10/7	W	3:00-4:30 PM	No Fee
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OCT **23-25**



Treatsylvania

At this non-spooky Halloween event, treat your little ghosties to a stroll through the barn and down trick-or-treat street to collect candy. Tickets available starting Wednesday, October 7 at 7 a.m. Tickets are only needed for participating children. Adults and other children may attend for free without a ticket. Learn more at

FortCollins.gov/Treatsylvania.

Age: All (Designed for ages 10 and under)

Location: The Farm at Lee Martinez Park

10/23	F	5:00-7:00 PM	\$9
10/24	Sa	5:00-7:00 PM	\$9
10/25	Su	1:00-3:00 PM	\$9
10/25	Su	5:00-7:00 PM	\$9

SPECIAL EVENTS

NOV 6



Downtown Holiday Lighting Ceremony

Kick off the holiday season in Old Town Square with the illumination of the annual holiday lights! Trees throughout Old Town will be illuminated with thousands of LED bulbs through February. Lights turn on at approximately 6:30 p.m. Learn more at FortCollins.gov/HolidayLights.

Age: All

Location: Old Town Square

11/6	F	5:30-7:00 PM	No Fee
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NOV 11



Veterans Day Breakfast

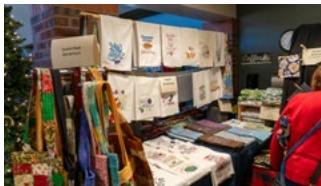
Enjoy a morning of food, song and patriotism to celebrate those who have honorably served our country. Presented by the Fort Collins Golden K Kiwanis Club and the City of Fort Collins Recreation Department. Posting of the colors begins at 8 a.m. with service songs to follow.

Age: All

Location: Fort Collins Senior Center

11/11	W	7:00-10:00 AM	No Fee
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NOV 27-28



Holiday Artisan Market

Find uniquely crafted holiday gifts at this premier craft fair. More than 100 artisans and crafters gather to share handmade creations with visitors.

Age: All

Location: Fort Collins Senior Center

11/27-11/28	F, Sa	10:00 AM-4:00 PM	No Fee
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DEC 4



Winter S.O.A.P. Troupe Show

Be entertained this winter with the S.O.A.P. (Slightly Older Adult Players) Troupe. Tickets can be purchased in advance at the Fort Collins Senior Center or by calling 970-221-6644. Note: Space is limited to 200.

Age: All

Location: Fort Collins Senior Center

12/4	F	1:30 PM	\$10
12/4	F	6:30 PM	\$10



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ADAPTIVE RECREATION OPPORTUNITIES

Adaptive Recreation Opportunities (ARO) supports quality and equal opportunities for recreation and leisure programs to community members with disabilities. The ARO program offers healthy and fun experiences through two basic service areas: specialized programs and transition services. Inclusion support is also available to all Recreation participants. ARO services strive to foster independence for the participating individuals within their recreation experiences. To learn more, visit FortCollins.gov/ARO.

THINGS TO KNOW

Adaptive Programs

Open to people of all abilities, these programs are specially adapted for individuals with physical, intellectual, invisible and/or emotional disabilities to empower them in their everyday lives. Programs are goal oriented and provide opportunities to work on social or physical skills, activities of daily living or leisure goals. Personal care is not provided in these programs, but attendants are welcome. See section below on Attendants.

Transition Support

ARO provides leisure education to groups or individuals relating to recreation and leisure choices. A Therapeutic Recreation Professional discusses recreation opportunities, barriers to leisure goals and support options. To speak with ARO staff, please complete the support form at FortCollins.gov/ARO or email ARO@FortCollins.gov.

Inclusion Support

Individuals of all abilities and ages are welcome to enroll in general recreation programs. Staff will assess and provide reasonable accommodations to facilitate the fullest participation possible. Recreation offers a spectrum of inclusion services. Request for inclusion support must be submitted at least two weeks prior

to the start of a program. Complete an inclusion request form online at FortCollins.gov/ARO. For more information, email Recreation@FortCollins.gov.

Attendants

Individuals who are not independent in activities of daily living may participate with a personal care attendant. There is no fee for personal care attendants unless otherwise noted. Attendants need to register separately and note whom they will be assisting. Attendant passes can be completed at any recreation facility or over the phone. For questions, call 970-221-6655 or email ARO@FortCollins.gov.

Volunteer

Whether assisting with events or being a weekly inclusion support partner, volunteers are always needed to help support individuals in the ARO program. To apply, visit Engage.FCGov.com. For more information, email ARO@FortCollins.gov.

Contact Information

For additional information about ARO programs, visit FortCollins.gov/ARO or email ARO@FortCollins.gov.

Transportation

Participants are responsible for their own transportation unless otherwise noted. The following resources provide transportation:

Transfort (Public City Transport)	970-221-6620
Dial-A-Ride	970-224-6066
SAINT	970-223-8645
Heart and Soul Paratransit	970-690-3338
Ztrip	970-224-2222

All ARO programs, except youth specific, are open for registration on adult registration day.

AQUATICS

See [page 20](#) for more information on Adaptive H2O Fitness.

ARTS AND THEATRE PROGRAMS

Artistic Abilities

Creative expression for all! Use a variety of materials to make unique 2D and 3D art. All abilities welcome!

Age: 14 years and up

Location: CSU Visual Arts Building, Studio D-102,
551 W. Pitkin St.

9/17-10/15	Th	4:30-6:30 PM	\$70	402990-01
10/22-11/19	Th	4:30-6:30 PM	\$70	402990-02

EDUCATION PROGRAMS

Adaptive Cooking

Learn how to cook tasty foods and gain positive eating habits. Small groups will cook together, set the table, then sit down to sample the finished product.

Age: 16 years and up

Location: Fort Collins Senior Center
International

9/2	W	5:00-6:30 PM	\$24	402401-01
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Surprise

9/16	W	5:00-6:30 PM	\$24	402401-02
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Fall Harvest

10/7	W	5:00-6:30 PM	\$24	402401-03
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Surprise

10/21	W	5:00-6:30 PM	\$24	402401-04
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Thanksgiving Apps

11/4	W	5:00-6:30 PM	\$24	402401-05
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Holiday

12/2	W	5:00-6:30 PM	\$24	402401-06
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Adaptive Music

Jam out with friends! Engage in a mix of creative vocal and instrumental music activities while learning more about music theory and composition. Bring your own instruments or borrow basic rhythm instruments. Note: Class will not be held on 11/23.

Age: 16 years and up

Location: Foothills Activity Center

11/2-12/14	M	5:00-6:00 PM	\$64	402525-01
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ARO Drumming

Share in the joyful and revitalizing energy of making rhythmic music in community with others, drum circle style. Learn poems with a beat and perform easy and relaxed hand and feet rhythms with drums and other percussion instruments from around the world. Drumming stimulates brain wave activity, providing benefits of creative thinking, relaxation and blood pressure regulation while also improving coordination and motor skills. Note: Class will not be held on 11/27.

Age: 16 years and up

Location: Foothills Activity Center

9/18-10/23	F	3:30-4:30 PM	\$82	402472-01
10/30-12/11	F	4:00-5:00 PM	\$82	402472-02

Bodies, Boundaries and Belonging

Learn how to build confidence in relationships, increase awareness of resources and develop safety skills in this three-week workshop taught by the Sexual Assault Victim Advocate (SAVA) Center and Responsible Sex Education Institute (RSEI). The following topics will be addressed through engaging activities and presentations: consent, boundaries, sexual and reproduction anatomy, romantic and sexual relationships, healthy versus unhealthy relationships, sexual violence 101, risk reduction, contraceptives and consent 2.0.

Age: 18 years and up

Location: The Arc of Larimer County, 1721 W. Harmony Rd.,
Unit 101

9/2-9/16	W	4:00-6:30 PM	No Fee	402410-01
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Good Games and Great Company

Let the games begin! Meet up once a month to play games with friends. Playing games can improve attention levels, memory, response time, logic skills and other measures of cognitive function. Different games will be played each month, including but not limited to board games, cards, collaborative games, dexterity games and active games.

Age: 16 years and up

Location: Toy, Game, and Puzzle Library,
215 E. Foothills Pkwy.

9/21	M	4:00-5:30 PM	\$14	402414-01
10/26	M	4:00-5:30 PM	\$14	402414-02
11/16	M	3:15-4:45 PM	\$14	402414-03

Learning About Our Animal Best Friends - NEW!

Discover some fun and interesting things about dogs, learn how to speak a little dog language and come meet our friendly teachers with long noses and big ears! Be prepared to get a hairy handshake or give a pat and make a new furry friend.

Age: 8 years and up

Location: Rolland Moore Park, Shelter #2

9/1	Tu	4:00-5:30 PM	No Fee	402526-01
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ICE PROGRAMS

Adaptive Skating

Learn basic ice skating skills with adaptations made for individuals with disabilities. Class focuses on skill improvement.

Age: 5-15 years

Location: Edora Pool Ice Center

9/12-10/17	Sa	10:15-11:15 AM	\$158	410356-01
11/3-11/19	Tu,Th	6:15-6:45 PM	\$80	410356-02
12/1-12/17	Tu,Th	6:15-6:45 PM	\$80	410356-03

Adaptive Skating Practice Ice - NEW!

A program designed for those that are comfortable skating on their own and would like to train for exhibitions or even the Special Olympics! Create individual routines, increase skills and have fun in a safe environment. One-on-one coaching provided. Note: This is not a learn-to-skate class.

Age: 5 years and up

Location: Edora Pool Ice Center

9/12-10/17	Sa	10:15-11:15 AM	\$158	410357-01
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OUTDOOR PROGRAMS

Adaptive Climbing

Rock climb indoors at your comfort level with a group of friends. Staff and volunteers will belay participants. Note: Climbing fee and equipment included.

Age: 7 years and up

Location: Whetstone Climbing Gym, 220 Smokey St.

9/8-10/6	Tu	5:30-7:00 PM	\$146	402765-01
10/20-11/17	Tu	5:30-7:00 PM	\$146	402765-02

Nature Exploration

This class invites individuals of all abilities to explore local natural areas alongside knowledgeable Natural Area volunteers and ARO staff. Participants will enjoy guided walks, sensory activities and opportunities to learn about plants, wildlife and nature in an accessible and supportive environment. Note: An adaptive, outdoor GRIT wheelchair is available for those that need mobility assistance.

Age: 16 years and up

Location: Depart from Fort Collins Senior Center

10/6-10/27	Tu	10:00-11:30 AM	\$45	402911-01
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Pars From Mars Adaptive Golf

Tee up at Collindale Golf Academy for an adaptive golf program led by the Pars From Mars coaches. Open to all skill levels and designed for golfers of all abilities, this program offers adaptive techniques, equipment and instruction to ensure everyone can experience the joy of golf!

Age: 7 years and up

Location: Colindale Golf Course

9/4-10/9	F	5:00-6:30 PM	\$165	402935-01
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Sylvan Dale Trail Ride

Saddle up and enjoy a picturesque trail ride on horseback in the foothills of Loveland, guided by the experienced Wranglers at Sylvan Dale Ranch. This is not a riding lesson; participants must be comfortable with the idea of riding independently. Note: Weight limit of 240 lbs.

Age: 16 years and up

Location: Depart from Fort Collins Senior Center

9/22	Tu	10:15 AM-12:30 PM	\$96	402908-01
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PARALYMPIC SPORTS

Adaptive Boccia

A Paralympic sport for athletes who have physical disabilities. Played on a smooth surface with modified equipment. Boccia tests coordination, concentration and ability to strategize. Note: Class will not be held on 11/23.

Age: 14 years and up

Location: Foothills Activity Center

9/28-12/7	M	10:30 AM-Noon	\$38	402464-01
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Wheelchair Rugby

A fast paced, full-contact wheelchair sport designed for those with physical disabilities. Extra sport chairs are available. Note: Class will not be held on 11/24.

Age: 14 years and up

Location: Northside Aztlan Community Center

9/29-12/8	Tu	6:00-8:00 PM	\$56	402560-01
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Learn more about Wheelchair Tennis on [page 50](#).

TRIPS AND TRAVEL

Note: Individuals who need assistance with activities of daily living may request a personal care attendant to accompany them on trips. Space is limited and will be reserved for individuals who cannot otherwise attend the trip independently. Attendants must register under the attendant section. For more information, email ARO@FortCollins.gov.

Candle Making

Walk from Northside Aztlan Community Center (NACC) to Downtown Fort Collins to visit a local candle bar, where participants can create their own custom candle by choosing scents and pouring the candle themselves. After the candle-making experience, the group will enjoy lunch and dessert downtown before walking back to NACC. Note: Bring at least \$30 to pay for your candle and lunch money.

Age: 16 years and up

Location: Depart from Northside Aztlan Community Center

11/13	F	10:30 AM-3:30 PM	\$33	402324-01
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Attendant

11/13	F	10:30 AM-3:30 PM	No Fee	402324-02
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Fort Collins Foodie Walk

Walk from Northside Aztlan Community Center (NACC) to Downtown Fort Collins to enjoy delicious bites from local favorites. After the Foodie Walk, the group will head to The Exchange for dessert before walking back to NACC. Note: Bring money to purchase dessert if desired.

Age: 16 years and up

Location: Depart from Northside Aztlan Community Center

Participant				
9/18	F	4:30-7:30 PM	\$20	402317-01

Attendant				
9/18	F	4:30-7:30 PM	No Fee	402317-02

Karaoke Night

Enjoy an evening of Karaoke with friends! The All Abilities Open Mic and Karaoke series is a community-focused initiative in Fort Collins providing an inclusive, accessible stage for individuals of all ages and communication styles at New Belgium Brewing. Hosted primarily by the Foundation for Accessible Music in collaboration with local organizations like Integrated Therapy of Northern Colorado (ITNC), these events offer specialized support including music therapists, visual songbooks and adjusted musical settings.

Age: 16 years and up

Location: Depart from Northside Aztlan Community Center

Participant				
12/3	Th	4:30-7:30 PM	\$18	402321-01

Attendant				
12/3	Th	4:30-7:30 PM	No Fee	402321-02

The Pumpkin Patch

Visit a local pumpkin patch, pick out a pumpkin and then carve or paint your pumpkin back at the Fort Collins Senior Center. Other Halloween-themed activities will be provided in addition to carving or painting your pumpkin. Note: Bring a packed dinner with you.

Age: 16 years and up

Location: Depart from Fort Collins Senior Center

Participant				
10/15	Th	4:00-7:30 PM	\$22	402323-01

Attendant				
10/15	Th	4:00-7:30 PM	No Fee	402323-02

UNIFIED SPORTS

Adult Unified Basketball

Individuals of all abilities come together to play in a Unified Basketball League. Teams practice for one week to build basketball skills and then play officiated games the remaining weeks. Competitive division for athletes that play a faster-paced game. Recreational division for athletes who benefit from slower-paced games and modified rules. Note: Teams will practice or play for one hour within the time frame of program. Specific times will be listed on TeamSideline and announced at least one week before program start.

Age: 16 years and up

Location: Northside Aztlan Community Center

Competitive Division				
1/16-3/13	Sa	4:00-7:00 PM	\$45	202951-01

Recreational Division				
1/16-3/13	Sa	4:00-7:00 PM	\$45	202951-02



Panther Adaptive Cheer and Dance

A great way for individuals with or without disabilities to experience cheering and dancing together as a unified team. Performances throughout the season in the Northern Colorado area. Note: Additional \$20 fee for team T-shirt. Class will not be held on 11/24.

Age: 16 years and up

Location: 2208 E. Harmony Rd.

9/8-10/13	Tu	5:50-7:00 PM	\$53	402987-01
10/27-12/15	Tu	5:50-7:00 PM	\$53	402987-02
1/5-2/9	Tu	5:50-7:00 PM	\$53	202987-01

FITNESS

Adaptive Personal Training

Specialized 1:1 fitness instruction designed for individuals with disabilities. Participants will be assigned a Certified Personal Trainer to exercise with at one of the City's recreation facilities. The trainer and participant will work together to establish individualized fitness goals. Schedules are created by the trainer and participant. If interested in adaptive personal training, please fill out the interest form online at FortCollins.gov/ARO. Staff will connect with you to schedule and complete registration.

Chair Yoga

Includes gentle strength and stretch poses and breath work while seated. Designed for those with SCI, MS, TBI, neuromuscular disorders, other physical disabilities and/or those who would benefit from participating in a seated yoga practice. Note: Class will not be held on 11/25.

Age: 16 years and up

Location: Fort Collins Senior Center

9/9-10/28	W	2:15-3:00 PM	\$56	402983-01
11/4-12/9	W	2:15-3:00 PM	\$35	402983-02

Movement Mentor

Over the course of eight weeks, participants are assigned a Movement Mentor to exercise with for one hour, once per week at a City recreation facility. Workouts will include leisurely exercise such as walks, bike rides or sports. Note: Schedules are created amongst partners.

Age: 16 years and up

Location: Varies

9/21-11/13			\$65	402586-01
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Spectrum Yoga

Learn modified yoga practices in a supportive environment. Moderately paced, gentle flow yoga designed for, but not limited to, individuals with intellectual and developmental disabilities, sensory integration sensitivity and those on the autism spectrum. Note: Class will not be held on 11/27.

Age: 16 years and up

Location: Fort Collins Senior Center

9/11-10/30	F	10:45-11:45 AM	\$56	402982-01
11/6-12/11	F	10:45-11:45 AM	\$35	402982-02

SOCIAL PROGRAMS

Bowling

Practice your bowling game with friends! Play two games per week to improve bowling skills or casually bowl for fun. Note: Fee includes two games per person per week and shoe rental. The Bowling program will not be held on 10/3 due to the Colorado Special Olympics Regional Bowling Tournament. Transportation will be provided on 10/3 for bowlers participating in the regional tournament.

Age: 16 years and up

Location: Chippers Lane North, 830 N. College Ave.

9/12-10/24	Sa	11:30 AM-12:30 PM	\$70	402906-01
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Monthly Themed Dances

Dance the night away with friends! Dressing for the theme is highly encouraged.

Age: 18 years and up

Rad 80s Dance

Location: Fort Collins Senior Center

9/25	F	6:00-8:00 PM	\$10	402405-01
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Halloween Howl Dance

Location: Fort Collins Senior Center

10/30	F	6:00-8:00 PM	\$10	402405-02
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Country Shindig Dance

Location: Northside Aztlan Community Center

11/20	F	6:00-8:00 PM	\$10	402405-03
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Masquerade Ball

Location: Northside Aztlan Community Center

12/18	F	6:00-8:00 PM	\$10	402405-04
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Movie Night

Join friends at the Fort Collins Senior Center to watch and discuss a movie in a sensory-friendly space. Snacks available and included with program registration.

Age: 16 years and up

Location: Fort Collins Senior Center

9/23	W	5:30-8:30 PM	\$20	402403-01
10/28	W	5:30-8:30 PM	\$20	402403-02
12/23	W	5:30-8:30 PM	\$20	402403-03

Restaurant Night

Visit restaurants around town with friends! Staff will support participants in money management and ordering. Note: Bring money for food and a tip.

Age: 16 years and up

Location: Depart from the Fort Collins Senior Center

9/9	W	5:30-8:30 PM	\$20	402406-01
10/14	W	5:30-8:30 PM	\$20	402406-02
11/11	W	5:30-8:30 PM	\$20	402406-03

YOUTH PROGRAMS

Youth Unified Basketball

Modified techniques are used to teach the fundamentals of basketball and allow players of all abilities to participate.

Age: 7-15 years

Location: Northside Aztlan Community Center

1/18-2/22	M	5:00-6:00 PM	\$35	202952-01
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Youth Unified Flag Football

Modified techniques are used to teach the fundamentals of football and allow players of all abilities to participate.

Age: 7-15 years

Location: City Park

9/21-10/26	M	4:15-5:15 PM	\$35	402158-01
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Audition Today and Let Your Voice Shine!

For youth in Kindergarten
through 8th grade

Upcoming Concerts in 2026
Songs of the Season: Dec. 5th
Teddy Bear Tea: Dec. 12th

Learn more at ccchome.org



Centennial
Children's
Chorus





ADULT PROGRAMS

All programs are designed for those 18 years and older unless otherwise noted.

AQUA FITNESS

Aqua Fitness classes require a minimum number of seven participants registered per class to avoid cancellation. Participants may attend only the class for which they are registered.

Drop-In Policy

Participants may pay a drop-in fee of \$7.50 per class if space is available. Drop-in participants do not count in registration numbers. Reduced rates do not apply to daily drop-in fees. For more information on admission policies and fees, see [page 102](#).

Waitlist and Cancellation Policy

The deadline for drops/changes for enrolled participants is 24 hours before the start of the first class. If the class you wish to register for is filled, you may place your name on a paid waiting list so that if a spot becomes available we can move you in as quickly as possible. You will be notified via email if you are moved off the waitlist and enrolled. If there are no changes, refunds to waitlisted swimmers will be processed within the second week of the session.

Note: Classes will not be held on 9/7.

DROP-IN ONLY PROGRAMS

Drop-In Water Volleyball

An in-the-water volleyball game that is also a low-impact exercise option. Admission is the daily drop-in rate or one facility admission pass. Note: Comfort in the water and basic swimming skills recommended. Pool depth is 3.5-4.5 feet.

Location: Fort Collins Senior Center

8/31-11/24	M,W,F	10:00-11:00 AM	Daily Drop-In Fee
11/30-12/23	M,W,F	10:00-11:00 AM	Daily Drop-In Fee

LOW INTENSITY

Basic H2O

Designed for those new to water exercise, recovering from an injury or with physical limitations. Range-of-motion, stretching and cardiovascular elements are emphasized.

Location: Fort Collins Senior Center

8/31-10/2	M,W,F	8:00-9:00 AM	\$72	400412-01
10/5-10/30	M,W,F	8:00-9:00 AM	\$62	400412-02
11/2-11/24	M,W,F	8:00-9:00 AM	\$52	400412-03
11/30-12/23	M,W,F	8:00-9:00 AM	\$57	400412-04

H2O Fitness

This low-impact water workout is designed for individuals of all abilities. The class focuses on improving strength, flexibility and cardiovascular health through accessible exercises in the pool. Ideal for those with mobility challenges or anyone looking for a supportive and inclusive aquatic fitness experience. Note: Personal care attendants are welcome to assist in and out of the water.

Age: 16 years and up

Location: Mulberry Pool

9/14-10/14	M,W	10:00-11:00 AM	\$72	402228-01
10/19-11/18	M,W	10:00-11:00 AM	\$72	402228-02
11/30-12/16	M,W	10:00-11:00 AM	\$42	402228-03

Twinges

Designed for those with arthritis, this class is held in the warm water pool. The buoyancy of the warm water provides both resistance and assistance to the body while helping to maintain joint flexibility and strength in a low-impact environment.

Location: Edora Pool Ice Center

8/31-10/2	M,W,F	7:30-8:30 AM	\$72	400314-01
10/5-10/30	M,W,F	7:30-8:30 AM	\$62	400314-03
11/2-11/23	M,W,F	7:30-8:30 AM	\$52	400314-05
11/30-12/23	M,W,F	7:30-8:30 AM	\$52	400314-07
8/31-10/2	M,W,F	8:30-9:30 AM	\$72	400314-02
10/5-10/30	M,W,F	8:30-9:30 AM	\$62	400314-04
11/2-11/23	M,W,F	8:30-9:30 AM	\$52	400314-06
11/30-12/23	M,W,F	8:30-9:30 AM	\$52	400314-08
9/1-10/1	Tu,Th	8:30-9:30 AM	\$52	400314-09
10/6-10/29	Tu,Th	8:30-9:30 AM	\$42	400314-10
11/3-11/24	Tu,Th	8:30-9:30 AM	\$37	400314-11
12/1-12/22	Tu,Th	8:30-9:30 AM	\$37	400314-12

Twinges Plus

Combine range-of-motion exercises with low-impact cardiovascular work. Excellent for those diagnosed with arthritis or other joint-related conditions.

Location: Fort Collins Senior Center

8/31-10/2	M,W,F	12:45-1:45 PM	\$72	400416-01
10/5-10/30	M,W,F	12:45-1:45 PM	\$62	400416-03
11/2-11/23	M,W,F	12:45-1:45 PM	\$52	400416-05
11/30-12/23	M,W,F	12:45-1:45 PM	\$52	400416-07

You've Been Served

Water volleyball is a team sport derived from volleyball. Games are played in the water with a beach ball. Have fun, laugh and enjoy exercising. This class is not about competition but rather the fun and socialization.

Location: Fort Collins Senior Center

9/1-10/1	Tu,Th	4:00-5:00 PM	\$52	400402-01
10/6-10/29	Tu,Th	4:00-5:00 PM	\$42	400402-02
11/3-11/24	Tu,Th	4:00-5:00 PM	\$37	400402-03
12/1-12/22	Tu,Th	4:00-5:00 PM	\$37	400402-04

MEDIUM INTENSITY

Classics

Enjoy the classic blend of aerobics, toning and stretching. A good place to begin an exercise program, maintain fitness levels or add a challenge to a workout routine.

Location: Fort Collins Senior Center

8/31-10/2	M,W,F	6:00-7:00 AM	\$72	400422-01
10/5-10/30	M,W,F	6:00-7:00 AM	\$62	400422-02
11/2-11/23	M,W,F	6:00-7:00 AM	\$52	400422-03
11/30-12/23	M,W,F	6:00-7:00 AM	\$52	400422-04
8/31-10/2	M,W,F	5:00-6:00 PM	\$72	400422-05
10/5-10/30	M,W,F	5:00-6:00 PM	\$62	400422-06
11/2-11/23	M,W,F	5:00-6:00 PM	\$52	400422-07
11/30-12/23	M,W,F	5:00-6:00 PM	\$52	400422-08
9/1-10/1	Tu,Th	8:00-9:00 AM	\$52	400422-09
10/6-10/29	Tu,Th	8:00-9:00 AM	\$42	400422-10
11/3-11/24	Tu,Th	8:00-9:00 AM	\$37	400422-11
12/1-12/22	Tu,Th	8:00-9:00 AM	\$37	400422-12
9/2-10/2	Tu,Th	9:00-10:00 AM	\$52	400422-13
10/7-10/30	Tu,Th	9:00-10:00 AM	\$42	400422-14
11/4-11/25	Tu,Th	9:00-10:00 AM	\$37	400422-15
12/2-12/23	Tu,Th	9:00-10:00 AM	\$37	400422-16
9/2-10/2	Tu,Th	10:00-11:00 AM	\$52	400422-17
10/7-10/30	Tu,Th	10:00-11:00 AM	\$42	400422-18
11/4-11/25	Tu,Th	10:00-11:00 AM	\$37	400422-19
12/2-12/23	Tu,Th	10:00-11:00 AM	\$37	400422-20
9/2-10/2	Tu,Th	7:00-8:00 PM	\$52	400422-21
10/7-10/30	Tu,Th	7:00-8:00 PM	\$42	400422-22
11/4-11/25	Tu,Th	7:00-8:00 PM	\$37	400422-23
12/2-12/23	Tu,Th	7:00-8:00 PM	\$37	400422-24

Prenatal

Designed for women during or after pregnancy. Low- and medium-impact exercises maintain muscle tone and cardiovascular fitness while the water eases the pressure of pregnancy. Build muscle to help support the newborn's weight.

Location: Fort Collins Senior Center

9/1-10/1	Tu,Th	5:00-6:00 PM	\$52	400418-01
10/6-10/29	Tu,Th	5:00-6:00 PM	\$42	400418-02
11/3-11/24	Tu,Th	5:00-6:00 PM	\$37	400418-03
12/1-12/22	Tu,Th	5:00-6:00 PM	\$37	400418-04

Twist and Shout

Condition and tone heart, body, mind and soul with fun, laughter and games. Minimize impact on the body with aqua stretching, toning and cardio.

Location: Fort Collins Senior Center

8/31-10/2	M,W,F	4:00-5:00 PM	\$72	400426-01
10/5-10/30	M,W,F	4:00-5:00 PM	\$62	400426-02
11/2-11/23	M,W,F	4:00-5:00 PM	\$52	400426-03
11/30-12/23	M,W,F	4:00-5:00 PM	\$52	400426-04

HIGH INTENSITY

Advanced Water Fitness

Increase caloric burn and overall endurance by taking cardio to the next level. Promote joint flexibility, range of motion and agility while building cardiovascular endurance and muscular strength. Note: Not appropriate for first-time or beginner-level students.

Location: Fort Collins Senior Center

8/31-10/2	M,W,F 9:00-10:00 AM	\$72	400424-01
10/5-10/30	M,W,F 9:00-10:00 AM	\$62	400424-02
11/2-11/23	M,W,F 9:00-10:00 AM	\$52	400424-03
11/30-12/23	M,W,F 9:00-10:00 AM	\$52	400424-04

Deep H2O Intro

Take an aggressive approach to fitness with a vigorous, no-impact workout held in the deep water. Designed for people with back, hip and knee injuries. This is an introduction to the Deep H2O class.

Location: Edora Pool Ice Center

9/1-10/1	Tu,Th 8:00-9:00 AM	\$52	400331-01
10/6-10/29	Tu,Th 8:00-9:00 AM	\$42	400331-02
11/3-11/24	Tu,Th 8:00-9:00 AM	\$37	400331-03
12/1-12/22	Tu,Th 8:00-9:00 AM	\$37	400331-04

Deep H2O

Take an aggressive approach to fitness with a vigorous, no-impact workout held in the deep water. Designed for people with back, hip and knee injuries. Note: Class will not be held on 10/2 and 12/11.

Location: Edora Pool Ice Center

8/31-10/2	M,W,F 12:15-1:15 PM	\$72	400330-01
10/5-10/30	M,W,F 12:15-1:15 PM	\$62	400330-02
11/2-11/23	M,W,F 12:15-1:15 PM	\$52	400330-03
11/30-12/22	M,W,F 12:15-1:15 PM	\$47	400330-04

AQUATICS

Open Lap Swimming

Current open lap lane schedules are available online at FortCollins.gov/Recreation. Please see the corresponding facility page for specific schedules. Lap lane schedules are available for Edora Pool Ice Center, Mulberry Pool and Fort Collins Senior Center. Schedules are subject to change. Lane sharing is required during open swim. If three or more swimmers are using a lane, circle swimming is required.

Adult Aquatics programs are held at Edora Pool Ice Center and are for ages 18 years and older unless otherwise noted.

ADULT LEARN TO SWIM

Adult Learn to Swim – Intro to Swimming

Designed as an introduction to basic aquatics skills for those who have no swimming experience or are hesitant in the water. Focus on developing comfort and safety in the water with skills such as floating, kicking, treading and stroke introduction.

Adult Learn to Swim – Stroke Development

Designed for adults who can comfortably swim 25 yards (any stroke) and are looking to refine or learn freestyle, backstroke and breaststroke (butterfly at swimmer's request). This class incorporates both group work as well as personalized instruction to improve technique. Weekend sessions will run 45 minutes in length.

See [page 66 and 67](#) for the Learn to Swim class schedule.

FORT COLLINS

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CREATIVE ARTS

ARTS AND CRAFTS

Programs are held at the Fort Collins Senior Center unless otherwise noted.

Art Display

We are looking for artists, crafters and creators who are interested in showcasing their pieces at the Fort Collins Senior Center. Historical and contemporary artworks by local, regional, national and international artists are welcome. Previous exhibitions highlighted works by art faculty, students and patrons as well as emerging and established artists. The shows represent great diversity and change monthly. Interested in showcasing your creations? Contact the Recreation Department at Recreation@FortCollins.gov.

Open Studio – Arts and Crafts

Drop-in open studio for those wanting to work on a variety of art projects, including but not limited to watercolors, drawing, acrylic painting or basic crafts. Instructor will be available for art advice and help if needed. Drop-in time is flexible. Attendees must provide their own materials.

9/22	Tu	6:30-8:30 PM	\$7	403460-01
10/20	Tu	6:30-8:30 PM	\$7	403460-02
11/17	Tu	6:30-8:30 PM	\$7	403460-03
12/15	Tu	6:30-8:30 PM	\$7	403460-04

Open Studio – Woodshop

Open studio time is intended for practicing or finishing work in progress. Open studio is included for adult students currently enrolled in Woodworking, Stained Glass and Jewelry classes. Adults who have previously taken a Woodworking, Stained Glass or Jewelry class may register for individual days or drop in if there is space.

9/1-12/31	Tu,Th	9:00 AM-Noon	\$9	403497-01
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DIGITAL ARTS

Laser Cutting and Etching, Beginner

In this three-day workshop, participants will learn to make precise cuts and intricate designs on our Class 5 CamFive lasers, getting hands-on training with design software (Lightburn) and running the laser for cutting and engraving different materials. Participants will create their own finished project to take home. All materials and a one-month membership to Fort Collins Creator Hub are included in the course fee (new members only).

Location: Fort Collins Creator Hub, 1304 Duff Dr. Suite 11

10/3-10/17	Sa	9:00 AM-Noon	\$150	415972-01
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FIBER ARTS

Needle Felting

Needle felting is a centuries-old craft that has gained popularity in recent years. It involves using a barbed needle to create 3D shapes, figures and wool paintings. All materials are provided.

Basic Armatures for Animals

9/12	Sa	10:00 AM-1:00 PM	\$37	403401-01
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Wool Halloween Painting

10/17	Sa	10:00 AM-1:00 PM	\$37	403401-02
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Tom Turkey

11/21	Sa	10:00 AM-1:00 PM	\$37	403401-03
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Singing Candles

12/12	Sa	10:00 AM-1:00 PM	\$37	403401-04
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Upcycling and Reinventing Workshop

This two-day workshop focuses on recycling or upcycling loved garments that don't fit, need a new life or maybe just need a little repair. Skills learned: simple sewing machine stitches, appliqué and embroidery repair.

9/12-9/13	Sa,Su	10:00 AM-3:00 PM	\$101	403411-01
11/14-11/15	Sa,Su	10:00 AM-3:00 PM	\$101	403411-02

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator, with reasonable accommodations. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit [FortCollins.gov/ARO](https://www.fortcollins.gov/ARO) for more details.

every child PEDIATRICS

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hwcenters.org

hwcenters@everychildpediatrics.org

GENERAL ARTS

Arts and Crafternoons

Create the fun crafts you see on Pinterest and Instagram without spending a fortune on materials you may never use again. Class instructor will guide you through the painting or craft and/or give you the freedom to create on your own. All materials provided.

Sharpie Bowls

9/4	F	1:00-3:00 PM	\$37	403418-01
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Functional Crafts

10/9	F	1:00-3:00 PM	\$37	403418-02
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Painted Holiday Cards

11/13	F	1:00-3:00 PM	\$37	403418-03
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Frosted Mason Jar Luminaries

12/4	F	1:00-3:00 PM	\$37	403418-04
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JEWELRY

Jewelry, Beginner

Focus on cutting and piercing with a jeweler's saw, filing and soldering, as well as proper techniques for polishing and finishing. Designed for those with no metal experience, as well as those who would like to improve their skills. Note: Tools and some supplies provided. Supply list available during first class; approximate cost is \$55-\$80.

9/15-10/27	Tu	2:30-4:30 PM	\$112	403486-01
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11/10-12/22	Tu	2:30-4:30 PM	\$112	403486-02
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Jewelry Lapidary

Learn the basic processes used for rock and gem cutting and grinding. Students will learn to cut and polish cabochon stones (smooth rounded top, flat bottom) and learn how to cut down stones to fill in already finished jewelry. Bring in your own stones or cut from our stock.

9/15-10/27	Tu	5:00-7:00 PM	\$112	403489-01
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Open Studio – Jewelry

Open studio is an opportunity for participants to finish previous projects or explore new techniques not covered in previous jewelry classes. Instructor will be present to answer any questions. Prerequisite: Beginner Jewelry or Jewelry Casting.

11/10-12/22	Tu	5:00-7:00 PM	\$102	403483-01
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PAINTING

Acrylic Painting, Beginner

Students will learn basic acrylic painting techniques with an instructor-led project. Paintings will be completed during the class to take home at the end. All materials are provided, but bringing an apron is recommended.

Abstract Art – Wassily Kandinsky Style

9/18	F	1:00-3:00 PM	\$37	403446-01
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Palette Knife Flower Painting

10/16	F	1:00-3:00 PM	\$37	403446-02
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Pointillism Small Works – Georges Seurat Style

11/20	F	1:00-3:00 PM	\$37	403446-03
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Winter Spruce Landscape

12/11	F	1:00-3:00 PM	\$37	403446-04
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Alcohol Inks

Learn techniques needed to create fun and beautiful works of art with alcohol inks. Create cards and artwork to frame, or decorate non-porous pieces (mugs, dishes, tiles, etc.). All materials provided.

9/24	Th	9:00-11:00 AM	\$37	403420-01
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10/22	Th	9:00-11:00 AM	\$37	403420-02
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11/12	Th	9:00-11:00 AM	\$37	403420-03
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12/10	Th	9:00-11:00 AM	\$37	403420-04
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Watercolors, Beginner

Learn how to paint with watercolor! Students will learn the basics of watercolors with an overview of the materials needed, watercolor techniques and how to fix mistakes. This class is instructor-led, and multiple small paintings will be completed. All materials will be provided, but if you have your own materials that you prefer to use, you are welcome to bring them. Note: Class will not be held on 11/28.

*Indicates 4-class sections.

9/9-10/7	W	9:00-11:00 AM	\$81	403421-01
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10/21-11/18	W	9:00-11:00 AM	\$81	403421-02
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9/5-9/26	Sa	9:00-11:00 AM	\$61*	403421-03
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10/10-10/31	Sa	9:00-11:00 AM	\$61*	403421-04
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11/14-12/12	Sa	9:00-11:00 AM	\$61*	403421-05
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Watercolors, Intermediate

Continue to implement skills learned in the beginner class. Students will learn about composition and how to create depth and interest in their paintings. This class is instructor-led, and multiple small paintings will be completed, but at a more complex level. All materials will be provided, but if you have your own materials that you prefer to use, you are welcome to bring them. Note: Class will not be held on 11/28.

*Indicates 4-week session.

9/8-10/6	Tu	9:00-11:00 AM	\$81	403422-01
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10/20-11/17	Tu	9:00-11:00 AM	\$81	403422-02
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9/5-9/26	Sa	11:30 AM-1:30 PM	\$61*	403422-03
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10/10-10/31	Sa	11:30 AM-1:30 PM	\$61*	403422-04
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11/14-12/12	Sa	11:30 AM-1:30 PM	\$61*	403422-05
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Watercolor Workshop

Individual classes focusing on specific topics and techniques to build upon and enhance your understanding of watercolors. Some watercolor experience may be helpful but not required. All materials will be provided, but if you have your own materials that you prefer to use, you are welcome to bring them.

Focus on Colors

9/13	Su	2:00-4:00 PM	\$37	403424-01
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Brushes and Brush Work

9/27	Su	2:00-4:00 PM	\$37	403424-02
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Perspective and Depth in Painting

10/11	Su	2:00-4:00 PM	\$37	403424-03
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Trees and Skies

10/25	Su	2:00-4:00 PM	\$37	403424-04
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Watercolor Journaling/Pen Work

12/6	Su	2:00-4:00 PM	\$37	403424-05
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Basic Drawing for Watercolors

9/21	M	6:30-8:30 PM	\$37	403424-06
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Value Study and Monochromatic Painting

10/19	M	6:30-8:30 PM	\$37	403424-07
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Light, Shadows and Textures

11/2	M	6:30-8:30 PM	\$37	403424-08
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Watercolor Greeting Cards

11/16	M	6:30-8:30 PM	\$37	403424-09
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Mounting and Displaying Paintings

11/30	M	6:30-8:30 PM	\$37	403424-10
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STAINED GLASS

Stained Glass, Leaded Windows, Beginner

Learn to design and construct a leaded stained glass window. Activities include pattern making, cutting and grinding glass, building a window with lead, soldering, puttying and cleaning. Lead is an ideal material for stained glass windows because it combines strength with the flexibility needed for durable, lasting construction. Supply list will be sent out before the first class. Note: Class will not be held on 10/21, 10/28, 11/4 and 11/11.

10/19-11/18	M,W	6:00-8:00 PM	\$164	403461-01
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WOODWORKING

Epoxy Charcuterie Board

Make your own unique epoxy charcuterie board! This class will walk participants through the entire process from purchasing wood, creating mold and using different types of epoxy. Participants will pour their own epoxy and learn to demold, shape and sand to a finished product. Attending both days is required to successfully complete the class. Class fee includes all materials and a one-month Fort Collins Creator Hub membership (new members only).

Location: Fort Collins Creator Hub, 1304 Duff Dr. Suite 11

11/14-11/21	Sa	9:00 AM-Noon	\$205	403912-01
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Introduction to Precision Artisanhip

Do you have creative project ideas but lack the skills or experience required to make them? This class is an introduction to transforming your vision into high-quality, repeatable pieces of art. Participants will complete a project that illustrates what is possible when using laser cutters and CNC routers. A one-month Fort Collins Creator Hub membership is included in the course fee (new members only).

Location: Fort Collins Creator Hub, 1304 Duff Dr. Suite 11

9/19	Sa	1:30-4:00 PM	\$150	403915-01
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Woodworking, Beginner

Introduction to the use of power tools, hand tools, woods and finishing. One out of two projects available will be built. Must attend first class. Some supplies provided. Supply list available at first class; approximate cost is \$30-\$50.

9/16-10/21	W	3:00-5:00 PM	\$168	403490-01
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Woodworking, Intermediate

Use joinery to put together two or more pieces of wood. Different types will be discussed. Students pick an appropriate project under 30 inches. Must attend first class. Some supplies provided. Students can expect to spend \$30-\$50 on materials. Note: Class will not be held on 11/25.

11/4-12/16	W	3:00-5:00 PM	\$168	403491-01
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POTTERY

The Pottery Studio is a robust, fully functioning studio that offers classes for all ages and skill levels. All classes are held at the Pottery Studio unless otherwise noted. The Pottery Studio address is 1541 W. Oak St.

Things to Know

All clay, glazes, slips, stains and underglazes are provided or available for purchase at the Pottery Studio. Only clay provided by or purchased from the studio will be fired in the studio's kilns.

- The first 25 lbs. of clay are provided for 10-week sessions of adult classes. Up to one additional bag of 25 lbs. of clay can be purchased for \$30.
- Shared tools are not available for most sessions. A basic tool kit can be purchased for \$16 at the Pottery Studio or purchased on your own and brought in.
- All work must be accomplished at the Pottery Studio, and only work completed in the Pottery Studio can be fired in the kilns.
- Lab time is included in all 10-week sessions of adult classes. Additional drop-in times are unavailable.
- The Pottery Studio offers private lessons and events. Contact the Recreation Department at Recreation@FortCollins.gov for more information. Inquiries can also be submitted online at FortCollins.gov/PotteryStudio.
- Participants are encouraged to wear closed-toe shoes and avoid any loose clothing or dangling jewelry.
- Finished pieces should be picked up after Jan. 4, 2027 between 11 a.m.-2 p.m., or Tu, W and Th from 7:45-10 p.m. during Pottery Lab. Pieces that are not claimed are kept for one session after a completed program and are then disposed of.

The Pottery Studio will be closed from Nov. 16-Jan. 4, 2027. You may pick up your pieces during any Pottery Lab session after Jan. 4. We will also offer a few special holiday pick-up dates. An email will be sent to students with information about holiday pick-up dates in November. Note: We cannot guarantee all pieces will be ready for pickup before Jan. 4.

Exploring Handbuilding

Delve into the wonders of handbuilding with clay, using basic techniques to create pieces from your imagination. Have fun trying something new or expand on previous skills. All levels welcome. Lab not included. All tools provided and 12 lbs. of clay included.

*Indicates 4-week session.

Location: Fort Collins Senior Center

9/14-10/5	M	11:30 AM-1:30 PM	\$81*	404873-01
10/12-11/9	M	11:30 AM-1:30 PM	\$101	404873-02
9/9-10/7	W	2:30-4:30 PM	\$101	404873-03
10/14-11/11	W	2:30-4:30 PM	\$101	404873-04

Experiment with Clay

For the proficient potter who wants their skills challenged, this class is the pottery boot camp you've been looking for! Improve your skills and try various techniques with timed challenges. Focus on exploring different techniques and skills in wheel throwing and handbuilding. Prerequisite: Intermediate Wheel or equivalent.

9/8-11/10	Tu	9:00-11:00 AM	\$231	404865-01
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Handbuilding Expressions

Explore 3D form in clay using handbuilding techniques as they relate to sculpture. Create moderate-sized pieces within the framework of ceramic construction. Use additive and subtractive methods to explore line and form, integrated with design and shape relationships. All levels welcome. Lab included.

9/8-11/10	Tu	9:00-11:00 AM	\$231	404875-01
9/10-11/12	Th	6:00-8:00 PM	\$231	404875-02

Holiday Handbuilding

Use clay techniques to make items for use or display during holidays. From functional items to ornaments to figurines, your imagination is your guide. All levels welcome. Note: Class will not be held on 11/24, 11/26 and 11/28.

11/17-12/5	Tu, Th, Sa	6:00-9:00 PM	\$181	404897-01
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INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator, with reasonable accommodations. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit FortCollins.gov/ARO for more details.



- INTRODUCTORY LESSONS
- HIGH SCHOOL DEVELOPMENT
- CAMPS
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Independent Study: Handbuilding

Independently explore and make projects by hand. Build projects that match personal interests. Use low-fire glazes for higher glazing precision. Instructor will be present for support. Prerequisite: Previous handbuilding experience. Note: No lab is offered with this class.

Location: Fort Collins Senior Center

9/9-11/11	W	11:30 AM-1:30 PM	\$180	404874-01
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Pottery Sampler

Introduction to handbuilding and wheel throwing, as well as glazing and studio operation. Create while learning the techniques of clay. All materials and tools provided. Note: No lab is offered with this class.

9/8-10/6	Tu	2:30-4:30 PM	\$101	404870-01
10/13-11/10	Tu	2:30-4:30 PM	\$101	404870-02

Wheel and Handbuilding, Beginner

Designed for beginners. Learn about clay, tools, glazing, basic skills, techniques and principles involved in pottery. Primary emphasis on creation with use of the potter's wheel. Some handbuilding is covered.

9/14-11/9	M	9:00-11:00 AM	\$231	404850-01
9/14-11/9	M	5:45-7:45 PM	\$231	404850-02
9/9-11/11	W	5:30-7:30 PM	\$231	404850-03
9/12-11/14	Sa	9:00-11:00 AM	\$231	404850-04
9/11-11/13	F	9:00-11:00 AM	\$231	404850-05
9/11-11/13	F	5:30-7:30 PM	\$231	404850-06
9/10-11/12	Th	5:45-7:45 PM	\$231	404850-07

Wheel and Handbuilding, Beginner Plus

For those who have previously taken a beginner class and are acquainted with the basic techniques involved in wheel throwing. Designed for those that are not comfortable with the clay and wish to hone skills before progressing to intermediate. Required prerequisite: Wheel and Handbuilding Beginner or Beginner Plus.

9/14-11/9	M	8:00-10:00 PM	\$231	404855-01
9/9-11/11	W	5:45-7:45 PM	\$231	404855-02
9/10-11/12	Th	9:00-11:00 AM	\$231	404855-03
9/12-11/14	Sa	2:30-4:30 PM	\$231	404855-04

Wheel and Handbuilding, Intermediate

Explore more complex ceramic and pottery techniques and skills. Expression and exploration of form are taught. Experience working with clay and knowledge of wheel principles required. Prerequisite: Wheel and Handbuilding Beginner, Beginner Plus or equivalent.

9/8-11/10	Tu	5:45-7:45 PM	\$231	404860-01
9/9-11/11	W	9:00-11:00 AM	\$231	404860-02

DANCE AND MOVEMENT

All adult dance programs are designed for those 18 years and older unless otherwise noted. Ages 13-17 years are welcome with instructor approval. Contact the Recreation Department for approval at Recreation@FortCollins.gov.

BALLET

Taught by Sarah Manno

Ballet, Intermediate

A more challenging, ongoing class for experienced dancers. Based on Cecchetti technique. Note: Class will not be held on 11/23.

Location: Empire Grange, 2306 W. Mulberry St.

9/14-10/19	M	5:30-6:45 PM	\$71	406103-01
11/2-12/14	M	5:30-6:45 PM	\$71	406103-02

BELLY DANCE

Taught by Heather Longino

Belly Dance, Beginner

Improvisational group-style belly dance is a dance performed in a lead-and-follow format based on a shared vocabulary of movements and cues. Learn basic fast and slow movements, combos and improvisational dance while improving balance, core strength and flexibility. Attire: Wear yoga/exercise clothing and bring a scarf/sash for your hips. Bare feet recommended.

9/1-9/22	Tu	7:00-8:00 PM	\$42	406426-01
9/29-10/20	Tu	7:00-8:00 PM	\$42	406426-02
10/27-11/17	Tu	7:00-8:00 PM	\$42	406426-03

Belly Dance, Continued

Focus on group improvisation and expand your vocabulary with more complex movements and formations. Use of props, Zambra Mora and Bollywood-influenced movements will be explored. Attire: Wear yoga/exercise clothing and bring a scarf/sash for your hips. Bare feet recommended. Prerequisite: Two sessions of Belly Dance or instructor approval.

9/1-9/22	Tu	8:00-9:00 PM	\$42	406427-01
9/29-10/20	Tu	8:00-9:00 PM	\$42	406427-02
10/27-11/17	Tu	8:00-9:00 PM	\$42	406427-03

Belly Dance, Workshop

Fusion dance is the blending of two or more styles into one harmonious form. This two-week (two hours per week) workshop will combine the exuberance of Bollywood and the intensity of Zambra Mora with our existing belly dance vocabulary. Experience with improv-style belly dance recommended but not required. Attire: Wear yoga/exercise clothing and bring a scarf/sash for your hips and a long, full-length skirt for week two. Bare feet recommended.

12/1-12/8	Tu	7:00-9:00 PM	\$42	406428-01
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LINE DANCE

Introduction to Line Dance (Level 1)

Want to learn to line dance but have no idea where to start? This class is for you! Learn basic line dance steps and dance very easy sequences. The class is a prerequisite to all other line dance classes and can be repeated as often as desired. Instructor: Stacy Leadingham. Note: Class will not be held on 11/23.

Location: Fort Collins Senior Center

9/14-9/28	M	3:30-4:30 PM	\$32	406435-01
10/5-10/26	M	3:30-4:30 PM	\$42	406435-02
11/2-11/30	M	3:30-4:30 PM	\$42	406435-03
12/7-12/21	M	3:30-4:30 PM	\$32	406435-04

Line Dance, Absolute Beginner (Level 2)

For the line dancer who has completed Introduction to Line Dance and is ready for the next level of challenge. Emphasis is on dancing with joy and multi-week practices of each dance to attain mastery. Instructor: Katy Piotrowski.

Location: Club Tico

9/14-9/28	M	2:00-3:00 PM	\$32	406439-01
10/5-10/26	M	2:00-3:00 PM	\$42	406439-02
11/2-11/30	M	2:00-3:00 PM	\$52	406439-03
12/7-12/21	M	2:00-3:00 PM	\$32	406439-04

Line Dance, Beginner (Level 3)

For the line dancer who has had success dancing Absolute Beginner dances and is ready for the next level of challenge. Emphasis is on dancing with joy and multi-week practices of each dance to attain mastery. Instructor: Katy Piotrowski.

Location: Foothills Activity Center

9/14-9/28	M	5:30-6:30 PM	\$32	406736-01
10/5-10/26	M	5:30-6:30 PM	\$42	406736-02
11/2-11/30	M	5:30-6:30 PM	\$52	406736-03
12/7-12/21	M	5:30-6:30 PM	\$32	406736-04

Line Dance, Beginner (Level 3)

For the line dancer who has had success dancing Absolute Beginner dances and is ready for the next level of challenge. Emphasis is on dancing with joy and multi-week practices of each dance to attain mastery. Instructor: Katy Piotrowski.

Location: Northside Aztlan Community Center

9/3-9/24	Th	7:45-8:45 AM	\$42	406536-01
10/1-10/29	Th	7:45-8:45 AM	\$52	406536-02
11/5-11/19	Th	7:45-8:45 AM	\$32	406536-03
12/3-12/17	Th	7:45-8:45 AM	\$32	406536-04

Line Dance, Beginner (Level 3)

For the line dancer who has had success dancing Absolute Beginner dances and is ready for the next level of challenge. Emphasis is on dancing with joy and multi-week practices of each dance to attain mastery. Instructor: Stacy Leadingham.

Location: Fort Collins Senior Center

9/1-9/29	Tu	12:30-1:30 PM	\$52	406436-01
10/6-10/27	Tu	12:30-1:30 PM	\$42	406436-02
11/3-11/17	Tu	12:30-1:30 PM	\$32	406436-03
12/1-12/22	Tu	12:30-1:30 PM	\$42	406436-04

Line Dance, High Beginner (Level 4)

For line dancers who are comfortable with more complex Beginner dances and are ready to take on dances one level below Improver. This class moves at a faster pace with multiple dances per session. Instructor: Stacy Leadingham.

Location: Fort Collins Senior Center

9/1-9/29	Tu	1:45-2:45 PM	\$52	406537-01
10/6-10/27	Tu	1:45-2:45 PM	\$42	406537-02
11/3-11/17	Tu	1:45-2:45 PM	\$32	406537-03
12/1-12/22	Tu	1:45-2:45 PM	\$42	406537-04

Line Dance, Improver (Level 5)

For the experienced line dancer seeking a fun challenge by learning and re-dancing popular, high-energy Improver and some Intermediate-level line dances. Emphasis is on dancing with joy and multi-week practices of each dance to attain mastery. Instructor: Katy Piotrowski.

Location: Foothills Activity Center

9/14-9/28	M	6:30-7:30 PM	\$32	406431-01
10/5-10/26	M	6:30-7:30 PM	\$42	406431-02
11/2-11/30	M	6:30-7:30 PM	\$52	406431-03
12/7-12/21	M	6:30-7:30 PM	\$32	406431-04

Line Dance, Intermediate (Level 6)

For the experienced line dancer seeking a fun challenge by learning and re-dancing popular, Intermediate-level line dances. Emphasis is on dancing with joy and multi-week practices of each dance to attain mastery. Instructor: Stacy Leadingham.

Location: Fort Collins Senior Center

9/3-9/24	Th	6:30-7:30 PM	\$42	406432-04
10/1-10/29	Th	6:30-7:30 PM	\$52	406432-05
11/5-11/19	Th	6:30-7:30 PM	\$32	406432-06
12/3-12/17	Th	6:30-7:30 PM	\$32	406432-07

Line Dance, Improver+ Open Dance (Level 5+)

Ideal for dancers who have learned many Improver and Intermediate level line dances taught within the City of Fort Collins line dance classes and locally (list of dances provided). Sessions happen on the first and third Tuesday of each month and are led in an open dance format with no teaching, minimal walkthroughs and as much back-to-back dancing as possible. Leaders: Stacy Leadingham and Katy Piotrowski.

Location: Northside Aztlan Community Center

9/1 and 9/15	Tu	6:15-7:15 PM	\$22	406538-01
10/6 and 10/20	Tu	6:15-7:15 PM	\$22	406538-02
11/3 and 11/17	Tu	6:15-7:15 PM	\$22	406538-03
12/1 and 12/15	Tu	6:15-7:15 PM	\$22	406538-04

Line Dance Social

Celebrate the season by joining other City of Fort Collins line dance students to re-dance the Absolute Beginner-through Intermediate-level dances learned throughout the year. A brief walkthrough of each dance will be provided (no in-depth lessons), allowing for plenty of time to dance, dance, dance! Dance leaders: Stacy Leadingham and Katy Piotrowski.

Location: Club Tico

12/4	F	5:00-7:00 PM	\$9	406138-01
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September Heat, A NoCo Line Dancing Tradition (formerly The Line Dance Shindig)

This is one of northern Colorado's most popular line dance events, attracting dancers from around the state and beyond. Dances from Absolute Beginner to Intermediate level will be taught and danced, as well as plenty of open dancing. Dance leaders: Stacy Leadingham, Katy Piotrowski and other northern Colorado line dance instructors. Pre-registration required. Snacks provided. Bring your own lunch or visit a local restaurant.

Location: Club Tico

9/26	Sa	9:00 AM-3:00 PM	\$25	406438-01
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EDUCATION

It's never too late to learn something new! Education programs are taught by experts with years of teaching experience. Plan a fun date night, cook new food with friends or challenge your mind by learning something new.

All classes are at the Fort Collins Senior Center unless otherwise noted.



COOKING PROGRAMS

Taught by Sapna Von Reich

All cooking classes are designed for ages 14 years and older unless otherwise noted. Please bring an apron to class. Prior to the first class, please send any allergies or concerns to Recreation@FortCollins.gov.

Autumn Bowls

Consisting of grains, greens, seasonal vegetables, protein and delicious sauces, these colorful bowls are great for fall. Celebrate the changing of the leaves and cover all your nutritional bases with these dishes that are all about big flavors and minimal effort.

10/6	Tu	6:00-8:30 PM	\$62	407428-01
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Christmas Curries

Make three Indian Curries—red, green and white—which will get you in the festive mood. Make curry pastes for each of those, then build on top of that by adding different ingredients to complete the curries. All recipes are gluten-free and vegan friendly.

12/15	Tu	6:00-8:30 PM	\$62	407421-01
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Coconut “Cuckoo” Curries

Discover modern spins on traditional coconut curry. Coconut has the power to transform even the most average curry into a flavorful, savory dish. These variations of curries are delicious, vegetarian and healthy. Menu: coconut stew, beets with coconut, spicy pineapple curry, coconut balls.

10/14	W	6:00-8:30 PM	\$62	407422-01
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Dal 10: Indian-Style Lentils

Dal, a Sanskrit name that refers to all pulses, legumes and their food derivatives, is the mainstay of protein supply to the largely vegetarian Indian subcontinent. In addition to being high in protein, lentils also contain a copious amount of essential dietary fiber, vitamins and minerals. Gluten-free menu: green lentil pancake, spinach and lentil curry (saag), red lentil stew, carrot pudding.

9/15	Tu	6:00-8:30 PM	\$62	407429-01
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Never worry about hitting refresh to find the tee time you want again! Complete the form on the reservation site and we will let you know when a time opens up.

HOW IT WORKS:



Set your playing preferences
(Future Days, Time Range,
of Players)



We'll send you a text/email
notification when a tee time
becomes available.



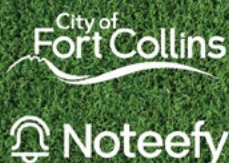
Click to book - but be
sure to move fast! Times
are first come first serve.



If you got the time, make sure
you click the “Stop Notifications”
button to pause the search.



Enjoy your round and
hit 'em straight.



SOUTHRIDGE



CITY PARK NINE



COLLINDALE



Ethiopian Made Easy

Learn to make a delicious Ethiopian meal that is both easy to prepare and good for you. We will cook with all the colors of the rainbow! All recipes are gluten-free and vegan-vegetarian friendly. Menu: key sir alicha (beets stew), kik licha (yellow split peas), Swiss chard gomen, eggplant wot, instant teff flour crepes.

10/22	Th	6:00-8:30 PM	\$62	407427-01
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Flatbread Flutter

This class is designed for anyone who is trying to avoid too much processed wheat or following a gluten-free lifestyle. You don't have to sacrifice the quintessential bread concept that we all crave in our food. You can make tasty flatbreads from wholesome ingredients like sorghum, quinoa, lentils, cauliflower, lentils and more.

11/12	Th	6:00-8:30 PM	\$62	407448-01
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Homemade Indian Flatbreads

Impress your family and friends with exotic and fantastic Indian bread. Menu: spinach and mint bread, cauliflower and spiced chickpea flour bread, potato-stuffed bread and chai tea.

9/8	Tu	6:00-8:30 PM	\$62	407424-01
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Indian Breakfast 101

Have you ever wondered how to make savory, delicious breakfasts? If so, this class is for you. We will make warm, hearty (though not too spicy) and authentic Indian breakfasts. All recipes are gluten-free and vegan friendly. Menu: masala oats, chickpea pancakes with cilantro chutney, ginger chai, amaranth cardamom pudding.

12/8	Tu	6:00-8:30 PM	\$62	407447-01
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Jackfruit Recipes

Rich in fiber, jackfruit is a versatile ingredient. When it is young, the fruit has a very neutral flavor, meaning that it tastes like the spices it is cooked with. Because of this, young jackfruit is often used as a meat substitute and is perfect for making various vegetarian recipes. Menu: BBQ jackfruit sandwich, jackfruit curry, jackfruit tacos.

11/3	Tu	6:00-6:30 PM	\$62	407438-01
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Nepali Cuisine

Dal Bhat is a very popular staple food in Nepal. Served on a round platter called a thali, Dal Bhat consists of rice, dal (lentils), cooked vegetables, pickle, saag, salad and sometimes a dessert. One thali is packed with flavor, and we're here to show you how to make all the components and put them together. Gluten-free menu: dal, mixed vegetable tarkari, tomato chutney, mushroom tarkari, spinach tarkari, rice pudding.

10/26	M	6:00-8:30 PM	\$62	407432-01
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One-Pot Curry in a Hurry

Ditch the sink full of dishes and master 30-minute meals. Learn to make easy yet aromatic curries using one pot and simple pantry staples for the ultimate weeknight win. Gluten-free menu: chana masala (Indian), Jamaican tofu curry, Thai green curry.

9/9	W	6:00-8:30 PM	\$62	407426-01
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Plant-Based Mexican Classics

Learn how vibrant, filling and delicious plant-based Mexican food can be using everyday ingredients. We'll focus on hearty whole-food fillings, simple homemade sauces and fresh toppings to bring it all together. Gluten-free menu: chipotle cauliflower tacos, eggplant and hibiscus tacos, homemade red enchilada sauce, black bean enchiladas, Agua de Jamaica (hibiscus tea).

9/3	Th	6:00-8:30 PM	\$62	407417-01
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Thai Food

Join us for a culinary experience of easy and popular Thai dishes. Gluten-free menu: yellow curry noodles, red curry with Jasmine rice, and pad thai with homemade sauce.

12/3	Th	6:00-8:30 PM	\$62	407435-01
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Thanksgiving Appetizers

Your family and friends will be so impressed when you show up to Thanksgiving dinner with these delicious, healthy appetizers. All recipes are gluten-free, dairy-free and vegan friendly. Menu: carrot almond pate, balsamic mushrooms, pomegranate cranberry chutney, brussels sprouts and persimmon salad, homemade Boursin cheese.

11/17	Tu	6:00-8:30 PM	\$62	407430-01
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The Biryani Class

Biryani is considered the ultimate Indian festive meal. Gluten-free menu: vegetable biryani, raita (yogurt sauce) and restaurant style biryani gravy (salan).

12/10	Th	6:00-8:30 PM	\$62	407434-01
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DOG TRAINING PROGRAMS

Good Dogs Out on the Town

Get out in Fort Collins and put your dog's skills to use! Week one and two will be held at a park where you will receive training and discuss the following behaviors: your dog's warm-up ritual, leash walking skills, use of a default behavior while dining or shopping, polite greeting behavior and dealing with "scary" objects or events in public. Weeks three-five will meet in dog-friendly establishments around town. Depending on the abilities of participants, the class will have a casual outdoor dinner during the last session. Prerequisite: Dogs must be over 6 months of age and have completed a basic obedience class or equivalent.

Location: Parks and businesses in Fort Collins. Specific locations will be emailed prior to the first class.

9/8-10/6	Tu	5:30-6:30 PM	\$101	407452-01
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Puppy Training

This class covers puppy-level obedience (sit, down, come and walking on leash), strategies for eliminating common behavior problems (biting a toy rather than nipping you), calmness around chew toys and treats and confidence with distractions like noises and walking on strange surfaces. By completing this class, your pup may qualify for the American Kennel Club STAR Puppy certificate. Learn more at akc.org.

Appropriate for pups 4-6 months of age. Pups must 1) have lived with you for two weeks prior to the start of class and 2) be fully inoculated at least 14 days prior to the start of class.

Location: Front Range Natural Pet, 1125 W. Drake Rd. #B8

9/15-10/20	Tu	7:00-8:00 PM	\$150	407950-01
10/27-12/1	Tu	7:00-8:00 PM	\$150	407950-02

FAMILY PROGRAMS

Beginning Genealogy

Explore personal family genealogy using FamilySearch, a free website and app. Learn how to set up an account, enter known family history, connect to existing genealogies and more. Large, touchscreen computers available, or use your own device.

Location: 600 E. Swallow St. Use northernmost entrance on the west side of the building.

9/3-9/24	Th	4:30-5:30 PM	\$11	407413-01
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FASHION PROGRAMS

The Colors of You: How to use Color Analysis to Transform your Look

Color is an extremely powerful tool to tell your story. The colors you wear communicate ideas, emotion and energy. Join as color enthusiast Megan Haynes shares her knowledge on color theory, color analysis and tips on how the 12 Seasonal Tones can help you look and feel your best.

10/14	W	6:00-7:30 PM	\$27	407443-01
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FINANCIAL PROGRAMS

Detecting and Preventing Scams and Frauds

Learn how to detect and identify scams and frauds, raise awareness and help prevent victimization. Class format will consist of discussion and listening to specific cases, followed by a question-and-answer period. Designed for older adults, their friends and family, as well as caretakers of older adults.

9/10	Th	10:00-11:00 AM	\$6	407405-01
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Understanding Credit

Credit plays a major role in everyday life, yet many people never receive clear guidance on how it works. This class demystifies credit scores, credit reports and the factors that influence them. Participants learn how to build healthy credit, avoid common pitfalls and understand the long-term impact of borrowing decisions. The class also covers how to dispute errors on a credit report, how credit affects major purchases and strategies for improving credit over time.

11/12	Th	11:30 AM-12:30 PM	\$6	407491-01
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LANGUAGE PROGRAMS

Conversing in Spanish, Beginner

Looking for a fun and meaningful way to stay mentally active while connecting with others? Join our beginner-friendly Spanish conversation course designed especially for older adults! In this welcoming and supportive class, you'll learn to communicate in Spanish through simple conversations, interactive activities and engaging games. No prior experience needed! You'll practice real-life situations like ordering at a restaurant, visiting a clinic or navigating an airport—all while working in small, friendly groups. The instructor speaks clear, simple Spanish to help you feel comfortable and confident every step of the way. Learn, connect and have fun, en español!

9/3-11/19	Th	10:00-11:00 AM	\$57	407445-01
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French Culture and Language

Discover the beauty of French and Francophone cultures while learning some basics of the French language. Taught by CSU students of French, this class is presented in partnership with the CSU Languages Department and the French Consulate of Los Angeles. Class space is limited. Nous avons hâte de vous recontrer!

9/15-10/6	Tu	4:00-6:00 PM	\$36	407446-01
10/27-11/17	Tu	4:00-6:00 PM	\$36	407446-02

MUSIC PROGRAMS

Continuing Classical Guitar

This class is for students who have a basic familiarity with reading treble clef notation and playing notes in first position (on the first three frets of the guitar). Work on enhancing sight reading ability and start working in higher positions. Concepts of music theory will be discussed. Students will need a six-string guitar and the book "The Christopher Parkening Guitar Method, Vol 1." A music stand is useful but not required.

11/3-11/24	Tu	Noon-1:00 PM	\$55	407469-01
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Guitar, Continued

This class is for students with some guitar experience, either chord strumming and/or classical guitar playing. Focus will be on additional chords (including barre chords), finger picking and playing and reading more advanced classical guitar music. Students will need a six-string guitar and the book "The Christopher Parkening Guitar Method, Vol 1." A music stand is useful but not required.

9/22-10/27	Tu	Noon-1:00 PM	\$91	407467-01
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Introduction to Guitar

This course is for beginning guitarists. It will introduce basic first position chords and strumming techniques to facilitate playing and singing songs. Repertoire will pull from classic folk/rock of the 1950s-1980s. It will also introduce elementary classical guitar technique, including reading staff notation and playing melodies. Students will need a six-string guitar and the book "The Beginning Guitar Superbook" by Will Schmidt (the version with the red cover). A music stand is useful but not required.

9/22-10/27	Tu	10:30-11:30 AM	\$91	407466-01
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The Beatles Music on Guitar

This class will focus exclusively on the repertoire of John, Paul, George and Ringo. It will introduce, in a progressive fashion, songs with simple then more complex chord changes. The focus will be on strumming, but students familiar with note playing can also play melody lines and riffs. Students will need a six-string guitar. A music stand is useful by not required. We will draw from "The Beatles Fake Book," Hal Leonard, publisher. Purchasing the book is optional.

11/3-11/24	Tu	10:30-11:30 AM	\$55	407468-01
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TECHNOLOGY PROGRAMS

Tech Basics for All

Get an introduction to basic access and use of technology including personal computers, tablets and phones. Additional topics will include built-in accessibility features (screen magnification, display settings, etc.) and Google suite navigation. Each class will allow time for questions and problem solving on your personal device. Participants are encouraged to bring your own devices. Devices are available upon request.

Computer, Phone and Tablet Basics

9/14	M	2:00-3:00 PM	No Fee	407402-01
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Email Management and Organization

9/21	M	2:00-3:00 PM	No Fee	407402-02
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Online Shopping and Bill Pay

9/28	M	2:00-3:00 PM	No Fee	407402-03
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Accessibility Options

10/5	M	2:00-3:00 PM	No Fee	407402-04
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Scams and Fraud: How to Detect and Prevent

10/26	M	2:00-3:00 PM	No Fee	407402-05
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E-Books, Audiobooks and More!

11/2	M	2:00-3:00 PM	No Fee	407402-06
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Teen Internet Safety

Teens today spend more time online than any generation before them. This class helps them build smart, healthy digital habits while staying safe on social media, gaming platforms and messaging apps. Students learn how to protect their privacy, recognize risky behavior, avoid cyberbullying and respond safely to online conflicts or unwanted contact. The session encourages open conversation and empowers parents and teens to make confident choices online.

10/7	W	4:45-5:45 PM	\$6	407492-01
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TRANSPORTATION PROGRAMS

Bike n' Ride Workshop

Want to make biking and bus travel easier? Learn how to plan a bus trip, understand bus schedules, use Transfort's bus tracker tools and load your bike on the bus rack. With our expertise, you will be able to safely walk, scoot, bike and ride the bus independently and with confidence.

Location: South Transit Center, 4915 Fossil Blvd.

9/16	W	5:30-7:00 PM	No Fee	407984-01
10/21	W	10:00 AM-Noon	No Fee	407984-02

Transfort Travel Training

Have you ever been confused about how connections work? Or how to get from Harmony Road to CSU? Join us for a Transfort Travel Training! Learn how to read schedules, use the Transfort App, safely ride the bus and build confidence.

Location: South Transit Center, 4915 Fossil Blvd.

South Transit Center to CSU

9/15	Tu	10:00 AM-Noon	No Fee	407456-01
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Discover Transfort's Renew System

11/5	Th	10:00 AM-Noon	No Fee	407456-02
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New Year's Resolution Kick Off

12/10	Th	10:00 AM-Noon	No Fee	407456-03
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INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator, with reasonable accommodations. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit

FortCollins.gov/ARO for more details.



WARNING: FLIPS IN DEVELOPMENT

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Skill Training • Camps • Private Lessons



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970-488-0937



FUNTIME PRESCHOOL

**PLAY-BASED LEARNING. INTENTIONAL TEACHING.
FLEXIBLE ENROLLMENT OPTIONS.**

Enroll today for Funtime Preschool, the City of Fort Collins' state-licensed childcare program for children ages 3-5! With both a Preschool and Pre-K/Universal Pre-K classroom, programs focus on the development of kindergarten-readiness skills, including problem-solving, fine and gross motor skills, early literacy, social-emotional learning and more.



2-Day Registration

Tuesdays & Thursdays

3-Day Registration

Mondays, Wednesdays & Fridays

5-Day Registration

Monday - Friday



LEARN MORE ON PAGE 73 OR VISIT FORTCOLLINS.GOV/FUNTIMEPRESCHOOL





FITNESS

Join certified trainers and instructors at City of Fort Collins Recreation centers for engaging workouts. Fitness classes are offered in two registration models—Enroll by Day and Session-based. See [pages 40 and 41](#) for more information. Enroll by Day classes allow participants to register for individual days at \$7 per class. Annual and 6-month passholders will receive a 70% discount on the price per class when their pass is active. Register ahead of class to reserve a spot or drop in on the day of class if there is room. A \$2 administrative fee will be added to the total price per transaction no matter the number of days selected. All necessary workout equipment will be provided unless otherwise stated in the class description.

PERSONAL TRAINING

Nationally certified personal trainers provide one-on-one guidance to help you achieve your health and fitness goals. Personal training is available for those 13 years and older at Foothills Activity Center, Northside Aztlan Community Center and Fort Collins Senior Center. For more information, including personal trainer bios and to submit a trainer interest form, visit FortCollins.gov/Fitness.

30-Minute Session Packages

PT Single	1	\$40
PT Bronze	4	\$155
PT Silver	8	\$300
PT Gold	12	\$420
PT Platinum	20	\$650

1-Hour Session Packages

PT Single	1	\$55
PT Bronze	4	\$215
PT Silver	8	\$420
PT Gold	12	\$600
PT Platinum	20	\$900

Small Group Training Packages (2-4 people, 1-hour sessions)

Group Single	1	\$40 per person
Group Bronze	4	\$140 per person
Group Silver	8	\$240 per person

FORT COLLINS AREA SWIM TEAM

A TEAM FOR

- All Ages
- All Skill Levels

Year Round Competitive Swim Program

Pre-competitive Program

Experienced, professional coaching staff

Masters Group

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FITNESS SCHEDULE

FACILITIES/ LOCATIONS

FORT COLLINS SENIOR CENTER

1200 Raintree Drive

FOOTHILLS ACTIVITY CENTER

241 E. Foothills Parkway

NORTHSIDE AZTLAN COMMUNITY CENTER

112 E. Willow Street

CLUB TICO

1599 City Park Drive

FITNESS CLASS SCHEDULE KEY

Title of Class

Start and End Time |
Activity #

S = Session-based class. Not available for drop in as classes build from one class to the next. See [page 40](#) for dates and prices.

Fitness classes for the Fall Recreator are for the months of September through December.

Classes will not be held on 9/7, 11/26 and 12/25. Classes will not be held after 2 p.m. on 11/25, 12/24 and 12/31.

The fitness schedule is updated regularly with new classes, changes and cancellations. Visit FortCollins.gov/Fitness to view the online fitness schedule for the most up-to-date classes.

Monday

FORT COLLINS SENIOR CENTER

Chair Hatha Yoga

9-9:45 AM | 409419-01

Circuit SilverSneakers

10-10:45 AM | 409424-01

Chair Pilates

11 AM-12 PM | 409403-01

Boomer Cardio and Strength

2-3 PM | 409420-01

Yoga, Advanced Beginner

3:15-4:15 PM | 409413-01

Slow Flow Hatha Yoga

4:30-5:30 PM | 409418-01

Zumba

5:30-6:30 PM | 409404-01

FOOTHILLS ACTIVITY CENTER

Zumba Gold

10-11 AM | 409705-01

Retro Step

11:15 AM-12:15 PM | 409718-01

NORTHSIDE AZTLAN COMMUNITY CENTER

Pilates Fusion

10:30-11:30 AM | 409505-02

Strength and Cardio Fitness

12-1 PM | 409501-02

Restorative Yoga

12-1 PM | 409523-01

Slow Flow Hatha Yoga

4-5 PM | 409520-01

Vinyasa Flow Yoga

5:15-6:15 PM | 409521-01

Evening Spin

5:30-6:15 PM | 409503-01

Zumba Toning

6:30-7:30 PM | 409513-02

CLUB TICO

Zumba

9-10 AM | 409112-01

Tuesday

FORT COLLINS SENIOR CENTER

Boomer Functional Fitness

8-9 AM | 409401-01

Beginner Weightlifting **S**

9-10 AM | 409400-01

Boomer Functional Fitness

9:15-10:15 AM | 409401-02

Classic SilverSneakers

10:30-11:15 AM | 409423-01

Yoga SilverSneakers

11:30 AM-12:15 PM | 409427-01

Slow Flow Hatha Yoga

12-1 PM | 409418-02

T'ai Chi Chih Beginner I **S**

12:30-1:45 PM | 409431

T'ai Chi Chih Beginner II **S**

2-3:15 PM | 409431

Yoga, Beginner

2:45-3:45 PM | 409412-01

Pilates Basic Mat

4:15-5 PM | 409402-01

Yoga, Beginner

5:15-6:15 PM | 409412-02

FOOTHILLS ACTIVITY CENTER

Pilates Fusion

9-10 AM | 409702-01

Slow Flow Hatha Yoga

12-1 PM | 409708-01

Oula Dance

5:30-6:30 PM | 409704-01

NORTHSIDE AZTLAN COMMUNITY CENTER

Strength and Cardio Fitness

6:15-7:15 AM | 409501-01

Yoga and Meditation

9-10 AM | 409522-01

Pilates Fusion

12-1 PM | 409505-01

Coordination, Balance and Strength

1:15-2:15 PM | 409507-02

Slow Flow Hatha Yoga

5-6 PM | 409520-02

Total Body Training

5:30-6:30 PM | 409511-01

Wednesday

FORT COLLINS SENIOR CENTER

Men – Loosen Up!

8-8:45 AM | 409405-01

Zumba Gold

9-9:45 AM | 409430-01

Men – Loosen Up!

9-9:45 AM | 409405-02

Chair Yoga

9:50-10:35 AM | 409410-01

Circuit SilverSneakers

10-10:45 AM | 409424-01

T'ai Chi Chih Advanced

10-11:15 AM | 409433-01

Chair Yoga

11-11:45 AM | 409410-02

T'ai Chi Chih Intermediate

11:30 AM-12:45 PM | 409432-01

Yoga, Beginner

12-1 PM | 409412-03

Chair Pilates

1:30-2:30 PM | 409403-02

Pilates Intermediate Mat

3-4 PM | 409402-02

Yoga, Advanced Beginner

3:15-4:15 PM | 409413-01

Yoga, Advanced Beginner

4:30-5:30 PM | 409413-02

Zumba

5:30-6:30 PM | 409404-01

FOOTHILLS ACTIVITY CENTER

Zumba Gold – Toning

10-11 AM | 409703-01

NORTHSIDE AZTLAN COMMUNITY CENTER

Pilates Fusion

10:30-11:30 AM | 409505-02

Strength and Cardio Fitness

12-1 PM | 409501-02

Restorative Yoga

12-1 PM | 409523-01

Yin Yoga

3-4 PM | 409515-01

Vinyasa Flow Yoga

4:15-5:15 PM | 409521-02

Evening Spin

5:30-6:15 PM | 409503-01

Zumba

5:30-6:30 PM | 409512-01

CLUB TICO

Zumba

9-10 AM | 409112-01

Thursday

FORT COLLINS SENIOR CENTER

Boomer Functional Fitness

8-9 AM | 409401-01

Men – Loosen Up!

8-8:45 AM | 409405-01

Chair Hatha Yoga

9-9:45 AM | 409419-01

Boomer Functional Fitness

9:15-10:15 AM | 409401-02

Hatha Flow Yoga

10:30-11:30 AM | 409417-01

Classic SilverSneakers

10:30-11:15 AM | 409423-01

Yoga SilverSneakers

11:30 AM-12:15 PM | 409427-01

Coordination, Balance and Strength

12:30-1:15 PM | 409407-01

Focus on Balance

1:30-2:30 PM | 409415-01

Yoga, Beginner

2:45-3:45 PM | 409412-01

Swiss Theraball

3-4 PM | 409416-01

Restorative Yoga and Meditation

4-5 PM | 409409-01

Yoga, Beginner

5:15-6:15 PM | 409412-02

FOOTHILLS ACTIVITY CENTER

Pilates Fusion

9-10 AM | 409702-01

Slow Flow Hatha Yoga

5:30-6:30 PM | 409708-02

NORTHSIDE AZTLAN COMMUNITY CENTER

Strength and Cardio Fitness

6:15-7:15 AM | 409501-01

Yoga and Meditation

9-10 AM | 409522-01

Zumba

9-10 AM | 409512-02

Pilates Fusion

12-1 PM | 409505-01

Step and Sculpt

2:15-3 PM | 409510-01

Slow Flow Hatha Yoga

5-6 PM | 409520-02

Total Body Training

5:30-6:30 PM | 409511-01

Somatic Movement

7-8 PM | 409509-01

Friday

FORT COLLINS SENIOR CENTER

Men – Loosen Up!

8-8:45 AM | 409405-01

Zumba Gold

9-9:45 AM | 409430-01

Men – Loosen Up!

9-9:45 AM | 409405-02

Chair Yoga

9:50-10:35 AM | 409410-01

Barre Fusion

10-10:45 AM | 409406-01

Chair Yoga

11-11:45 AM | 409410-02

Restorative Yoga

12-1 PM | 409411-01

Parkinson's Mobility, Agility and Strength

1:30-2:30 PM | 409414-01

CardioFit SilverSneakers

1:30-2:30 PM | 409425-01

FOOTHILLS ACTIVITY CENTER

Retro Step

10-11 AM | 409718-02

NORTHSIDE AZTLAN COMMUNITY CENTER

YinYasa Yoga

9:15-10:15 AM | 409514-01

Pilates Fusion

10:30-11:30 AM | 409505-02

Coordination, Balance and Strength

11:45 AM-12:45 PM | 409507-01

Strength and Cardio Fitness

12-1 PM | 409501-02

CLUB TICO

Zumba

9-10 AM | 409112-01

Saturday

FORT COLLINS SENIOR CENTER

CIRCL Mobility

9:15-10:15 AM | 409408-01

Zumba

10:30-11:30 AM | 409404-02

FOOTHILLS ACTIVITY CENTER

Oula Dance

9-10 AM | 409704-02

NORTHSIDE AZTLAN COMMUNITY CENTER

All Levels Yoga Flow

8:15-9:15 AM | 409524-01

Zumba Toning

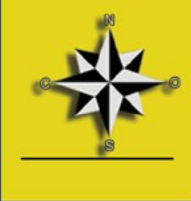
9:30-10:30 AM | 409513-01

Sunday

NORTHSIDE AZTLAN COMMUNITY CENTER

Zumba

10-11 AM | 409512-03





Looking for:

- Youth 14+ seeking fun part-time employment
- Adults seeking additional income
- Active Seniors

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- Engage with our community

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970-460-NCSSO
(6276)



SESSION-BASED FITNESS CLASSES \$

Session-based classes build from one class to the next and are scheduled for a set number of classes. Drop ins are not available for these classes.

Beginner Weightlifting

Learn the basics of weightlifting in this six-week beginner course designed to help anyone feel comfortable and confident in the weight room. Topics covered will include exercises with free weights, machines and body weight, how much to lift and how often. You will also learn how and when to use props like yoga balls, kettle bells, dumbbells, barbells and exercise bands.

Location: Fort Collins Senior Center

10/6-11/10	Tu	9:00-10:00 AM	\$44	409400-01
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T'ai Chi Chih, Beginner

A moving meditation that circulates and balances the internal energy of the body, also known as Chi. Gain better balance, improved health and well-being, increased flexibility and strength, inner peace and joy. The movements can be done by anyone regardless of age or physical condition.

T'ai Chi Chih, Beginner I

An introduction to the first half of the movements.

Location: Fort Collins Senior Center

9/8-9/29	Tu	12:30-1:45 PM	\$30	409431-01
10/6-10/27	Tu	12:30-1:45 PM	\$30	409431-02
11/3-11/24	Tu	12:30-1:45 PM	\$30	409431-03
12/1-12/15	Tu	12:30-1:45 PM	\$23	409431-04

T'ai Chi Chih, Beginner II

An introduction to the second half of the movements (must complete Beginner I).

Location: Fort Collins Senior Center

9/8-9/29	Tu	2:00-3:15 PM	\$30	409431-05
10/6-10/27	Tu	2:00-3:15 PM	\$30	409431-06
11/3-11/24	Tu	2:00-3:15 PM	\$30	409431-07
12/1-12/15	Tu	2:00-3:15 PM	\$23	409431-08

ENROLL BY DAY FITNESS CLASS DESCRIPTIONS

When registering, pick and choose specific dates to attend classes or drop in on the day of class if there is room.

All Levels Yoga Flow

A welcoming and inclusive yoga class designed for all levels, from beginners to seasoned yogis. Discover different yoga styles, deepen your understanding of poses and cultivate a mindful connection with your body. Modifications and variations will be offered to meet individual needs and experience levels.

Barre Fusion

A low-impact training mix of ballet, yoga and Pilates. Increase your strength, balance and flexibility, all while being gentle on the joints. A combination of body weight, light hand weights and floor mat exercises. No dance experience is necessary. Socks with grips on the bottom are recommended for this class.

Boomer Cardio and Strength

An hourlong class split into two 30-minute workouts. Start with cardio, a dance workout for all levels of experience and fitness, designed for older adults and combining easy-to-follow movement patterns with a variety of upbeat music. Finish with strength, intended to help build muscular strength and endurance and cardiovascular endurance. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill.

Boomer Functional Fitness

A full body workout to improve strength, flexibility, balance and agility. Uses hand weights, resistance bands and body exercises. Class is choreographed to music and includes some low-impact cardio. Must be able to get on the floor and back up.

Chair Pilates

Learn Pilates basics, performing exercises and stretches while both sitting and standing. Create a stable and flexible spine while working core muscles to build strength, improve posture and balance and acquire body awareness. Multiple props are used including hand weights, stretch bands, exercise balls and resistance rings. Mindfulness and proper form and technique are encouraged. Modifications are offered as needed.

Chair Yoga

Safe and gentle exercises will tone and strengthen muscles, loosen joints, lower stress, relieve tension and help you relax. No experience necessary.

CIRCL Mobility

A new program from Zumba designed to unlock the body's potential through flexibility, breathwork and mobility exercises. Based on the cutting-edge science of functional movement, learn how to release physical restrictions, restore core capabilities and renew your range of motion.

Coordination, Balance and Strength

Strengthen your core and joint stabilizing muscles using resistance bands, balls and body weight exercises. Focus on building proprioception—the sense of body position—which is key for strengthening and maintaining balance, coordination and agility. All fitness levels are welcome, though participants should expect to be up and moving to music for the whole class. Chairs are available if needed.

Evening Spin

End your day with a cardio burst that focuses on the foundations of spinning. An energetic workout centered around strength, toning and endurance.

Focus on Balance

Work on exercises, tips and techniques to enhance equilibrium, posture, strength and coordination that improve stability.

Hatha Flow Yoga

An all levels hatha flow. Includes sun salutations, balance, hips, twists, hamstrings and relaxation.

Men – Loosen Up!

An all-men's stretching series that integrates moves to improve flexibility and range of motion. Gain more energy, decrease potential risk for injury and maybe even help your golf game.

Oula Dance

A high-intensity cardio dance with easy-to-follow choreography, mindfulness practices and a culture of inclusivity—all to an energetic pop soundtrack. Every class empowers participants to challenge their bodies and process their emotions through music, movement and, most importantly, community connection.

Parkinson's Mobility, Agility and Strength

Stand tall and move with confidence and strength! Work on agility and stability using resistance bands, balls and body weight exercises while moving to music. Particularly helpful for those living with Parkinson's disease or other conditions affecting gait and posture.

Pilates Fusion

A mix of exercises combining mat Pilates, core conditioning and body weight training to improve strength, flexibility and balance. Modifications are given to tailor the exercises to your own fitness level.

Deliberate and steady-paced class with a focus on foundational movements and basic mat exercises. Improve focus, flexibility and coordination while building core strength and overall muscle control and endurance. Proper form, technique and breath patterns are encouraged. Appropriate for beginners and those with experience. Modifications are offered as needed.

Pilates Intermediate Mat

Moderate-paced class of beginner and intermediate mat exercises for a comprehensive workout that builds strength, flexibility and endurance. Flow through exercises while maintaining control and precision and incorporating breath. Experience with Pilates Basic Mat is recommended.

Restorative Yoga

A pleasant way to relax and create balance in life. Use bolsters, blocks and blankets to experience the benefits of a passive practice. Allows release of effort that encourages calmness, tranquility and connecting with self-healing.

Restorative Yoga and Meditation

Prepare the body for meditation through prop-supported stretches and learn ways to calm the mind through movement, breath and focusing techniques. Great for everyone no matter your fitness level.

Retro Step

Basic stepping is at the heart of this full body workout. Enjoy a blast from the past using music from the '70s, '80s and more. The first part of the class is dedicated to cardiovascular work to rev up your heart rate. The final part uses equipment to offer strength and toning benefits. Bring water and a towel for a fun workout.

Slow Flow Hatha Yoga

Nurturing, fun and non-competitive. Improve balance, strength and flexibility. Poses are linked together slowly with attention to breath. Philosophy and stress management techniques are touched on. Designed for beginner and intermediate levels.

Somatic Movement

This gentle practice incorporates a series of mat-based movement patterns to release habitual muscle tension, alleviate chronic pain, enhance flexibility and reduce stress. All levels.

Step and Sculpt

This energizing step class combines choreographed movements on and around a step platform to boost cardiovascular endurance, tone muscles and improve coordination. It's all set to upbeat music that keeps you moving.

Strength and Cardio Fitness

Whether first thing in the morning or during a midday break, make the most of your workout with this fun and energetic class. Work at your own pace as the instructor takes you through both strength training and cardio full-body movements that'll have you sweating and your muscles burning. Feel strong, powerful and accomplished after each workout. Every class is different, so you'll never get bored.

Swiss Theraball

Enjoy gentle, effective, low-impact exercise on a Theraball. Improve balance, endurance, flexibility and strength with this relaxing routine. Theraballs are provided.

T'ai Chi Chih

A moving meditation that circulates and balances the internal energy of the body, also known as Chi. Gain better balance, improved health and well-being, increased flexibility and strength, inner peace and joy. The movements can be done by anyone regardless of age or physical condition.

Intermediate – Deepening into the movements with a guided mirrored practice (Must complete Beginner I and II)

Advanced – Deepening into the movements with a guided circle practice (Must complete Beginner I and II)

Total Body Training

Each class incorporates TRX suspension strength training combined with dynamic body-weight exercises, dumbbells and kettlebells to strengthen, tone and shred.

Vinyasa Flow Yoga

A fun and fast-paced flow that links breath with movement. Learn the fundamental postures and principles to create a strong yoga practice and build core strength to support more advanced poses.

Yin Yoga

Focus on stretching, strengthening and relaxing the deep connective tissues of the body, including ligaments, joints, bones and fascial networks. Poses are floor-based, rather than standing, and held for longer periods of time, typically 3-5 minutes. Yin can improve flexibility, range of motion and joint mobility. Suitable for all levels.

Yoga and Meditation

Learn to quiet the mind and find inner balance. Begin with meditation and move into a gentle flow of yoga asanas. This is a calm approach to being present, rejuvenated and healthier.

Yoga, Beginner

Practice yoga breath work and physical exercises to gain strength, tone, flexibility and stamina. Also experience a sense of inner calm.

Yoga, Advanced Beginner

Previous yoga experience expected, with modifications offered for varying levels. Release stress and improve balance, flexibility and strength with some difficult poses. Mindfulness and breath techniques are offered.

Zumba

Zumba fuses hypnotic Latin rhythms with easy-to-follow movements to create a dynamic fitness program. Routines feature interval training sessions where fast and slow rhythms are combined to tone and sculpt while burning fat.

Zumba Gold

A modified Zumba class that recreates the same dance moves at a lower intensity. Focus on balance, range of motion, coordination and having fun. No dance experience necessary.

Zumba Gold – Toning

Blends the Zumba party you love at a slower pace with a redefining total body workout using Zumba Toning Sticks or light weights. Tailored for active older adults who want to focus on muscle conditioning and light weight activity targeting muscle groups, including arms, core and lower body.

Zumba Toning

Combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba moves to create a calorie-torching, strength training dance fitness party. Learn how to use lightweight, maraca-like toning sticks to enhance rhythm and tone all your target zones, including arms, abs and thighs.

SILVERSNEAKERS

SilverSneakers-branded classes are free to SilverSneakers members and offered at the Fort Collins Senior Center. Note: SilverSneakers non-members may attend these classes by enrolling by day.

CardioFit SilverSneakers

An advanced, low-impact cardiovascular exercise class designed for active adults. This high-energy class set to music uses easy-to-follow movements to increase cardiovascular and muscular endurance. Strength training options are offered as well. Requires sufficient strength and endurance to stand unsupported for at least 30 minutes.

Circuit SilverSneakers

Move through a series of exercises in a circuit format to improve cardiovascular endurance as well as muscular strength and endurance.

Classic SilverSneakers

Move to music through a variety of exercises designed to increase muscular strength, range of motion and activity for daily living skills. Hand-held weights, elastic tubing with handles and a small ball are offered for resistance. A chair is used for seated or standing support.

Yoga SilverSneakers

Focus on poses and postures that improve joint range of movement, muscular strength, endurance and balance. Static and dynamic movements are presented with a chair for seated and standing support.

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator, with reasonable accommodations. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit FortCollins.gov/ARO for more details.

The poster features a dark blue background with a pattern of small white dots. At the top left is the City of Fort Collins logo. The main title 'FUN FIRST' is in large, bold, yellow letters with a distressed texture. Below it, 'WITH CITY OF FORT COLLINS YOUTH SPORTS PROGRAMS!' is in white, bold, sans-serif capital letters. A blue starburst graphic is to the right of the title. Below the title, there is a paragraph of text: 'Youth Sports are a great way for your child to try out new activities, find their passion and make new friends.' followed by 'All programs emphasize fun first and winning secondary.' The bottom half of the poster shows a group of four children in white and black athletic wear playing basketball on a yellow court. At the bottom, 'SIGN UP NOW' is in large, bold, black letters with a distressed texture, and 'FortCollins.gov/WebTrac' is in a smaller, bold, black sans-serif font. A QR code is located at the bottom left, with a blue arrow pointing towards it from the right.

City of Fort Collins

FUN FIRST

WITH CITY OF FORT COLLINS YOUTH SPORTS PROGRAMS!

Youth Sports are a great way for your child to try out new activities, find their passion and make new friends.

All programs emphasize fun first and winning secondary.

SIGN UP NOW

FortCollins.gov/WebTrac

ICE SKATING

Public Skate

Lace up and get on the ice. Rinks are open for public skate at various dates and times throughout the week. Visit FortCollins.gov/EPIC for a current schedule. See [page 4](#) for public skate admission fees. Note: Skate rentals are an additional \$3 fee.

50+ Leisure Skate

Join other older adults with a passion for the ice in this weekly leisure skate for exercise and fun. Unstructured, slow-paced skate time with a staff monitor for safety.

Freestyle

Interested in learning more about competitive or recreational figure skating programs? Email Recreation@FortCollins.gov to get connected.

Private Skating Instruction

Private ice skating instruction available for all abilities in figure skating, dance, edges, style, choreography, hockey and power. Fees vary. Ice time and skate rental not included. For more information, call 970-221-6683 or fill out a private lesson request at the front desk or at FortCollins.gov/EPIC.

Skate Sharpening Services

EPIC offers skate sharpening services for figure and hockey skates (Blackstone Flat Bottom V or standard hollow). Drop-off service available.

HOCKEY

For additional hockey programs for a variety of ages, see [page 75](#).

Drop-In Hockey

Pick-up hockey game. Full equipment required. Registration begins at 7 a.m. the day of each session. To view schedule or register, visit FortCollins.gov/EPIC. Note: Full equipment required. Goalies must call the front desk at 970-221-6683 to reserve a spot.

Age: 16 years and up

LEARN TO SKATE

Adult Beginner 1 and 2

Designed for those with little or no previous experience on ice. Focus on falling and recovery on ice, forward marching, glides, swizzles and stopping. Backward skills will be introduced. Note: Helmets are strongly recommended.

Age: 16 years and up

9/10-10/1	Th	6:45-7:15 PM	\$58	410349-01
10/8-10/29	Th	6:45-7:15 PM	\$58	410349-02
11/5-11/19	Th	6:45-7:15 PM	\$44	410349-03
12/3-12/17	Th	6:45-7:15 PM	\$44	410349-04

Adult Intermediate 3 and 4

Designed for experienced skaters ready to learn new skills. Proper blade use, pumping on a circle, turning forward to backward and edge work will be taught.

Age: 16 years and up

9/10-10/1	Th	6:45-7:15 PM	\$58	410350-01
10/8-10/29	Th	6:45-7:15 PM	\$58	410350-02
11/5-11/19	Th	6:45-7:15 PM	\$44	410350-03
12/3-12/17	Th	6:45-7:15 PM	\$44	410350-04

Adult Advanced Skate 5 and 6

Designed for the advanced skater. Learn backwards crossovers, outside and inside three-turns, two-foot and one-foot spins and power pulls.

Age: 16 years and up

9/10-10/1	Th	6:45-7:15 PM	\$58	410351-01
10/8-10/29	Th	6:45-7:15 PM	\$58	410351-02
11/5-11/19	Th	6:45-7:15 PM	\$44	410351-03
12/3-12/17	Th	6:45-7:15 PM	\$44	410351-04

Adult Advanced and Free Skate

Designed for the advanced skater. Learn forward inside open and closed mohawk, ballet jump, backwards, crossovers to backward outside edge, one-foot spins, walk to jump, mazurka and combination moves. Prerequisite: Successful completion of Adult Skate 5 and 6.

Age: 16 years and up

9/12-10/17	Sa	9:30-10:00 AM	\$86	410353-01
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OUTDOOR EDUCATION AND RECREATION

All Outdoor Education and Recreation programs are designed for adults 18 years and older unless otherwise noted.

Things to Know

- All programs are led by an experienced guide. Guides carry inReach GPS positioning devices in case of emergencies and are Wilderness First Aid certified when programming occurs outside cell service. All participants must follow guide instructions while on the trail.
- All fees include necessary permits.
- Participants are required to provide their own equipment, water and food unless otherwise noted.
- All participants are encouraged to use trekking poles, which can be provided upon request.
- Participants must be in good health, capable of moderate physical activity and meet the distance and elevation requirements associated with each outing.
- Each participant is required to provide an emergency contact.

B.O.O.T.S. PROGRAM

Building on Outdoor Trail Stewardship (B.O.O.T.S.) is a club to get out there, get dirty, be active and have fun. Experience new social opportunities and dip your toes in the great outdoors with a B.O.O.T.S. instructor to guide you. Attend the quarterly kickoff meeting to learn more about club membership and activities.

B.O.O.T.S. Quarterly Kickoff Meeting

Learn about B.O.O.T.S. membership, schedule and registration process as well as associated benefits at this informational meeting. Previous B.O.O.T.S. members are not required to attend.

9/14	M	10:00-10:45 AM	No Fee	411931-01
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B.O.O.T.S. Quarterly Membership

Once registered as a member, participants choose hikes, stewardship and an educational event to attend. New participants should attend the B.O.O.T.S. Quarterly Kickoff Meeting.

9/14-11/16	M	9:00-11:00 AM	\$66	411930-01
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B.O.O.T.S. Hikes

On B.O.O.T.S. hikes, learn the importance of Leave No Trace Principles, watch for wildlife and learn to identify native flora. Hike details emailed each Wednesday or Thursday prior. Guide will meet hikers at the trailhead. *Starred hikes have a user fee associated.

River Bluffs to Kyger Reservoir

9/21	M	9:00-11:00 AM	No Fee	411932-01
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North Shields Ponds

9/28	M	9:00-11:00 AM	No Fee	411932-02
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Arapahoe Bend – B.O.O.T.S. Education

10/5	M	9:00-11:00 AM	No Fee	411932-03
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North Trail to Boyd Lake

10/12	M	9:00-11:00 AM	No Fee	411932-04
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Devil's Backbone*

10/19	M	9:00-11:00 AM	No Fee	411932-05
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Coyote Ridge

10/26	M	9:00-11:00 AM	No Fee	411932-06
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Stewardship Opportunity – TBA

11/2	M	9:00-11:00 AM	No Fee	411932-07
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Elk Meadow Trail at Bobcat Ridge

11/9	M	9:00-11:00 AM	No Fee	411932-08
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B.O.O.T.S. Makeup Hike/Social

11/16	M	9:00-11:00 AM	No Fee	411932-09
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Beyond B.O.O.T.S. Hiking Trips - NEW!

This three-pack of three-hour hikes includes Horsetooth Falls Loop on 9/10, Triple Bar and OT Trail Loop on 9/24 and Howard and Arthur's Rock Loop on 10/8. Includes round trip transportation from the Fort Collins Senior Center. Prerequisite: Must be physically capable of completing hikes within three-hour time frames. Hikes range from 3.2-5.2 miles with elevation gains of 626 ft-1,083 ft. and additional elevation gains of up to 892 ft. depending on initial trailhead elevation.

9/10-10/8	Th	8:30 AM-12:30 PM	\$94	411910-01
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Rucking Club - NEW!

Put some weight into your backpack and join the club for a ruck around the Fort Collins Senior Center. Rucking is a form of low-impact cardiovascular and strength exercise that involves walking a set distance while carrying a weighted backpack (or rucksack). We'll be walking, doing stairs and simple calisthenics-style activities in Rolland Moore Community Park.

9/29-10/27	Tu	9:00-10:00 AM	\$50	411924-01
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10/1-10/29	Th	5:00-6:00 PM	\$50	411924-02
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OUTDOOR EDUCATION

Backcountry Cooking

Learn strategies for making your own food for backcountry adventuring. Introduction to methods and recipes. Sample instructor-made creations.

9/10	Th	5:00-7:00 PM	\$28	411914-01
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Backpacking 101

This educational class prepares individuals for overnights outdoors. Learn about gear, packing, cooking, planning, safety and maps. Put your knowledge to the test on an overnight trip with experienced guides. Note: Backpacking equipment required. Optional rental equipment available for additional cost. Individuals under 18 must be accompanied by an adult. Overnight trip is 9/19-9/20. Transportation included.

9/2	W	6:30-8:30 PM	\$266	411956-01
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Feather and Flight Fridays

Learn about birds, their behaviors, distinguishing characteristics and bird songs. Meet at the Fort Collins Senior Center and walk around Rolland Moore Community Park with a Fort Collins Audubon Society enthusiast to discover the fascinating world of birds.

Nocturnal Bird Migration

Discover which birds are migrating through our area this fall and how to protect birds as they head to their wintering grounds.

9/18	F	9:00-11:00 AM	\$23	411980-01
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Owls

Learn about the fascinating world of owls.

10/16	F	9:00-11:00 AM	\$23	411980-02
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Winter Goose Watching

Learn about the different species of geese that visit us during the winter.

11/20	F	9:00-11:00 AM	\$23	411980-06
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Fireside Chat

Enjoy a fall evening on the patio with views of Rolland Moore Community Park. Learn about nocturnal wildlife or other topics while enjoying old fashioned s'mores, hot chocolate and the cracklin' of a campfire (fire conditions permitting).

Age: 10 years and up

10/22	Th	5:30-7:00 PM	\$15	411950-01
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Forest Bathing

Research shows that visits to natural places have real health benefits. Experience the healing and wellness of Shinrin-Yoku: the practice of bathing the senses in nature. Take a quiet, contemplative walk that integrates gratitude, reflection and creativity. Note: Location directions will be emailed prior to class.

Location: River Bluffs Natural Area, Windsor

10/26	M	9:00-11:00 AM	\$23	411970-01
11/23	M	9:00-11:00 AM	\$23	411970-02

Snowshoeing Instruction

Learn the basics of snowshoeing and become familiar with the equipment, winter gear needed, use of poles, maneuvering up and down grades and types of snowshoes. Note: Snowshoes and trekking poles provided, but bring ski poles if you have them.

12/12	Sa	9:00 AM-Noon	\$34	411411-01
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Wilderness First Aid Certification - NEW!

Become certified in Wilderness First Aid (WFA) in this two-day (16-hour) course. Learn about preventing, assessing and treating ill or injured people in a remote environment where doctors and rapid transport are not readily available. Ideal for outdoor enthusiasts, camp counselors and others. Taught by certified Red Cross Wilderness First Aid Instructor Zoe Bolger. Note: Must be CPR certified to attend. Additional class details will be provided prior to course.

11/14-11/15	Sa, Su	9:00 AM-6:00 PM	\$265	411929-01
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OUTDOOR RECREATION

Transportation

Outdoor trips depart from the Fort Collins Senior Center unless otherwise noted. Arrive at least 15 minutes prior to departure to check in with the driver. Out of respect for other participants, we do not wait for late arrivals; trips leave promptly at the posted time.

Return Times

All return times are approximate. Please do not schedule appointments close to return times in case delays occur. Return times are impacted by turnaround times followed by instructors. Turnaround times are the times at which a group must turn around whether they have reached their destination or not. Turnaround times consider the pace of the group, departure time, estimated return time, safety and elevation.

Outdoor Recreation Activity Classification Scale

Please carefully read through our outing classifications and contact Outdoor@FortCollins.gov with any questions.

- Outings with 0-500 ft. in elevation change

- Outings with 500-1,000 ft. in elevation change

- Outings with 1,000-2,000 ft. in elevation change

- Outings with more than 2,000 ft. in elevation change

LEVEL 1

These activities include participant drop-off and pickup at the location of the activity and may involve any amount of mileage.

Horseback Riding and Steak Dinner

Experience a guided horseback ride in the beautiful terrain surrounding the Sylvan Dale Ranch and enjoy a steak dinner cooked at the ridgetop before heading back to the ranch. Note: Maximum body weight must be less than 220 lbs. Tickets are non-refundable after 8/30.

9/17	Th	3:00-7:45 PM	\$162	411922-01
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Snowy Range Ski Trip

Relax as we drive you to Snowy Range Ski Area in Medicine Bow National Forest in Southeastern Wyoming, where skiing is free to seniors 70 years and older. Price includes transportation only.

12/16	W	7:30 AM-5:00 PM	\$50	411414-01
12/30	W	7:30 AM-5:00 PM	\$50	411414-02

Walking Challenge: Crossing Colorado

Colorado celebrates 150 years of statehood on Aug. 1, 2026. For our latest walking challenge, let's explore the state together by walking across the distance of Colorado following Interstate Highway 70! From September through December, log miles each time you walk, hike or wheel (for chair users) right here in Fort Collins. Participant's miles will be tracked, and their locations along the route will be displayed at the Fort Collins Senior Center. At the end of the challenge, the participant with the most miles will receive a prize. Additional details will be sent via email prior to the challenge.

Age: 14 years and up				
9/1-12/31			\$5	411991-01

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator, with reasonable accommodations. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit FortCollins.gov/ARO for more details.

SPORTS

Things to Know

- Programs are for ages 16 years and older unless otherwise noted.
- Adult sports team leagues and tournaments for which individuals do not register, but instead register as a team, are not eligible for the reduced fee program.
- All adult rosters are unlimited.
- Teams sign up for their level preference on a first-come, first-served basis.
- Mixed leagues were formally “coed” and require a gender ratio during competition—check specific sport rules for each sport’s requirements.
- Open leagues mean teams can be made up of any combination of players and are not specifically Men’s or Mixed.

Online Sports Schedules and League Rules

All youth and adult sports schedules and league rules are located online through Team Sideline. Schedules are posted no later than one week prior to the first game of each season. Visit TeamSideline.com/FortCollins for current game schedules, league updates, game cancellations and weather updates.

Inclusion

The City of Fort Collins Sports is committed to creating a welcoming and inclusive sport environment. We invite individuals to participate in accordance with their asserted gender identity.

BASKETBALL

Late Fall Adult Basketball

Cost: \$600

Season begins: Week of 10/19

Number of games: 8

Locations: Northside Aztlan Community Center and Fort Collins Senior Center

Monday Open Recreational	413501-02
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Winter Adult Basketball

Cost: \$625

Season begins: Week of 1/18

Number of games: 8

Locations: Northside Aztlan Community Center and Fort Collins Senior Center

Monday Open Recreational	213501-01
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KICKBALL

Fall Adult Kickball

Cost: \$520

Registration ends: 8/30 or when filled

Season begins: Week of 9/7

Number of games: 8

Locations: Rolland Moore Park, Fossil Creek Park and Lee Martinez Park

Friday Mixed Recreational	413025-01
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SOFTBALL

Levels of Play: (A) 2HR+ - 2 Up Homerun Rule; (B) 1HR - 1 Homerun Only; (Recreational) - Modified Rules and Play

Note: Levels of play and updated rules are posted on the “Rules and Park Maps” page of TeamSideline.com/FortCollins. League Coordinator may merge divisions or move a team’s level of play based on previous record, except in the recreational division.

Fall Adult Softball

Cost: \$640

Registration ends: 8/30 or when filled

Season begins: Week of 9/7

Number of games: 8

Locations: Rolland Moore Park, Fossil Creek Park, Lee Martinez Park and Twin Silo Park

Men’s

Sunday (A) 2HR+	413021-01	Wednesday (A) 2HR+	413021-07
Sunday (B) 1HR	413021-02	Wednesday (B) 1HR	413021-08
Monday (A) 2HR+	413021-03	Thursday (A) 2HR+	413021-09
Monday (B) 1HR	413021-04	Thursday (B) 1HR	413021-10
Tuesday (A) 2HR+	413021-05	Friday (Recreational)	413021-11
Tuesday (B) 1HR	413021-06		

Women’s

Monday (B) 1HR	413022-01
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Mixed

Sunday (A) 2HR+	413023-01
Sunday (Recreational)	413023-02
Monday (Recreational)	413023-03
Tuesday (A) 2HR+	413023-04
Tuesday (B) 1HR	413023-05
Wednesday (A) 2HR+	413023-06
Wednesday (B) 1HR	413023-07
Thursday (A) 2HR+	413023-08
Thursday (B) 1HR	413023-09
Friday (Recreational)	413023-10



Fall Senior Softball

Modified play with a run limit per inning including no standings. For ages 50 and older. ASA bats optional.

Cost: \$400

Registration ends: 8/30 or when leagues fill

Season begins: Week of 9/7

Number of games: 5

Locations: Rolland Moore Park, Fossil Creek Park, Lee Matinez Park and Twin Silo Park

Wednesday Men's Recreational	413020-01
Wednesday Mixed Recreational	413020-02

VOLLEYBALL

Levels of Play: A = Competitive, BB = Intermediate, B = Recreational

Fall Adult Volleyball

Cost: \$330/team

Season begins: Week of 8/24

Number of games: 8

Location: Northside Aztlan Community Center Women's

Sunday B	413542-03
Wednesday A	413542-01
Wednesday BB	413542-02

Mixed

Monday BB	413543-01
Monday B	413543-02
Tuesday A	413543-03
Tuesday BB	413543-04

Adult Volleyball Tournament

Six-person teams compete in a pool play format ending in a seeded, single elimination tournament. Four games guaranteed, plus additional earned tournament games.

Cost: \$250

Season begins: Week of 11/2

Location: Northside Aztlan Community Center Mixed League

Monday B	413544-01
Tuesday A	413544-02
Tuesday BB	413544-03

Women's League

Wednesday A	413544-04
Wednesday BB	413544-05

Winter Adult Volleyball

Cost: \$345

Season begins: Week of 1/11

Number of games: 8

Location: Northside Aztlan Community Center Women's League

Sunday B	213942-01
Wednesday A	213942-02
Wednesday BB	213942-03

Mixed League

Monday BB	213943-01
Monday B	213942-02
Tuesday A	213943-03
Tuesday BB	213943-04

INCLUSION SUPPORT

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TENNIS

Things to Know

Lewis Tennis School directs all tennis programs for the City of Fort Collins. With more than 56 years of experience in the tennis industry, Lewis Tennis provides quality lessons, programs and tournaments for all levels and ages with USPTA certified coaches on staff. Tennis director Larry Lewis has managed five of the top tennis facilities in the United States.

The programs at Lewis Tennis School provide a positive learning environment for players of all ages. Players learn techniques to become accomplished players, as well as life skills that help them to excel and enjoy tennis and other areas in their life. Thousands of players have participated in these programs over the years as they learn and progress in this great lifetime sport.

Rolland Moore Pro Shop

Visit our fully stocked pro shop located at the Rolland Moore Racquet Center. Racquets, shoes, accessories and 24-hour stringing available. Fall hours are 3-6 p.m. Monday-Friday and 10 a.m.-4 p.m. Saturday (weather permitting).

Registration

For full program information, court availability and to register for programs, visit LewisTennis.com or call 970-493-7000. Discounts available for additional family members and Reduced Fee Program participants. Sign up before 8/9 and receive a 10% discount.

Reserve tennis and pickleball courts at LewisTennis.com.

All programs are offered at Rolland Moore Racquet Complex unless otherwise noted.

Beginner

Whether you have never played or are getting back into the game after a long hiatus, learn and develop your fundamentals so you can really enjoy the game. Practice the correct way to hit forehands, backhands, volleys, overheads and serves, and learn basic rules and strategies as you start competition.

Location: Rolland Moore Racquet Complex

8/17-9/9	M,W	6:00-7:30 PM	\$218.70	423005-01
9/14-10/7	M,W	6:00-7:30 PM	\$218.70	423005-02
10/12-11/4	M,W	6:00-7:30 PM	\$218.70	423005-03
11/9-12/9	M,W	6:00-7:30 PM	\$218.70	423005-04
8/22-9/12	Sa	1:00-2:30 PM	\$109.80	423005-05
9/19-10/10	Sa	1:00-2:30 PM	\$109.80	423005-06
10/17-11/7	Sa	1:00-2:30 PM	\$109.80	423005-07
11/14-12/12	Sa	1:00-2:30 PM	\$109.80	423005-08

Intermediate

Learn the modern game of tennis and refine your skills by experiencing techniques used by the pros. Develop your topspin, forehand, backhand and serves, as well as doubles and singles strategies that win!

Location: Rolland Moore Racquet Complex

8/18-9/10	Tu,Th	6:00-7:30 PM	\$218.70	423006-01
9/15-10/8	Tu,Th	6:00-7:30 PM	\$218.70	423006-02
10/13-11/5	Tu,Th	6:00-7:30 PM	\$218.70	423006-03
11/10-12/10	Tu,Th	6:00-7:30 PM	\$218.70	423006-04
8/22-9/12	Sa	2:30-4:00 PM	\$109.80	423006-05
9/19-10/10	Sa	2:30-4:00 PM	\$109.80	423006-06
10/17-11/7	Sa	2:30-4:00 PM	\$109.80	423006-07
11/14-12/12	Sa	2:30-4:00 PM	\$109.80	423006-08

Wheelchair Tennis

For individuals of all abilities and skill levels who want to learn, improve and enjoy the game of tennis.

Location: Rolland Moore Racquet Complex

8/20-9/10	Th	5:30-6:30 PM	\$40	423007-01
9/17-10/8	Th	5:30-6:30 PM	\$40	423007-02
10/15-11/5	Th	5:30-6:30 PM	\$40	423007-03
7/30-8/6	Th	5:30-6:30 PM	\$40	423007-04

INCLUSION SUPPORT

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RECREATE YOUR WAY WITH A **REC PASS!**



1-month, 6-month or annual passes



Unlimited access to **all rec facilities**
including The Farm and City Park Pool



Discounts on fitness classes



Free drop-in swimming, pickleball
and skating



LEARN MORE AT

FortCollins.gov/Recreation





RETIREMENT AGE PROGRAMS

All programs are designed for those 60 and older and held at the Fort Collins Senior Center unless otherwise noted.

60+ ACTIVE PASS PROGRAMS

All active passholders may attend the programs in this section free of charge! This includes one-month, six-month and annual recreation passholders, Get FoCo participants and those who pay the daily drop-in fee. SilverSneakers and Renew Active participants are also eligible to participate in these free programs.

RESOURCES

Library/Media Center

The Library/Media Center offers a quiet location for reading, reflection, relaxing or using one of the computers. The library includes large print, hardcover and paperback books as well as books by local writers and puzzles. Volunteer library attendants are available to assist members during portions of the day. Book donations are accepted as space allows. Large print preferred.

Conversation Corner

Feeling lonely or looking to connect with new people but not sure where to begin? Drop by the Conversation Corner! It's a great place to meet others, chat and discover programs or resources that might match your interests.

Location: Lobby at the Fort Collins Senior Center

Every Wednesday 10:00 AM-Noon

Every Thursday 1:00-3:00 PM

Pool and Billiards Room

The pool room has four 8-ball tables and one snooker table. Users are asked to respect time frames when playing if other people are waiting to play.

SOCIAL PROGRAMS

Bingo

Compete in bingo for prizes. Registration required one week prior.

9/21	M	1:30-2:30 PM	412401-01
10/19	M	1:30-2:30 PM	412401-02
11/16	M	1:30-2:30 PM	412401-03

Bunco

Take your turn rolling the dice in this popular parlor game, played the second and fourth Mondays of each month. Note: Non-members must pay the daily drop-in fee.

9/14-12/28	M	1:00-4:00 PM	412102-01
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Cards and Games

Join in the fun and play a variety of games with friends at the Fort Collins Senior Center! Note: Class will not be held on 9/7, 9/14, 11/25, 11/26, 11/27, 12/24, 12/25 and 12/31.

9/1-12/30	M-F	1:00-4:00 PM	412400-01
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A Season of Cards and Games

For players without an active pass to play a variety of games with friends at the Fort Collins Senior Center! Games will not be held on 9/7, 11/25, 11/26, 11/27, 12/24, 12/25 and 12/31.

9/1-12/31	M-F	1:00-4:00 PM	\$40	412100-01
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Creative Art and Ink

Gather for drawing, sketching, basket weaving and other creative arts. Meet weekly to work on projects and share ideas and techniques. Note: No instructor or supplies provided. Class will not be held on 11/27.

9/4-12/18	F	9:30-11:30 AM	412101-01
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Donut Make U Wonder

Discuss current subjects and related personal experiences. Matters related to religion and politics are avoided to ensure comradery. Meetings end with a few shared jokes. Note: Class will not be held on 9/25, 10/30 and 11/27.

9/4-12/18	F	10:00-11:00 AM	412412-01
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Sing Along/Jam Session

Guitar, banjo and uke players and singers meet for fun, enjoyment and education. Songs, sheet music and basic chord and strumming suggestions provided. All levels welcome.

9/3	Th	3:00-5:00 PM	412444-01
9/17	Th	3:00-5:00 PM	412444-02
10/1	Th	3:00-5:00 PM	412444-03
10/15	Th	3:00-5:00 PM	412444-04
11/19	Th	3:00-5:00 PM	412444-06
12/3	Th	3:00-5:00 PM	412444-07
12/17	Th	3:00-5:00 PM	412444-08

The Writers' Group

Express yourself through writing and gather weekly to share work. All writing styles and skills are welcome.

9/1-12/29	Tu	9:30-11:30 AM	412415-01
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WELLNESS PROGRAMS

Am I Hungry? Mindful Eating Workshop

Discover resources to help you take charge of your eating habits. Add more tools for reducing mindless and emotional eating and balancing, overeating and deprivation cycles. Facilitated by Deanna O'Connell, UCHHealth registered dietitian and mindfulness practitioner.

10/1	Th	2:00-4:00 PM	425416-01
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Bossy Bladder

Do you have a bossy bladder or bowel? Join Covell Care for a lecture on understanding your bladder or bowel issues and learn what a healthy bladder or bowel looks like. Walk away with tools for the next steps to help you take back control.

9/8	Tu	2:00-3:00 PM	425411-01
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Communicating Effectively and Responding to Dementia-Related Behaviors

This program is for caregivers who want to learn how to communicate well with a person living with dementia, how to respond to dementia-related behaviors and how to improve communications with family, friends and healthcare professionals.

10/15	Th	10:00-11:30 AM	425409-01
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Death Investigation 101

The county coroner will walk you through the vital role of death certificates, the value of clear end-of-life decisions and the fascinating truth behind forensic investigations and autopsies. This is a respectful, curiosity-friendly class for those who want to better understand what happens when someone passes and how to plan with confidence.

9/14	M	2:00-3:30 PM	425423-01
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WEDNESDAY
SEPT. 16, 2026 1-5PM

SENIOR LAW DAY

Fort Collins Senior Center
1200 Raintree Dr.
Fort Collins, CO 80526

Attorney Presentations

Topics will include: Wills, Trusts, and Financial Powers of Attorney; Guide to Probate; Information on Scams and AI.

No need to rsvp to to attend presentations all are welcome!

Individual 30-minute appointments with attorneys will be available.

Sign-ups are required to secure your spot for a 30-minute appointment with an attorney.

Access information regarding sign-ups after August 15, 2026 at larimerbar.org/events

A FREE EVENT SPONSORED BY:



Questions? Call
970-493-2891
EXT 261



Exercise in Our Older Adult Years

Aging affects our bodies in many ways. Exercise can help, providing positive impacts on our vascular, muscular, skeletal and cognitive health. Exercise can increase confidence and energy and help us with balance, flexibility and overall mobility. Learn about these various effects as well as barriers, motivations and safe ways to get started or add to your routine.

11/12	Th	2:00-3:30 PM	425425-01
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Get Your Advance Directives Done

Advance directives help you formally document your preferences and values to guide future medical care. Start your plan for peace of mind by learning about advance directive documents for health care and prepare for conversations with loved ones. Participants will be given the chance to complete documents with notarization after class.

10/7	W	2:00-3:30 PM	425448-01
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Gong Voyage

Our bodies are mostly water, and since sounds travel about four times faster in water than in air, our bodies are excellent receptors and conductors of sound and vibration. Sound healing can reduce stress, stimulate deep relaxation, lower blood pressure and relieve chronic pain. You will lie down, get comfortable, set your intention and let the gong help you meditate. for an hour as you absorb the vibrations. Note: Wear comfortable clothes and bring your own yoga mat and blanket if you have them.

12/4	F	10:00-11:30 AM	425438-01
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Hearing Loss, Tinnitus and Cognition: Understanding the Links and Exploring Solutions

Hearing loss and tinnitus affect more than the ears. They can also influence how the brain processes information, memory and attention. Explore the connections between hearing, ringing in the ears and cognitive health, and learn how these changes occur. You will learn practical, evidence-based strategies and treatment to improve hearing, manage tinnitus and support a sharper, more connected mind.

11/13	F	11:00 AM-Noon	425427-01
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Home Exercise

Learn what exercises you can do safely at home to keep you active, strong and mobile. Covell Care's interactive presentation provides simple, take-home exercises you can implement right away.

10/13	Tu	10:00-11:00 AM	425413-01
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Home Safety/Fall Prevention

More than one-third of the senior population falls each year. Covell Care will teach you how you can keep yourself or a loved one safe at home and in the community.

9/23	W	10:00-11:00 AM	425412-01
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Meal Planning with Confidence

Learn about planning meals to save time and money while benefiting your health. Class handouts include meal planning and grocery shopping templates, recipe guides and other handouts. Facilitated by Christa Timmerman, CSU Extension.

11/20	F	10:00-11:30 AM	425426-01
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Navigating the Health Care System as We Age, Panel Presentation

Navigating the healthcare system can be daunting and confusing. This presentation will walk you through various senior housing options and home care services. Learn what your options are, who pays for what and how to access these resources.

11/10	Tu	11:00 AM-Noon	425419-01
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Nutrition for Older Adults

Learn about key nutrients to consider including in your diet, how to identify nutrient-dense foods, ways to avoid dehydration, how to make healthy food choices and how healthy eating will help you feel better and maintain your independence. Facilitated by Christa Timmerman, with CSU Extension.

10/15	Th	1:00-2:30 PM	425424-01
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Resiliency and Mindfulness: A Steady Inner Resource

Engage in five mindfulness practices to build your resilience or ability to have inner strength, optimism and flexibility in the face of chaos, adversity and disappointment. Taught by Deanna O'Connell, UCHHealth registered dietitian and mindfulness practitioner.

12/1	Tu	1:00-2:30 PM	425428-01
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Your Health, Your Voice: Making Every Appointment Count

Gain tips and tools to advocate for your healthcare or the care of a loved one from a panel of experienced healthcare providers. Hosted by the Larimer County Office on Aging Advisory Council.

Age: 18 years and up

9/23	W	12:30-1:30 PM	425449-01
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FRIDAY MOVIES

Active pass required or payment of the daily drop-in rate.

The Way (2011) 2hr

An American Father travels overseas to recover the body of his estranged son, who died while trekking Spain’s “El Camino de Santiago,” but instead decides to take the pilgrimage himself. Starring: Martin Sheen, Emilio Estevez, James Nesbitt, Deborah Kara Unger and Yorick van Wageningen. Rated PG-13.

9/18 F 1:00-4:00 PM No Fee

The Devil Wears Prada (2006) 1hr 44min

After graduating from college, Andy lands the dream job that “a million girls would kill for”: assistant to Miranda, the chief editor of Runway, the top-selling fashion magazine in the industry. The job will fast-track her career in journalism—if she can survive a year working for Miranda. Starring: Anne Hathaway, Meryl Streep and Adrian Grenier. Rated PG-13.

10/16 F 1:00-4:00 PM No Fee

An Officer and a Gentleman (1982) 1hr 59min

Loner Zack Mayo enters Officer Candidate School to become a Navy pilot, and in thirteen torturous weeks, he learns the importance of discipline, love and friendship. Starring: Richard Gere, Debra Winger, Louis Garrett Jr., David Keith and Robert Loggia. Rated R.

11/20 F 1:00-4:00 PM No Fee

The Way We Were (1973) 1hr 53min

During post-WWII McCarthyism, a diametrically opposed couple come together only to find out that genuine friendship and physical attraction is not enough to overcome fundamental societal beliefs. Starring: Babara Streisand, Robert Redford and Bradford Dillman. Rated PG-13.

12/18 F 1:00-4:00 PM No Fee





More information:

 walkwithadoc.org

 Roxane.Conant@BannerHealth.com

 (970) 810-2680



1st Saturday of Every Month • 9:00 a.m.

Starts: Sept 5, 2026

Fort Collins Senior Center
1200 Raintree Drive, Fort Collins, CO 80526
*WEST SIDE parking lot

Come Walk with a Doc!
Spend a few minutes learning about a current health topic, then enjoy the rest of the hour walking at your own pace and distance. Be active, learn about health, and meet new friends! The events are **free** and open to everyone!



RETIREMENT AGE PROGRAMS - OPEN TO ALL

All programs are designed for retirement age individuals, but adults 18 years and older are welcome unless otherwise noted.

Fort Collins Senior Center Orientations

Interested in learning more about the Fort Collins Senior Center? Join us for a tour!

First Monday of each month	4:30 PM
Third Thursday of each month	9:00 AM

CLUBS AND ORGANIZATIONS

Front Range Forum

Front Range Forum is an educational and social membership organization affiliated with the Fort Collins Senior Center. Membership includes access to classes offered in literature, history, music, art, science, current events and popular culture as well as activities that include film programs, lunch-time lectures, off-site excursions, monthly social luncheons and special interest groups. Front Range Forum has something for everyone interested in expanding their world and forming new friendships. For more information, please visit us at FrontRangeForum.org. Note: Front Range Forum membership fees are paid through the Fort Collins Senior Center and class registrations are made on the Front Range Forum website at FrontRangeForum.org.

9/8-12/31	M-F	9:00 AM-4:00 PM	\$49	407410-01
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Rainbow Club

Rainbow Club is a safe space for adult community members who identify as LGBTQIA+ and their allies to connect with each other in a social setting, as well as to learn about community resources and share information. Program details will be emailed out to registered participants and the Rainbow Club email list. For more information or to be added to the list, contact Recreation@FortCollins.gov.

9/1-12/31				412404-01
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EDUCATION

Bridge 1, Bidding Part 1

Start with card basics, bridge etiquette, hand evaluation/counting points, how to win tricks, defunding, and scoring. Then begin to learn the language of bidding in a competitive auction. Focus on suit opening bids, responses and rebids. Supplies included.

9/15-10/27	Tu	1:00-4:00 PM	\$147	412465-01
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Bridge 2, Bidding Part 2

Continue with no-trump opening bids, responses and rebids, Stayman and Jacoby Transfer conventions. Add competitive bidding overcalls and doubles, preempts, strong bids and slams. Prerequisite: Bridge 1 or instructor approval.

11/3-12/15	Tu	1:00-4:00 PM	\$126	407415-01
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WebTrac: How to Register

Learn helpful tips and tricks to register for City of Fort Collins Recreation programs independently online. Navigate both computer and smart devices with Recreation staff. Personal equipment is welcomed. Spanish translation available upon request at registration.

Age: 18 years and up

1/7	Th	10:00-11:00 AM	No Fee	412999-01
1/8	F	10:00-11:00 AM	No Fee	412999-02

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator, with reasonable accommodations. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit FortCollins.gov/ARO for more details.

SOCIAL PROGRAMS

Four Seasons of Conversation (formerly “And then it is Winter”)

Enjoy a series of talks, lectures and conversations from guests and friends covering topics from history, medicine and health, personal stories, world travel, local businesses and local lore. Class will not be held on 9/28, 10/12, 10/26, 11/2, 11/9, 11/23, 11/30 and 12/14.

9/21-12/21	M	10:30-11:30 AM	\$10	412441-01
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Joyful Drumming

Share in the joyful and revitalizing energy of making rhythmic music in community with others, drum circle style. Learn poems with a beat and perform easy and relaxed hand and feet rhythms with drums and other percussion instruments from around the world. Drumming stimulates brain wave activity, providing benefits of creative thinking, relaxation and blood pressure regulation while also improving coordination and motor skills. Note: Class will not be held on 11/26.

9/17-10/22	Th	2:30-3:30 PM	\$82	402472-03
10/29-12/10	Th	2:30-3:30 PM	\$82	402472-04

Pool Tournament - NEW!

8-ball tournament, double elimination, race to 3, with prizes for the top three scores. Snacks and beverages provided.

11/5	Th	10:00 AM-2:00 PM	\$25	412457-01
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Senior Serenaders

The Senior Serenaders practice and perform seasonal themed music from years' past for local assisted living facilities and special events. No choral experience required but ability to read music is helpful. Note: Class will not be held 9/7, 9/14, 9/21, 11/16, 12/14 and 12/21. First class will be held on 9/8.

9/8-12/28	M	9:30-11:00 AM	\$16	412411-01
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S.O.A.P. Troupe Acting

S.O.A.P. (Slightly Older Adult Players) Troupe writes and performs two shows per year, performed in May and December, which feature a variety of acting, comedy, skits, dance and song. Join this zany, fun-loving group of seniors who have discovered their inner ham. If you're uncomfortable on stage, no problem! There are many ways you can help make S.O.A.P. shows a success. Interested in learning more? Visit rehearsals on Mondays and Fridays of each week from 1:30-3 p.m. until the December show, or reach out with questions to Recreation@FortCollins.gov.

9/11-12/4	M,F	1:30-3:00 PM	\$36	412410-01
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Social Dancing at the Fort Collins Senior Center

Invite a loved one or a friend for a night of social dancing, live music and a delicious potluck prepared by attendees. Dances occur on the first and third Mondays of most months, and some dances are themed. There are no dances in September.

No Theme

10/5	M	6:30-9:00 PM	\$12
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Octoberfest (bring German food)

10/19	M	6:30-9:00 PM	\$12
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Swinging Safari (wear something wild)

11/2	M	6:30-9:00 PM	\$12
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Veteran's Day/40s (wear all or part of your uniform)

11/16	M	6:30-9:00 PM	\$12
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Celebrate the Holidays (holiday attire)

12/7	M	6:30-9:00 PM	\$12
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Holiday Dance (wear bright colors and sparkles)

12/21	M	6:30-9:00 PM	\$12
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RESOURCES

VOA Smiling Spoon Senior Lunch

Volunteers of America and the City of Fort Collins Recreation Department host the Senior Nutrition Program to provide hot lunch at the Fort Collins Senior Center. In-person dining with Volunteers of America is available by reservation only. Call 970-472-9630 x1 by 1:30 p.m. one business day prior to reserve your meal.

M, Tu, W, Th, F	11:45 AM-12:15 PM	\$3 suggested donation
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Life After Stroke

Designed for stroke survivors and their caregivers to unite with others. Find positive solutions to create meaningful and fulfilling lives after experiencing a stroke. For more information, contact Jamie Baker at 970-624-2109.

9/10	Th	12:30-2:00 PM
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10/8	Th	12:30-2:00 PM
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11/12	Th	12:30-2:00 PM
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12/10	Th	12:30-2:00 PM
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DISCOVER THE ART OF POTTERY

Private Pottery Lessons

One-on-One or Pairs | Ages 5+
Wheel Throwing & Handbuilding
Tailored to your skill level



Pottery Events & Parties

Groups of 6-10 | Ages 5+
Wheel Throwing & Handbuilding
Great for celebrations or team building

VOLUNTEERS

We strive to provide trained volunteers with quality opportunities that meet their expectations, align with their skills and needs and capitalize on the many talents they possess. Volunteers gain new skills, forge new friendships, interact with fellow community members, enrich their community through purposeful activity, learn new things about themselves, set and achieve personal goals and make a positive difference in the lives of others. Volunteers may choose from one-time special events to longer-term commitments in a variety of areas. To apply as a volunteer, visit [Engage.FCGov.com](https://engage.fcgov.com).

TRIPS AND TRAVEL

All programs are designed for active retirement age individuals, but all adults 18 years and older are welcome unless otherwise noted.

Registration

Pre-registration is required for all trips. Some ticketed events have an early registration deadline. See specific trip details for more information.

Departure and Return Times

All trips leave from the Fort Collins Senior Center unless otherwise noted. Please arrive at least 15 minutes prior to departure to check in with the driver. Out of respect for all participants, trips leave promptly at the posted trip time. All return times are approximate. Please do not schedule appointments close to return times in case delays occur.

Accommodations

Individuals who are not independent in daily living activities or need extra supervision or assistance are encouraged to register and participate with a personal care attendant. At the time of registration, please inform us of any accommodations needed. When registering for ticketed events, accommodations can only be guaranteed until the non-refundable date noted in the description. After that date, we will make every effort to accommodate needs, but we cannot guarantee ticket availability. There is no transportation fee for the personal care attendant aiding a participant, but they must pay for ticket and meal expenses if those are part of the trip fees.

Attendants must register separately from individuals they are assisting to ensure that we provide necessary seating, meals, tickets, etc. If a meal is included in the price, allergy or dietary requests must be made at the time of registration, otherwise we cannot guarantee accommodation.

Trips and Travel Exertion Scale

Trips are identified throughout this section with an exertion scale rating. The rating scale identifies how intense the walking may be on the trip. The rating system is defined below. Please note that many trips may be at altitude regardless of the exertion rating. Distances are approximate.

● = Walk short distances. May include some stairs. Mostly sitting. Handicap accessibility available. Example: To program location from parking lot. Distance: Less than 20 yards.

■ = Walk short distances on mostly even surfaces. Some stairs. Example: Short tours. Distance: 20-100 yards.

◆ = Walk longer distances on mostly even surfaces. Some stairs. Distance: .25-1 mile.

▲ = Walk for long distances, on uneven surfaces and/or on stairs. You will be on your feet for most of the outing. Distance: 1-5 miles.

Door-to-Door Transportation

Round trip transportation to and from your home is available for most trips if you reside within Fort Collins city limits (with some exceptions). This service is provided prior to and after listed trip time frames. Pick-up time will be confirmed via phone the day prior to the trip. The cost for these services is \$7 per person. Requests must be made at the time of registration or at least three business days prior to the trip.

Casino Trip ■

Meet in the lobby of the Fort Collins Senior Center and travel to Cheyenne's Horse Palace Swan Ranch Casino. Note: Fees are non-refundable 14 days prior to trip.

11/10	Tu	9:00 AM-2:30 PM	\$44	405910-01
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OUT TO LUNCH

Captain's Table, Greeley ●

Formerly Barnstormer's, this restaurant is located at the Greeley-Weld County airport, serving meals made from scratch and decadent desserts. Enjoy watching the airport activity while dining.

9/8	Tu	11:00 AM-2:15 PM	\$37	405930-01
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Luxury Diner, Cheyenne ●

Legend has it, the Luxury Dining Car was an operating trolley car on the streets of Cheyenne from 1894 to 1912. It has been a working diner since 1926, dishing up made-from-scratch breakfast, burgers and sandwiches, plus specialties including apple pie.

10/21	W	10:30 AM-2:00 PM	\$37	405930-02
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Bird and Jim, Estes Park ●

This casual, rustic eatery offers locally sourced meats and produce in addition to seasonally-driven, hearty mountain fare and wine.

11/19	Th	10:30 AM-2:00 PM	\$37	405930-03
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Santeramo's Pizza House and Italian Food, Greeley ●

This family-run business has been serving homemade traditional Italian food since 1962.

12/11	F	11:00 AM-2:00 PM	\$37	405930-04
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Out to Lunch – Secret Locations ●

Head out for lunch at a surprise restaurant and enjoy an afternoon with friends.

9/16	W	11:00 AM-2:30 PM	\$37	405931-01
10/29	Th	11:00 AM-2:00 PM	\$37	405931-02
12/1	Tu	11:00 AM-2:30 PM	\$37	405931-03

SPECIALTY TRIPS

Virginia Dale Stage Station ◆

Virginia Dale, located about 45 miles northwest of Fort Collins and just 4 miles south of the Wyoming border, hosts the Overland Trail Stage Station listed in the National Registry of Historical Sites. Visit the station, tour the historical site and enjoy a late lunch at Vern's Place on the way back. Note: Fee includes transportation and tour ticket. Non-refundable after 8/9.

9/9	W	9:00 AM-3:30 PM	\$54	405932-03
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Rist Canyon Mountain Festival ▲

Live music, a book sale, craft vendors and food trucks gather at this annual festival to benefit the Rist Canyon Volunteer Fire Department.

9/12	Sa	10:00 AM-2:00 PM	\$37	405932-04
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Denver Center for Performing Arts Matinee: The Outsiders ■

Winner of four 2024 Tony Awards®, including Best Musical, this classic coming-of-age story is set in Tulsa, Oklahoma in 1967, where Ponyboy Curtis, his best friend Johnny Cade and their family of Greaser “outsiders” dream about who they want to become in a world that will never accept them. Note: Tickets are non-refundable. Bring a packed lunch to eat on the bus enroute.

9/23	W	10:30 AM-5:00 PM	\$140	405932-04
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2026-27 LC LIVE SEASON | TICKETS ON SALE JULY 29



LCtix.com

the **LINCOLN** center

City of
Fort Collins

Fall Colors ●

Drive a portion of the Peak-to-Peak Scenic Byway. Pack your lunch and we'll take Highway 34 to Estes Park to eat. After lunch, we'll continue up Highway 7 on the scenic byway to Lyons. Along the way, we'll pass Twin Sisters, Long's Peak and Saint Malo Church.

9/25	F	11:00 AM-3:30 PM	\$37	405932-05
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Downtown Ghost Tour ▲

Discover the haunted history of Fort Collins! This 75-minute guided walking tour will take you through Old Town, visiting underground sites, old tunnels and sites not open to the public. Tickets are non-refundable after 8/21.

9/29	Tu	6:15 PM-8:45 PM	\$42	405932-06
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Estes Park's Elk Fest ▲

Estes Park's Elk Fest is a free, fun and educational annual event that celebrates the majestic elk and the beauty of autumn in Estes Park. Enjoy wildlife exhibits, Native American music and storytelling, craft vendors, live entertainment, a bugling contest and educational seminars. Ticket includes transportation only. Bring a packed lunch or purchase food in Estes.

10/3	Sa	9:00 AM-2:30 PM	\$37	405932-02
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Cheyenne Botanical Gardens ◆

Experience the dazzling variety of award-winning, curated displays of plants, shrubs and trees from around the world at the Cheyenne Botanical Gardens' brand-new Grand Conservatory. Afterward, we'll grab lunch at the Diamond Horseshoe Cafe. Note: Lunch cost is on your own.

10/7	W	9:00 AM-3:30 PM	\$44	405932-08
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Mob Tour Denver ●

On this bus tour through North Denver's Little Italy, explore former social clubs, homes and haunts of some of Denver's most influential mobsters and uncover the truth behind many of these legends. After, enjoy an Italian lunch at a former mob-run restaurant. Note: Fee includes transportation and guided tour.

10/13	Tu	9:00 AM-3:45 PM	\$81	405955-01
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10/15	Th	9:00 AM-3:45 PM	\$81	405955-02
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Stanley Hotel Ghost Tour ◆

Journey to Estes Park and into the infamous Stanley Hotel's "haunted" halls on this 75-minute, private walking tour. Note: Tour involves uneven surfaces, possibly stairs and limited wheelchair accessible features. Price includes transportation, tickets and gratuity.

10/27	Tu	1:30-5:00 PM	\$86	405932-09
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Museum of Illusions ◆

The Museum of Illusions is a mixture of education and entertainment with more than 50 hands-on, mind-bending illusions that teach you about perception and the human brain. Dress in comfortable, stretchy clothing as the illusion rooms, installations and holograms let you defy gravity, grow and shrink your body, walk into a life-size kaleidoscope and play tricks on your senses. We'll have lunch in the area after; lunch cost is your own. Note: tickets are non-refundable after 10/15.

11/4	W	9:15 AM-3:30 PM	\$82	405932-07
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Georgetown Christmas Market ◆

Enjoy the 66th Annual Georgetown Christmas Market, where Christmas hasn't changed in 101 years. Enjoy appearances by St. Nicholas in his traditional dress, Santa Lucia, carolers in Victorian costume, dancers and other entertainment. Note: Fee includes transportation. Georgetown is at 9,600 ft. Dress appropriately for the season including footwear with good grips. If canceled due to weather, makeup date is 12/12.

12/5	Sa	8:00 AM-5:00 PM	\$82	405978-01
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Candlelight Dinner Theater – Irving Berlin's Holiday Inn ■

Based on the classic film, this joyous musical features thrilling dances, laugh-out-loud comedy and many hit Irving Berlin songs, including "Heat Wave," "Blue Skies," "White Christmas," "Steppin' Out With My Baby," "Be Careful, It's My Heart," "Cheek to Cheek," "Shaking the Blues Away" and more! Note: Fee includes ticket, dinner and gratuity. Dessert cost is on your own. Tickets are non-refundable after 9/4.

12/15	Tu	4:30-10:30 PM	\$148	405934-02
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YOUTH AND FAMILY PROGRAMS

AQUATICS

Youth and family programs are held at Edora Pool Ice Center unless otherwise noted.

General Info

Open Lap Swimming

Current open lap lane schedules are available online at FortCollins.gov/Recreation. Please see the corresponding facility page for specific schedules. Lap lane schedules are available for Edora Pool Ice Center, Mulberry Pool and Fort Collins Senior Center. Schedules are subject to change. Lane sharing is required during open swim. If three or more swimmers are using a lane, circle swimming is required.

Adult Supervision Requirements

Children under the age of 8 years must be accompanied by a parent/guardian who is at least 15 years of age. The parents, guardians, leaders or chaperons of the group must pay admission, be wearing a swimsuit and actively participating in the water with the child.

To provide a safe pool experience, we require adult supervision for swimming groups:

# of children	Age	# of in-water adult supervisors
1-6*	1-7 years	1
1-10	8-11 years	1
1-20	12 years and up	1

*Children aged 8 years and older who cannot swim or touch the bottom of the pool should be included in this age group. Groups not complying with the above ratio are not permitted to swim.

Additional family pool classes are listed on [page 66 and 67](#).

SCUBA PROGRAMS

Discover Snorkeling

Learn tips and the proper technique for snorkeling. Registration includes use of mask, fins, snorkel, booties and wetsuit, or personal gear may be worn. Must be able to swim at least 25 yards using the front crawl. Note: Children under 8 years of age should be accompanied by a parent or guardian. Prior to class start, call Colorado Scuba Diving Academy (CSDA) at 970-286-0072 to complete required paperwork.

Age: 5 years and up

Location: Edora Pool Ice Center

9/12	Sa	11:30 AM-12:30 PM	\$35	401353-01
11/21	Sa	11:30 AM-12:30 PM	\$35	401353-02
12/19	Sa	11:30 AM-12:30 PM	\$35	401353-03

Location: Mulberry Pool

10/17	Sa	11:30 AM-12:30 PM	\$35	401253-01
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Discover Scuba Diving

Under the direct supervision of a Professional Association of Diving Instructors (PADI) professional, learn how to use scuba equipment in shallow water and what it takes to explore the underwater world. Note: Prior to class start, call Colorado Scuba Diving Academy (CSDA) at 970-286-0072 to complete required paperwork.

Age: 10 years and up

Location: Edora Pool Ice Center

9/12	Sa	11:30 AM-12:30 PM	\$39	401352-01
11/21	Sa	11:30 AM-12:30 PM	\$39	401352-02
12/19	Sa	11:30 AM-12:30 PM	\$39	401352-03

Location: Mulberry Pool

10/17	Sa	11:30 AM-12:30 PM	\$39	401252-01
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Scuba Challenge

For experienced divers who want to practice skills. Challenges are set up and include some dryland information. Note: Current Professional Association of Diving Instructors (PADI) certification required. If equipment is needed, call Colorado Scuba Diving Academy (CSDA) at 970-286-0072 one week prior to class start.

Age: 10 years and up

9/9	W	6:30-8:30 PM	\$28	401356-01
9/23	W	6:30-8:30 PM	\$28	401356-02
10/7	W	6:30-8:30 PM	\$28	401356-03
10/21	W	6:30-8:30 PM	\$28	401356-04
11/4	W	6:30-8:30 PM	\$28	401356-05
11/18	W	6:30-8:30 PM	\$28	401356-06
12/2	W	6:30-8:30 PM	\$28	401356-07
12/16	W	6:30-8:30 PM	\$28	401356-08

LIFEGUARD TRAINING PROGRAMS

Junior Lifeguard

This course will provide basic water safety training and introduce participants to the duties and responsibilities of a lifeguard; however, this course will not certify anyone to be a lifeguard. Objectives include water safety practices, basic first aid, aquatic rescue techniques, lifeguarding rotations and standards and more. Designed to provide a foundation of knowledge, attitudes and skills in preparation for the American Red Cross Lifeguarding course. This course will meet on Sunday afternoons for one hour, for five weeks total.

Age: 12-16 years

See the Learn to Swim Schedule on [page 66 and 67](#) for session dates and times.

Lifeguard Training

This American Red Cross course provides entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies. Learn skills to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until EMS personnel take over. Online class content takes approximately seven hours to complete and must be done prior to the first day of class. Class fees may be reimbursed for participants who successfully pass the City of Fort Collins lifeguard class and work at the City of Fort Collins as a lifeguard for 90 consecutive days. For more information, email Aquatics@FortCollins.gov. Note: Must attend all classes and complete online learning before first day. Skill test on first day; continuation depends on passing. Pocket mask and certification fee included.

Age: 15 years (by the last day of class) and up

10/23	F	6:00-9:30 PM	401340-01
10/24-10/25	Sa,Su	8:00 AM-5:00 PM	401340-01
11/13	F	6:00-9:30 PM	401340-02
11/14-11/15	Sa,Su	8:00 AM-5:00 PM	401340-02
12/27	F	6:00-9:30 PM	401340-03
12/28-12/31	M-Th	10:00 AM-4:00 PM	401340-03

Lifeguard Recertification

Opportunity to review the course content in a formal course setting. Only individuals with a current American Red Cross lifeguarding/first aid/CPR/AED certificate may participate in a recertification course. Online class content takes approximately seven hours to complete and must be done prior to first day of class. Note: Must attend all classes and complete online learning before first day. Skill test on first day; continuation depends on passing. Certification fee included.

Age: 16 years and up

12/19	Sa	9:00 AM-7:00 PM	401341-01
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INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator, with reasonable accommodations. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit FortCollins.gov/ARO for more details.

LEARN TO SWIM

Learn to Swim Policies

- Waitlist and Cancellation Policy: The deadline for drops/changes for enrolled swimmers is seven days prior to the session start date. If the class you wish to register for is filled, you may place your name on a paid waiting list so that if a spot becomes available, we can move you in as quickly as possible. You will be notified via email if you are moved off the waitlist and enrolled. If there are no changes, refunds to waitlisted swimmers will be processed within the week following the date of the second class.
- At the discretion of the head instructor, if it is evident that a child is not water-ready before the second lesson and we are unable to fit them in the appropriate class, the head instructor will contact a parent for dismissal. A full refund is issued for the class.
- Class enrollment maximums ensure a safe learn to swim experience. Minimum enrollment for all classes is four participants.
- Make-up lessons are not available.
- Progress cards that are not picked up on the last day of class are held for one week at the lesson facility.
- To teach private lessons, coach or provide pool therapy in any facility, a contract must be completed and approved by the Recreation Department prior to any private teaching/therapy/coaching. Please email Aquatics@FortCollins.gov for more information.

LEARN TO SWIM LEVELS

Baby and Me

Age: 6 months-3 years

Introduces children to the water in a friendly environment. Parents learn how to support and hold their child properly while exploring basic water skills. One child per adult. Swim diapers or plastic pants must be used.

Preschool Levels

Age: 3-6 years

Preschool 1

Students are oriented to the aquatic environment and taught basic skills to help develop comfort in the water. In addition, students will learn to enter and exit the water independently and float with support. No previous experience is necessary.

Preschool 2

Students will build upon the basic skills learned in Preschool 1 and begin to learn independent aquatic locomotion skills. The introduction of arm and leg actions on the front and back will help in the development of future stroke work. Designed for children who can go underwater without hesitation and are comfortable floating on front and back with support.

Youth Levels

Age: 5-12 years

Level 1

Begin to build basic stroke skills on front and back. Designed for children who are comfortable going underwater, floating on their front and back with support and jumping into shallow water. No previous experience is necessary.

Level 2

Continue to develop freestyle and backstroke swimming and introduce breaststroke kick, rotary breathing and treading water. Designed for those who can comfortably glide on their front and back for five seconds with arm action and flutter kick on front and back using a kickboard.

Level 3

Improve upon previous skills and introduce breaststroke, dolphin kick and diving. Designed for children who can swim 10-15 yards (any stroke), jump into deep water and move to the side comfortably and are familiar with rotary breathing and breaststroke kick.

Level 4

Improve upon previous skills and endurance and introduce butterfly, turns and standing dives. Designed for those who can swim a full 25 yards of freestyle and/or backstroke and are familiar with breaststroke.

Level 5

Continue to perfect all four strokes. May be introduced to more competitive swimming aspects such as flip turns and starts. Designed for those who can swim efficiently 50 yards freestyle, tread water continuously for at least 30 seconds and are comfortable with backstroke, breaststroke and dolphin kick.

Skill Clinics

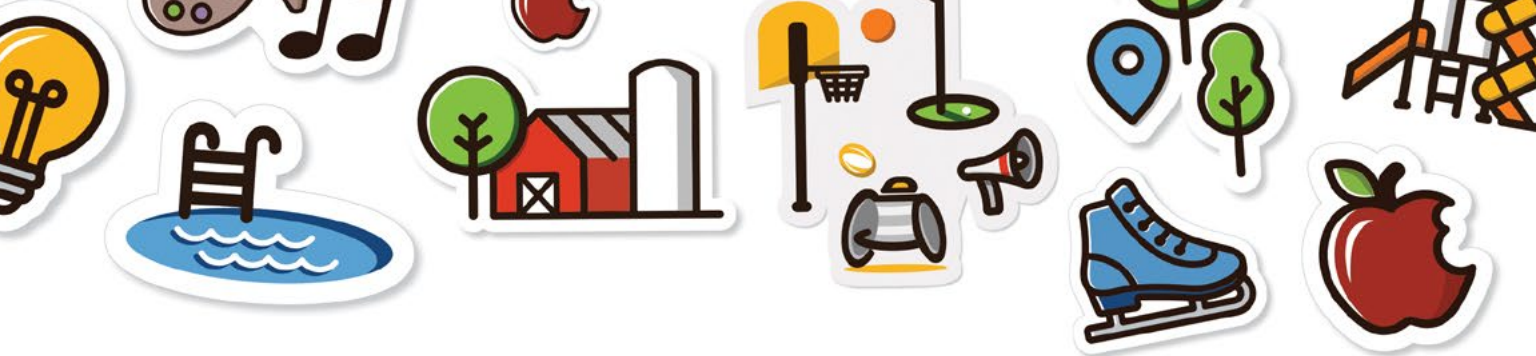
Age: 6-12 years

Meeting for just one week on a Monday and Wednesday for an hour, these clinics are designed to provide extra practice for more difficult swimming skills as a supplement to group lessons. Each clinic will specialize in a certain skill and build from the ground up using instruction, drills and individual feedback. Note: Clinics are designed for swimmers who are already comfortable going underwater or being in deeper water and can swim at least half of a 25-yard pool length on their front or back. View times, dates and program registration numbers in the Learn to Swim grid on [page 66 and 67](#).

Teen Swim Instruction

Age: 13-17 years

Designed for all levels of swimmer to gain basic skills, strokes and technique.



THE PARKS & REC APP IS HERE!

The Fort Collins Parks & Rec app puts programs, registration and schedules at your fingertips. Browse offerings, sign up for activities, check in at rec centers and stay connected—all from your phone.

**SCAN THE QR CODE OR SEARCH
FORT COLLINS PARKS & REC
TO DOWNLOAD THE APP
AND GET STARTED!**



LEARN TO SWIM CLASS SCHEDULE

SENIOR CENTER



Sunday Morning		Session 1	Session 2
		9/13-10/11	10/19-11/16
Class	Fee:	\$54.50	\$54.50
Baby and Me	9:30 AM	401410.41A	401410.42A
	10:05 AM	401410.41B	401410.42B
	10:40 AM	401410.41C	401410.42C
	11:15 AM	401410.41D	401410.42D
Level 1	9:30 AM	401422.41A	401422.42A
	10:05 AM	401422.41B	401422.42B
	10:05 AM	401424.41A	401424.42A
Level 2	11:15 AM	401424.41B	401424.42B
	9:30 AM	401426.41A	401426.42A
	10:40 AM	401426.41B	401426.42B
Level 3	10:40 AM	401438.41A	401438.42A
	11:15 AM	401439.41A	401439.42A
	10:40 AM	401426.41C	401426.42C
Adult Intro	10:40 AM	401438.41A	401438.42A
Adult Stroke (45 min)	11:15 AM	401439.41A	401439.42A

EPIC



Monday/Wednesday Evening		Session 1	Session 2
		9/14-10/7	10/19-11/11
Class	Fee:	\$86.00	\$86.00
Baby and Me	4:45 PM	401310.11A	401310.12A
	5:20 PM	401310.11B	401310.12B
	5:55 PM	401310.11C	401310.12C
	4:45 PM	401316.11A	401316.12A
Preschool 1	5:55 PM	401316.11B	401316.12B
	5:20 PM	401318.11A	401318.12A
Preschool 2	6:30 PM	401318.11B	401318.12B
	4:45 PM	401322.11A	401322.12A
Level 1	5:55 PM	401322.11B	401322.12B
	6:30 PM	401322.11C	401322.12C
Level 2	5:20 PM	401324.11A	401324.12A
	6:30 PM	401324.11B	401324.12B
Level 3	5:55 PM	401326.11A	401326.12A
Level 4	4:45 PM	401328.11A	401328.12A
Level 5	5:20 PM	401330.11A	401330.12A
Adult Intro	6:30 PM	401338.11A	N/A
Adult Stroke (30 min)	6:30 PM	N/A	401339.12A
SKILLS CLINICS - Monday, 10/12 and Wednesday, 10/14 - EPIC Fee: \$32			
Freestyle and Rotary Breathing		4:30-5:30 PM	401332.01
Diving and Starts		5:30-6:30 PM	401332.02
Backstroke		6:00-7:00 PM	401332.03

MULBERRY POOL

Tuesday/Thursday Evening		Session 1 9/15-10/8	Session 2 10/20-11/12
Class	Fee:	\$82.00	\$82.00
Preschool 1	4:45PM	401216.21A	401216.22A
	5:55PM	401216.21B	401216.22B
	6:30PM	401216.21C	401216.22C
Preschool 2	4:45 PM	401218.21A	401218.22A
	5:20 PM	401218.21B	401218.22B
	5:55 PM	401218.21C	401218.22C
Level 1	4:45 PM	401222.21A	401222.22A
	5:20 PM	401222.21B	401222.22B
	6:30 PM	401222.21C	401222.22C
Level 2	5:20 PM	401224.21A	401224.22A
	5:55 PM	401224.21B	401224.22B
	6:30 PM	401224.21C	401224.22C
Level 3	4:45 PM	401226.21A	401226.22A
	5:55 PM	401226.21B	401226.22B
Level 4	5:20 PM	401228.21A	401228.22A
Level 5	6:30 PM	401230.21A	401230.22A

Saturday Morning		Session 1 9/12-10/10	Session 2 10/7-11/14
Class	Fee:	\$54.50	\$54.50
Preschool 1	9:30 AM	401216.31A	401216.32A
	10:05 AM	401216.31B	401216.32B
	10:40 AM	401216.31C	401216.32C
Preschool 2	9:30 AM	401218.31A	401218.32A
	10:05 AM	401218.31B	401218.32B
	10:40 AM	401218.31C	401218.32C
	11:15 AM	401218.31D	401218.32D
Level 1	9:30 AM	401222.31A	401222.32A
	11:15 AM	401222.31B	401222.32B
Level 2	10:05 AM	401224.31A	401224.32A
	11:15 AM	401224.31B	401224.32B
Level 3	9:30 AM	401226.31A	401226.32A
	10:40 AM	401226.31B	401226.32B
Level 4	10:05 AM	401228.31A	401228.32A
Level 5	11:15 AM	401230.31A	401230.32A
Teen	10:40 AM	401235.31A	401235.32A



Sunday Afternoon		Session 1 9/14-10/12	Session 2 10/19-11/16
Class	Fee:	\$54.50	\$54.50
Preschool 1	3:15 PM	401216.41A	401216.42A
	3:50 PM	401216.41B	401216.42B
	4:25 PM	401216.41C	401216.42C
Preschool 2	3:15 PM	401218.41A	401218.42A
	3:50 PM	401218.41B	401218.42B
	5:00 PM	401218.41C	401218.42C
Level 1	3:15 PM	401222.41A	401222.42A
	3:50 PM	401222.41B	401222.42B
	5:00 PM	401222.41C	401222.42C
Level 2	3:50 PM	401224.41A	401224.42A
	4:25 PM	401224.41B	401224.42B
	5:00 PM	401224.41C	401224.42C
Level 3	3:15 PM	401226.41A	401226.42A
	4:25 PM	401226.41B	401226.42B
	5:00 PM	401226.41C	401226.42C
Level 4	3:50 PM	401228.41A	401228.42A
	4:25 PM	401228.41B	401228.42B
Level 5	4:25 PM	401230.41A	401230.42A
Adult Intro	3:15 PM	401238.41A	401238.42A
Adult Stroke (45 min)	5:00 PM	401239.41.A	401239.42.A
Junior Lifeguarding (1 hr)	4:45 PM	401242.41A	401242.42A

CREATIVE ARTS

ARTS AND CRAFTS



DRAWING

Cartoon Essentials

Whether a beginner or advanced artist, work to hone your skills and personal style through fun drawing lessons and individual time. Students will learn the basics of cartooning whether it's traditional, funny or Manga. Instructor will work individually with each student to improve their personal style. Bring a pencil and sketchbook or tablet if digital art is your preferred choice.

Age: 13 years and up

9/8-10/13	Tu	4:30-6:30 PM	\$87	403407-01
12/1-1/5	Tu	4:30-6:30 PM	\$87	403407-02
10/20-11/24	Tu	4:30-6:30 PM	\$87	403407-03

POTTERY

The Pottery Studio is a robust, fully functioning studio that offers classes for all ages and skill levels. All programs are held at the Pottery Studio (1541 W. Oak St.) unless otherwise noted. For more information on pottery policies, see [page 27](#).

CHILD AND CAREGIVER PROGRAMS

Parent and Tot Mud, Handbuilding AC

Adult and child combine their talents in this unique pottery class. Projects vary, so it is possible to register for classes as many times as you wish. Note: Registration cost includes one adult and one child. Adult must remain the same for entire five-week session. Each additional person is \$50.

*Indicates 4-week session.

Age: 3-6 years

9/14-10/5	M	2:30-3:30 PM	\$81*	404801-01
10/19-11/16	M	2:30-3:30 PM	\$101	404801-02
9/10-10/8	Th	2:30-3:30 PM	\$101	404801-03
10/15-11/12	Th	2:30-3:30 PM	\$101	404801-04

Additional Person

9/14-10/5	M	2:30-3:30 PM	\$41*	404801-01A
10/19-11/16	M	2:30-3:30 PM	\$51	404801-02A
9/10-10/8	Th	2:30-3:30 PM	\$51	404801-03A
10/15-11/12	Th	2:30-3:30 PM	\$51	404801-04A

LEGEND



Classes in which adults are required to attend



Denotes no web registration for program

Family Fun Night Out AC

Have a night out on the town while squishing, rolling, pinching and painting clay into whimsical and functional shapes. Learn some of the basics of clay. Each week offers a different experience for the whole family.

Note: Registration cost includes two individuals; each additional person is \$30.

Age: 8 years and up

Snail Bowls

9/6	Su	4:00-5:30 PM	\$60	404828-01
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Monsters

9/20	Su	4:00-5:30 PM	\$60	404828-02
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Witch Cauldrons

10/4	Su	4:00-5:30 PM	\$60	404828-03
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Jack-O'-Lanterns

10/18	Su	4:00-5:30 PM	\$60	404828-04
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Fancy Platters

11/8	Su	4:00-5:30 PM	\$60	404828-05
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Turkeys

11/22	Su	4:00-5:30 PM	\$60	404828-06
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Additional Person

9/6	Su	4:00-5:30 PM	\$30	404828-01A
9/20	Su	4:00-5:30 PM	\$30	404828-02A
10/4	Su	4:00-5:30 PM	\$30	404828-03A
10/18	Su	4:00-5:30 PM	\$30	404828-04A
11/8	Su	4:00-5:30 PM	\$30	404828-05A
11/22	Su	4:00-5:30 PM	\$30	404828-06A

Parent, Teen and Youth Wheel and Handbuilding AC

Explore the world of clay together. Make functional pots and whimsical, imaginative clay objects while learning how to use the potter's wheel and handbuilding techniques. Note: Registration cost includes one adult and one child. Each additional person is \$75.

Age: 10-17 years

9/11-10/9	F	5:15-6:45 PM	\$151	404845-01
10/16-11/13	F	5:15-6:45 PM	\$151	404845-02

Additional Person

9/11-10/9	F	5:15-6:45 PM	\$75	404845-01A
10/16-11/13	F	5:15-6:45 PM	\$75	404845-02A

Thrown Together AC

Adult and child explore basics of forming techniques on pottery wheels. Create functional and decorative pottery and learn the basics of wedging, centering, throwing, trimming, surface decoration and glazing. Note: Registration cost includes one child and one adult. Adult must remain the same for entire session. No additional attendees available.

Age: 10-17 years

10/15-11/12	Th	4:00-5:30 PM	\$151	404825-02
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Thrown Together More AC

Adult and child explore basics of forming techniques on pottery wheels. Create functional and decorative pottery and learn the basics of wedging, centering, throwing, trimming, surface decoration and glazing. Note: Registration cost includes one child and one adult. Adult must remain the same for entire session. No additional attendees available.

Age: 10-17 years

9/8-11/10	Tu	4:15-5:45 PM	\$301	404824-01
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YOUTH-ONLY PROGRAMS

Homeschool Clay

Learn clay basics while in homeschool. Basic skills and techniques taught. Tools provided. For children 5-14, some parent assistance may be required.

Age: 5-14 years

9/9-10/7	W	2:45-4:00 PM	\$101	404812-01
10/14-11/11	W	2:45-4:00 PM	\$101	404812-02

Child Handbuilding

Create interesting clay projects while learning various methods of forming and glazing. New projects introduced each session.

*Indicates 4-week session.

Age: 6-9 years

9/14-10/5	M	4:00-5:15 PM	\$81*	404805-01
10/12-11/9	M	4:00-5:15 PM	\$101	404805-02

Youth Wheel and Handbuilding

Learn basic potter's wheel skills, along with handbuilding and other skills and techniques.

Age: 9-13 years

9/9-10/7	W	4:00-5:30 PM	\$101	404810-01
10/14-11/11	W	4:00-5:30 PM	\$101	404810-02

City of
Fort Collins

SPORTS FOR ALL

Adult team sports are a great way to meet new people while doing an activity you love – or trying something new.

Choose from a variety of activities, from kickball to basketball to flag football.



SIGN UP NOW

FortCollins.gov/WebTrac



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DANCE AND MOVEMENT

CHILD AND CAREGIVER PROGRAMS

Tip Toes and Tutus ^{AC}

Discover movement with your child through a structured class to explore dance concepts and gross motor activities. Each week will have a different theme that caregivers and children work on together. Note: Class will not be held on 11/23.

Age: 1-2 years

Location: Foothills Activity Center

9/14-10/19	M	9:30-10:00 AM	\$96	421510-01
11/2-12/14	M	9:30-10:00 AM	\$96	421510-02

YOUTH-ONLY PROGRAMS

Ballet and Tap

Learn the basics of ballet and tap through correct technique, terminology, rhythm, putting steps together, games and the use of imagination! Note: Class will not be held on 11/23.

Age: 3-5 years

Location: Foothills Activity Center

9/14-10/19	M	10:30-11:15 AM	\$114	421513-01
11/2-12/14	M	10:30-11:15 AM	\$114	421513-02

Creative Movement

Explore the world of movement through story and song! Each week will showcase different stories and themes. Note: Class will not be held on 11/25.

Age: 3-5 years

Location: Foothills Activity Center

9/16-10/21	W	9:30-10:15 AM	\$114	421511-01
11/4-12/16	W	9:30-10:15 AM	\$114	421511-02

Hip Hop

This age-appropriate hip hop class introduces students to a funky style based on street dance, encouraging your dancer to move while incorporating fun, games and imagination. Note: Class will not be held on 11/24.

Age: 3-5 years

Location: Foothills Activity Center

9/15-10/20	Tu	9:30-10:15 AM	\$114	421516-01
11/3-12/15	Tu	9:30-10:15 AM	\$114	421516-02

LEWIS TENNIS

- Tennis-Based Youth Development and Adult Programs
 - Junior Programs (4-18 years old)
 - Middle and High School Programs
 - Adult Programs
 - League Coaching
 - Private Lessons
 - Clinics for All Levels
 - Complete Pro Shop, including racquet stringing!
 - Tournaments
 - Round Robins

For more information, visit lewistennis.com or call 970-493-7000.

Jazz/Ballet

Learn the basics of jazz and ballet in this fast-paced class. Explore a variety of styles, learn fundamental techniques and develop coordination, flexibility and musicality. Note: Class will not be held on 11/24.

Age: 5-7 years

Location: Foothills Activity Center

9/15-10/20	Tu	5:30-6:15 PM	\$114	421515-01
11/3-12/15	Tu	5:30-6:15 PM	\$114	421515-02

NEW! PERFORMANCE CLASSES

Performance Path classes prepare your dancer to perform on stage at the end of the school year. An additional recital fee of \$50 will be required to cover costumes. This fee will be added to household accounts and will require payment by the designated due date. The recital will take place on May 22. Full recital details including time, dress rehearsals, costume details, etc. will be provided closer to the recital date.

Registration is for the full school year (September 2026-May 2027). Class fees are broken down into fall and spring payments. Fall payment is due upon registration and secures your registration in the spring class. Spring fees will be added in December and are due on Jan 1.

Ballet and Tap Performance

Learn the basics of ballet and tap along with the ability to perform on stage. Students explore technique, terminology, rhythm and how to put steps together. Note: Class will not be held on 11/23, 11/24, 12/21, 12/22, 3/15 and 3/16.

Age: 3-5 years

Location: Foothills Activity Center

Tu	10:30-11:15 AM	421503-01
Fall 2026	9/8-12/29	\$285
Spring 2027	1/5-5/18	\$361

Age: 5-7 years

Location: Mulberry Pool

M	5:30-6:15 PM	421503-02
Fall 2026	9/14-12/28	\$266
Spring 2027	1/4-5/17	\$361

Jazz Performance

Learn the basics of jazz dance along with the ability to perform onstage. Students explore a variety of jazz dance styles, learn fundamental techniques and develop coordination, flexibility and musicality. Note: Class will not be held on 11/24, 11/25, 12/22, 12/23, 3/16 and 3/17.

Age: 5-7 years

Location: Foothills Activity Center

Tu	4:30-5:15 PM	421505-01
Fall 2026	9/8-12/29	\$285
Spring 2027	1/5-5/18	\$361

Age: 8-11 years

Location: Foothills Activity Center

W	4:30-5:15 PM	421505-02
Fall 2026	9/9-12/30	\$285
Spring 2027	1/6-5/19	\$361

Hip Hop Performance

This age-appropriate hip hop class introduces students to a funky style based on street dance. Note: Class will not be held on 11/23, 11/25, 11/26, 12/21, 12/23, 3/15, 3/17 and 3/18.

Age: 3-5 years

Location: Mulberry Pool

M	4:30-5:15 PM	421506-01
Fall 2026	9/14-12/28	\$266
Spring 2027	1/4-5/17	\$361

Age: 5-7 years

Location: Foothills Activity Center

W	5:30-6:15 PM	421506-02
Fall 2026	9/9-12/30	\$285
Spring 2027	1/6-5/19	\$361

Age: 8-10 years

Location: Foothills Activity Center

Th	5:30-6:15 PM	421506-03
Fall 2026	9/10-12/17	\$266
Spring 2027	1/7-5/20	\$361

Musical Theatre Performance

Step into the spotlight and discover the exciting world of musical theatre! In this fun and energetic class, students will learn the basics of acting and dancing while building confidence and creativity. Note: Class will not be held on 11/26 and 3/18.

Age: 7-10 years

Location: Foothills Activity Center

Th	4:30-5:15 PM	421508-01
Fall 2026	9/10-12/17	\$266
Spring 2027	1/7-5/20	\$361

LEGEND



Classes in which adults are required to attend



Denotes no web registration for program

EARLY LEARNING

CHILD AND CAREGIVER PROGRAMS

Tot Gym AC NW

Bring the little ones in for some fun gym time. Balls, blocks, a mini obstacle course and other activities are set up. Children must be accompanied by an adult. Registration is not required, and a \$4 drop-in fee per child is paid upon arrival. Free admission for adults and non-participating babies under the age of 1 accompanying an older sibling.

Age: 1-5 years

Location: Northside Aztlan Community Center

9/8-12/30	M-F	10:00 AM-Noon	\$4 Drop-in fee
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Location: Foothills Activity Center

9/8-1/29	Tu, Th	10:30-11:45 AM	\$4 Drop-in fee
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Little Scientists AC

Foster curiosity in your young learner by working alongside them to conduct fun experiments in this hands-on science class. Note: Class will not be held on 10/15.

Age: 1.5-3 years

Location: Foothills Activity Center

9/10-9/24	Th	9:30-10:15 AM	\$60	417520-01
10/1-10/29	Th	9:30-10:15 AM	\$80	417520-02
11/5-11/19	Th	9:30-10:15 AM	\$60	417520-03
12/3-12/17	Th	9:30-10:15 AM	\$60	417520-04

Small Hands, Big Messy Art AC

Children and caregivers create hands-on, unique masterpieces as they explore a variety of materials including paint, playdough and more!

Age: 1.5-3 years

Location: Foothills Activity Center

9/8-9/29	Tu	9:30-10:15 AM	\$80	417521-01
10/6-10/27	Tu	9:30-10:15 AM	\$80	417521-02
11/3-11/17	Tu	9:30-10:15 AM	\$60	417521-03
12/1-12/15	Tu	9:30-10:15 AM	\$60	417521-04

PRESCHOOL PREP CLASSES

Funtime Discovery

Attention is directed through structured stories and circle games, while opportunities for sensory experiences, process art and cooperative play provide a positive first step to independent learning. Note: A caregiver is required to stay and participate as needed.

Age: 2.5-3 years

Location: Foothills Activity Center

Superheroes to the Rescue

9/9-9/30	M,W	9:30-10:30 AM	\$147	417530-01
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Let's Make Music

10/5-10/28	M,W	9:30-10:30 AM	\$168	417530-02
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Wild About Animals

11/2-11/18	M,W	9:30-10:30 AM	\$126	417530-03
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Holiday Treasures

11/30-12/16	M,W	9:30-10:30 AM	\$126	417530-04
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Funtime Discovery Movin' On Up - NEW!

This class is designed to support a gentle and reassuring transition for both children and parents as families are introduced to the world of preschool readiness. This new class is school year-based and runs from September-May. During the fall semester (September-December), parents will attend class with their child, allowing families to build comfort and familiarity within the classroom environment. During the spring semester (January-May), parents will step out and attend a parent-specific class next door, led by a variety of facilitators. Parent topics will include potty training, nutrition, transitions, behaviors and more. Class fees are broken down into fall and spring payments. Fall payment is due upon registration and secures your registration in the spring class. Spring fees will be added in December and are due on Jan. 1. Note: Class will not be held on 10/16, 11/27, 3/19 and 4/16.

Age: 2.5-3 years

Location: Foothills Activity Center

F	9:30-11:00 AM	417531-01
Fall 2026	9/11-12/18	\$286
Spring 2027	1/8-5/7	\$352

LEGEND



Classes in which adults are required to attend



Denotes no web registration for program



FUNTIME PRESCHOOL PROGRAM

The Funtime Preschool Program is a quality-rated, state-licensed childcare program for children ages 3-5 years focused on the development of readiness skills through both child-directed discovery and teacher-led activities. Comprehensive curriculum content includes development of fine motor, cognitive, gross motor, social emotional and early literacy skills. The play-based, intentional approach encourages self-regulation, critical thinking and problem-solving. Funtime is a proud Universal Preschool (UPK) provider!

Registration is for the full fall/spring school year. Tuition is based on the number of scheduled class days in each semester. Full semester tuition is due by the 1st of each semester (September and January) or can be split into monthly payments based on the number of scheduled class days each month and is due on or before the first of each month.

Families enrolled in the Funtime Preschool class receive priority registration for the following school year in our Pre-K/UPK class. Additionally, enrolled families of 4-year-olds receive priority registration for our Summer Funtime Adventures program.

For information regarding registration or UPK information, please contact us at FuntimePreschool@FortCollins.gov.

FUNTIME PRESCHOOL CLASSROOMS - NEW!

This year, Funtime Preschool Program has two classrooms: Preschool (ages 3-4) and PreK/UPK (ages 4-5). Our program is open full days (8:30 a.m.-5 p.m.) with three registration options to help fit the diverse needs of families:

- 2-Day Registration: Tuesdays and Thursdays
- 3-Day Registration: Mondays, Wednesdays and Fridays
- 5-Day Registration: Monday-Friday

FALL 2026-SPRING 2027 SCHOOL YEAR

Funtime Preschool

Children must have turned 3 years old by Oct. 1, 2026, and be fully toilet trained. To reserve your space, you must register and pay a \$40 non-refundable registration fee.

2-Day Registration

Tu,Th	8:30 AM-5:00 PM	417500-01
Fall 2026	9/8-12/17	\$1,836
Spring 2027	1/5-5/13	\$2,380

Fall 2026: 3-Day Registration

M,W,F	8:30 AM-5:00 PM	417500-02
Fall 2026	9/9-12/18	\$2,535
Spring 2027	1/6-5/14	\$3,250

Fall 2026: 5-Day Registration

M-F	8:30 AM-5:00 PM	417500-03
Fall 2026	9/9-12/18	\$4,092
Spring 2027	1/5-5/14	\$5,270

Funtime Pre-K and Universal Preschool (UPK)

The Colorado Universal Preschool (UPK) program provides 15 hours of free, high-quality preschool to every Colorado child in their year before entering kindergarten. The remaining hours per week are tuition based. Registration is not available online through the Recreation software. Registration must take place through the UPK portal at UPK.Colorado.gov. Enrollment deadlines and matching round dates are set by UPK. For full registration details and UPK enrollment dates, visit our website at FortCollins.gov/FuntimePreschool. For questions regarding the registration process or to inquire about the program, please email FuntimePreschool@FortCollins.gov. Note: Children must have turned 4 years old by Oct. 1, 2026 and be fully toilet trained.

2-Day Registration (select "Other: 17 hours per week" in the UPK Application)

Fall 2026	9/8-12/17	Tu,Th	\$216
Spring 2027	1/5-5/13	Tu,Th	\$280

3-Day Registration (select "Other: 25 hours per week" in the UPK Application)

Fall 2026	9/9-12/18	M,W,F	\$1,053
Spring 2027	1/6-5/14	M,W,F	\$1,350

5-Day Registration (select "Extended Day 41+ hours per week" in the UPK Application)

Fall 2026	9/9-12/18	M-F	\$2,640
Spring 2027	1/5-5/14	M-F	\$3,400



FARM

All classes in The Farm section take place at The Farm at Lee Martinez Park unless otherwise noted.

CHILD AND CAREGIVER PROGRAMS

Classes in this section are for one parent and one child to enjoy together.

Li'l Dumplin' Farmers AC

Enjoy this special class with your 2-year-old. Explore the barnyard and participate in farm chores including gathering eggs and feeding the pigs. After chores are done, the class will have a picnic lunch with the animals. Note: Bring a packed lunch. Class will not be held on 9/7.

Age: 2 years

8/31-9/21	M	11:00 AM-Noon	\$43	408609-01
9/28-10/12	M	11:00 AM-Noon	\$43	408609-02

Li'l Dumplin's and Beyond AC

This Dumplin' class brings all the favorite chores Lil' Dumplin's enjoy, plus a few added touches. Along with gathering eggs, farm chores and riding the ponies, we will create a mini-scrapbook using pictures taken during class, and each Dumplin' will receive a souvenir T-shirt. Note: Class will not be held on 9/7.

Age: 2 years

8/31-9/21	M	9:30-10:30 AM	\$58	408624-01
9/28-10/12	M	9:30-10:30 AM	\$58	408624-02

Pony Riding Lessons AC

Round 'em up and bring those cowpokes to The Farm where both you and your child will learn to groom and saddle a pony. Lead your child's pony as they learn the basics of riding. Note: Other children may not attend this class since you are a full-time participant with your pony rider. Both parent and child need to wear closed-toed shoes.

Age: 3-5 years

9/12-10/3	Sa	9:30-10:30 AM	\$81	408614-03
9/13-10/4	Su	10:30-11:30 AM	\$81	408614-05

Breakfast with Santa AC

Join Santa for muffins, milk and memories! All the boys and girls on his list will join him for a hayride. A special gift from Santa will highlight the morning. Bring your camera. Note: Registration includes one child and one adult.

Age: 3-5 years

12/4	F	9:00-10:00 AM	\$36	408622-01
12/5	Sa	9:00-10:00 AM	\$36	408622-02
12/6	Su	9:00-10:00 AM	\$36	408622-03

YOUTH-ONLY PROGRAMS

Little Peepers

Explore the barnyard by gathering eggs, learning about cow's milk and reading stories in the hayloft.

Age: 3 years

9/8-9/22	Tu	9:00-10:00 AM	\$38	408610-04
9/8-9/22	Tu	10:15-11:15 AM	\$38	408610-06

Pee Wee Farmers

A favorite since The Farm opened, Pee Wee Farmers teaches kids what life on a farm is like through hands-on experience. Take a hayride, gather eggs, do crafts, learn about the barnyard animals and ride the ponies.

Age: 4-5 years

9/1-9/22	Tu	1:30-3:00 PM	\$63	408606-01
9/2-9/23	W	9:30-11:00 AM	\$63	408606-02
9/4-9/25	F	9:30-11:00 AM	\$63	408606-05
9/4-9/25	F	1:30-3:00 PM	\$63	408606-06

After School Farmers

Experience life on a farm by participating in farm activities, including hands-on learning about the animals, hayrides, feeding the animals and some surprises too!

Age: 6-10 years

9/2-9/23	W	4:00-5:30 PM	\$62	408601-01
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The Great Pumpkin

All things pumpkin, Charlie Brown style! Join us in the barn for a story, snacks and creation of a classic Peanuts costume. We might even find the Great Pumpkin!

Age: 6-10 years

10/3	Sa	9:00-10:30 AM	\$21	408635-01
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Pony Pals

Ponies are curious creatures. Join us as we explore their personality types, create crafts and enjoy the company of our equine friends. We have a lot of special surprises planned! Note: This class does not include riding.

Age: 6-10 years

9/5-9/26	Sa	3:30-4:30 PM	\$62	408621-01
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Santa on The Farm

Enjoy a special time with Santa, making s'mores, doing crafts and even having a snowball fight! Plus, enjoy a visit with the animals.

Age: 6-10 years

12/5	Sa	Noon-1:30 PM	\$20	408629-01
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ICE SKATING

Public Skate

Lace up and get on the ice. Rinks are open for public skate at various dates and times throughout the week. Visit FortCollins.gov/EPIC for a current schedule. See [page 4](#) for public skate admission fees. Note: Skate rentals are an additional \$3 fee.

HOCKEY

See more information about drop-in hockey for ages 16 years and older on [page 44](#).

Power Skating Drop-In

Hockey skaters develop power, agility and endurance. Program developed by two-time Olympic speed skater Jondon Trevena. Registration begins at 7 a.m. the day of each session. To register, visit FortCollins.gov/EPIC. Note: Full hockey gear required.

Age: 9 years and up
Cost: \$19

Stick and Puck Drop-In

Open session to develop hockey skills. Registration begins at 7 a.m., the day of each session. To view schedule or register, visit FortCollins.gov/EPIC. Note: Hockey specific helmet, gloves, stick and shin guards required. Full equipment recommended for younger skaters. Pucks not provided; games and drills not allowed.

Age: All

Try Hockey for Free Days

Sessions are for kids who have never played hockey before and would like to try it before making a larger commitment. Participants will spend a session working on beginner skating and puck skills in a fun environment. A full set of loaner equipment, including rental skates and sticks, are provided. More information is available at FortCollins.gov/EPIC. Prerequisite: Snowplow Sam 1 and 2 or Basic 1 Skate.

Age: 4-8 years

Cub Hockey

Focus on basic hockey and skating skills. Practice is held on Tuesdays; recreational games are held on Thursdays. Prerequisite: Snowplow Sam 1 and 2 or Basic 1 Skate. Note: Full hockey gear required. Rental skates included. Full equipment is available to rent with \$150 deposit check. Sticks are available for purchase during equipment checkout for \$15. Equipment handout is Thursday, Sept. 10 from 4-6 p.m. Equipment should be returned immediately following last game of the session.

Age: 5-8 years

9/15-11/19	Tu,Th	4:15-5:00 PM	\$347	410372-01
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LEGEND



Classes in which adults are required to attend



Denotes no web registration for program



LEARN TO SKATE

Learn to Skate USA

Anyone enrolled in the Learn to Skate program at EPIC (Basic 1-Aspire 6) will officially have a membership in the United States Figure Skating (USFS) program. Additional information is available at LearnToSkateUSA.com and during all Learn to Skate classes.

General Information

- All ice programs are held at EPIC unless otherwise noted.
- Lessons are taught by Certified Learn to Skate USA Professionals and are in compliance with the United States Figure Skating Association.
- Parents may observe lessons from the upstairs bleachers; it is distracting and creates an obstruction for skaters and coaches to have parents at the gate or in the hockey boxes.
- Parents are welcome to skate with their child during the 15-minute practice time. Individuals are not allowed on the ice with their shoes on. EPIC's rental skates are available free of charge.
- The student-to-instructor ratio is one instructor for every 10 students. Any Snowplow Sam, Basic 1 or Basic 2 classes greater than 10 students include an additional assistant. Minimum for classes is five students; class levels may be combined to meet this minimum.
- Instructors have time in between classes to talk to parents and address their concerns. Be aware that some levels need to be repeated to master skills. Please see your coach with any concerns.
- The first day of each lesson is generally termed as Level Evaluation Day. On this day, instructors evaluate all participants in their assigned classes to make certain they have been correctly enrolled; if there is a problem, the instructor will discuss the best course of action with the parent. Students are moved if there is space available in the appropriate level of class.
- If the class you wish to register for is filled, you may place your name on a paid waiting list. We attempt to accommodate the demand for skating lessons by adding new classes; however, they may not be at the same time/day as the waiting list class.
- If you are unable to attend the last day of classes for testing, request a progress card from your coach on the last day you attend.

Proper Attire Includes:

- Helmet (not provided; required for Snowplow Sam 1-4 and strongly recommended for beginners)
- Gloves (thin, not ski mittens)
- Fleece or light weight jacket
- Loose or bulky clothing not recommended

Ice Explorers

Have a little one not yet ready to step on the ice? This fun class will explore the world of skating at a slower pace. Stretch, lace up skates, run around the boards, check out the Zamboni and more!

Age: 3-5 years

9/8-10/1	Tu,Th	9:00-9:30 AM	\$106	410301-01
9/8-10/1	Tu,Th	5:30-6:00 PM	\$106	410301-02
10/6-10/29	Tu,Th	9:00-9:30 AM	\$106	410301-03
10/6-10/29	Tu,Th	5:30-6:00 PM	\$106	410301-04

Snowplow Sam 1 and 2

Introduction to the ice at a relaxed pace. Learn to sit on the ice and stand up, march in place, the standing swizzle, dip, march forward, march forward with two-foot glide and introduction to backward wiggles and rocking horse.

Age: 4-5 years

9/8-10/1	Tu,Th	9:00-9:30 AM	\$114	410302-01
9/8-10/1	Tu,Th	5:30-6:00 PM	\$114	410302-02
9/12-10/17	Sa	10:45-11:15 AM	\$86	410302-03
9/12-10/17	Sa	11:30 AM-Noon	\$86	410302-04
10/6-10/29	Tu,Th	9:00-9:30 AM	\$114	410302-05
10/6-10/29	Tu,Th	5:30-6:00 PM	\$114	410302-06
11/3-11/19	Tu,Th	9:45-10:15 AM	\$86	410302-07
11/3-11/19	Tu,Th	5:30-6:00 PM	\$86	410302-08
12/1-12/17	Tu,Th	5:30-6:00 PM	\$86	410302-09

Snowplow Sam 3 and 4

Learn to march forward across ice, forward one-foot glide, two-foot turns, rocking horse, forward swizzles, snowplow stop, two-foot hop and backward wiggles. Prerequisite: Successful completion of Snowplow Sam 1 and 2.

Age: 4-5 years

9/8-10/1	Tu,Th	9:00-9:30 AM	\$114	410304-01
9/8-10/1	Tu,Th	5:30-6:00 PM	\$114	410304-02
9/12-10/17	Sa	10:45-11:15 AM	\$86	410304-03
9/12-10/17	Sa	11:30 AM-Noon	\$86	410304-04
10/6-10/29	Tu,Th	9:00-9:30 AM	\$114	410304-05
10/6-10/29	Tu,Th	5:30-6:00 PM	\$114	410304-06
11/3-11/19	Tu,Th	9:00-9:30 AM	\$86	410304-07
11/3-11/19	Tu,Th	5:30-6:00 PM	\$86	410304-08
12/1-12/17	Tu,Th	5:30-6:00 PM	\$86	410304-09

Basic 1 Skate

For skaters who have never skated before. Learn to sit and stand up, march forward, two-foot glide, glide with dip, forward two-foot swizzles, two-foot snowplow stop, two-foot hop, wiggles and introduction to forward one-foot glide.

Age: 5-15 years

9/8-10/1	Tu,Th	10:00-10:30 AM	\$117	410306-01
9/8-10/1	Tu,Th	5:30-6:00 PM	\$117	410306-02
9/8-10/1	Tu,Th	6:15-6:45 PM	\$117	410306-03
9/12-10/17	Sa	10:45-11:15 AM	\$89	410306-04
9/12-10/17	Sa	11:30 AM-Noon	\$89	410306-05
10/6-10/29	Tu,Th	10:00-10:30 AM	\$117	410306-06
10/6-10/29	Tu,Th	5:30-6:00 PM	\$117	410306-07
10/6-10/29	Tu,Th	6:15-6:45 PM	\$117	410306-08
11/3-11/19	Tu,Th	10:00-10:30 AM	\$89	410306-09
11/3-11/19	Tu,Th	5:30-6:00 PM	\$89	410306-10
12/1-12/17	Tu,Th	5:30-6:00 PM	\$89	410306-11

Basic 2 Skate

Learn forward glides, backward two-foot swizzles, two-foot glide, turns, snowplow stop and scooter pushes. Prerequisite: Successful completion of Basic 1 or 10-15 years and never skated.

Age: 5-15 years

9/8-10/1	Tu,Th	10:00-10:30 AM	\$117	410310-01
9/8-10/1	Tu,Th	5:30-6:00 PM	\$117	410310-02
9/12-10/17	Sa	10:45-11:15 AM	\$89	410310-03
9/12-10/17	Sa	11:30 AM-Noon	\$89	410310-04
10/6-10/29	Tu,Th	10:00-10:30 AM	\$117	410310-05
10/6-10/29	Tu,Th	5:30-6:00 PM	\$117	410310-06
11/3-11/19	Tu,Th	10:00-10:30 AM	\$89	410310-07
11/3-11/19	Tu,Th	10:00-10:30 AM	\$89	410310-08
12/1-12/17	Tu,Th	5:30-6:00 PM	\$89	410310-09

Basic 3 Skate

Learn stroking, forward pumping, forward slalom, two-foot turn, one-foot backward glide and backward snowplow stop. Prerequisite: Successful completion of Basic 2.

Age: 5-15 years

9/8-10/1	Tu,Th	5:30-6:00 PM	\$117	410314-01
9/12-10/17	Sa	10:45-11:15 AM	\$89	410314-02
10/6-10/29	Tu,Th	5:30-6:00 PM	\$117	410314-03
11/3-11/19	Tu,Th	5:30-6:00 PM	\$89	410314-04
12/1-12/17	Tu,Th	5:30-6:00 PM	\$89	410314-05



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Develop New Skills

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Basic 4 Skate

Learn stroking with power, backward one-foot glide, forward inside and outside edge on a circle, forward crossovers, backward pumps and two-foot spin.

Prerequisite: Successful completion of Basic 3.

Age: 5-15 years

9/8-10/1	Tu,Th	5:30-6:00 PM	\$117	410316-01
9/12-10/17	Sa	10:45-11:15 AM	\$89	410316-02
10/6-10/29	Tu,Th	5:30-6:00 PM	\$117	410316-03
11/3-11/19	Tu,Th	5:30-6:00 PM	\$89	410316-04
12/1-12/17	Tu,Th	5:30-6:00 PM	\$89	410316-05

Basic 5 Skate

Learn to control back outside and inside edge on a circle, backward crossovers, two-foot spin, hockey stop, side toe hop and forward outside three-turn.

Prerequisite: Successful completion of Basic 4.

Age: 5-15 years

9/8-10/1	Tu,Th	6:15-6:45 PM	\$117	410318-01
9/12-10/17	Sa	11:30 AM-Noon	\$89	410318-02
10/6-10/29	Tu,Th	6:15-6:45 PM	\$117	410318-03
11/3-11/19	Tu,Th	6:15-6:45 PM	\$89	410318-04
12/1-12/17	Tu,Th	6:15-6:45 PM	\$89	410318-05

Basic 6 Skate

Learn backward crossovers, forward inside three-turn, backward to forward two-foot turn, T-stop, bunny hop, forward straight line spiral and begin one foot spin. Prerequisite: Successful completion of Basic 5.

Age: 5-15 years

9/8-10/1	Tu,Th	6:15-6:45 PM	\$117	410322-01
9/12-10/17	Sa	6:15-6:45 PM	\$89	410322-02
10/6-10/29	Tu,Th	6:15-6:45 PM	\$117	410322-03
11/3-11/19	Tu,Th	6:15-6:45 PM	\$89	410322-04
12/1-12/17	Tu,Th	6:15-6:45 PM	\$89	410322-05

Pre-Free Skate

Learn forward inside open and closed mohawk, ballet jump, backward crossovers to backward outside edge, one-foot spin, stand still waltz jump, mazurka, combination move and forward and backward inside pivot. Prerequisite: Successful completion of Basic 6.

Age: 5-15 years

9/8-10/1	Tu,Th	6:00-6:45 PM	\$185	410326-01
10/6-10/29	Tu,Th	6:00-6:45 PM	\$185	410326-02
11/3-11/19	Tu,Th	6:00-6:45 PM	\$140	410326-03
12/1-12/17	Tu,Th	6:00-6:45 PM	\$140	410326-04

Skating Skills

Learn pre-preliminary and preliminary skating skills, including stroking, crossovers, forward and backward outside and inside consecutive edges, waltz eight, straight line spiral, figure eight crossovers, right and left three turns, consecutive spirals and alternating three turns. Prerequisite: Successful completion of Pre-Free Skate.

Age: 5 years and up

9/12-10/17	Sa	9:30-10:00 AM	\$86	410330-01
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Intro to Ice Dance

Learn Preliminary and/or Pre Bronze ice dance steps and patterns. Learn how to skate with a partner and prepare to take one or more dance tests. Prerequisite: Aspire/Pre-Free Skate. Note: Must be a USFS member to test.

Age: 5 years and up

9/8-9/29	Tu	6:45-7:15 PM	\$58	410346-01
10/6-10/27	Tu	6:45-7:15 PM	\$58	410346-02
11/3-11/17	Tu	6:45-7:15 PM	\$44	410346-03
12/1-12/15	Tu	6:45-7:15 PM	\$44	410346-04

ASPIRE ACADEMY

The next step in your skating journey! Each of these programs requires successful completion of Pre-Free Skate.

Aspire Academy 1 (Free Skate 1 and 2)

Focus on forward power stroking, basic forward outside and inside consecutive edges, backward outside three-turns, upright spin, half flip, toe loop, alternating forward outside and inside spirals on a continuous axis, beginning back spin, half lutz and salchow. Includes a 25-minute dynamic off-ice warmup.

Age: 5-15 years

9/8-10/1	Tu,Th	5:30-6:45 PM	\$185	410332-01
10/6-10/29	Tu,Th	5:30-6:45 PM	\$185	410332-02
11/3-11/19	Tu,Th	5:30-6:45 PM	\$140	410332-03
12/1-12/17	Tu,Th	5:30-6:45 PM	\$140	410332-04

Aspire Academy 2 (Free Skate 3 and 4)

Focus on alternating backward crossovers to back outside edges, alternating mohawk/crossover sequence, waltz three-turns, advanced back spin, loop jump, toe step sequence, forward power three-turns, waltz eight, forward upright spin to backward upright spin, sit spin, flip jump, stag jump or split falling leaf.

Age: 5-15 years

9/8-10/1	Tu,Th	5:30-6:45 PM	\$185	410334-01
10/6-10/29	Tu,Th	5:30-6:45 PM	\$185	410334-02
11/3-11/19	Tu,Th	5:30-6:45 PM	\$140	410334-03
12/1-12/17	Tu,Th	5:30-6:45 PM	\$140	410334-04

Aspire Academy 3 (Free Skate 5 and 6)

Focus on backward outside three-turn mohawk, five-step mohawk sequence, camel spin, waltz jump-loop jump combination, forward power pull, creative step sequence, camel-sit spin combination, layback or attitude spin, waltz jump-half loop-salchow jump sequence and axel.

Age: 5-15 years

9/8-10/1	Tu,Th	5:30-6:45 PM	\$185	410336-01
10/6-10/29	Tu,Th	5:30-6:45 PM	\$185	410336-02
11/3-11/19	Tu,Th	5:30-6:45 PM	\$140	410336-03
12/1-12/17	Tu,Th	5:30-6:45 PM	\$140	410336-04

OFF-ICE CONDITIONING SEMINARS

Taught by certified personal trainer Nancy Stilson-Herzong.

Body Roll Your Tissue Issues

Learn unique and effective ways to keep your body strong, reactive and uninjured using self-myofascial release techniques.

Age: 8 years and up

10/17	Sa	10:30 AM-Noon	\$35	410380-01
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INCLUSION SUPPORT

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TRAVEL

THROUGH

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TIME

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SCHOOL AGE ENRICHMENTS



AFTER-SCHOOL PROGRAMS

Kids Night In

Kids will enjoy a night of fun and games while family members run errands, get caught up on chores—or dare we say it—enjoy a date night out free of kids! Note: Sibling enrollment is discounted after one full-priced enrollment. Four-year-olds must be fully toilet trained and may only attend with a sibling ages 5-11 years.

Age: 4-11 years

Location: Northside Aztlan Community Center

Fly Away Home

9/18	F	5:00-8:00 PM	\$35	415590-01
Sibling			\$25	415590-02

Space Jam

11/20	F	5:00-8:00 PM	\$35	415590-05
Sibling			\$25	415590-06

Location: Fort Collins Senior Center

The Little Rascals

10/23	F	5:00-8:00 PM	\$35	415590-03
Sibling			\$25	415590-04

Friends4All

Make new friends, play games and practice social skills with other elementary-aged peers. Each session will utilize different recreational modalities to practice social skills and peer interactions.

Age: 5-10 years

Location: Northside Aztlan Community Center

9/11-10/2	F	4:30-6:00 PM	\$76	415586-01
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Location: Foothills Activity Center

10/23-11/13	F	4:30-6:00 PM	\$76	415586-02
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LEGO Engineering Enrichments

If you can imagine it, you can build it. Let your imagination run wild with tens of thousands of LEGO parts! All LEGO classes and camps are taught by an experienced Play-Well instructor.

Age: 6-10 years

Location: Edora Pool Ice Center

Celebrate Miniature Golf Day

9/18	F	4:00-5:30 PM	\$32	416770-01
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Spooktacular Halloween

10/23	F	4:00-5:30 PM	\$32	416770-02
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Pokémon Engineering

11/14	Sa	4:00-5:30 PM	\$32	416770-03
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Creative Chefs: I Made it Myself

These four-week culinary courses will focus on dishes your student can make mostly by themselves at home. They will learn the knife skills, food safety principles and foundational cooking techniques they need to start their culinary journey. You will have a sous chef helping you with meals in no time!

Age: 8-11 years

Location: Northside Aztlan Community Center

Vegetables

9/4-9/25	F	4:30-6:00 PM	\$112	415553-01
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Pasta

10/2-10/23	F	4:30-6:00 PM	\$112	415553-02
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Cookies

10/30-11/20	F	4:30-6:00 PM	\$112	415553-03
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INCLUSION SUPPORT

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SCHOOL'S OUT DAYS

CAMP FUNQUEST

Camp FunQuest is Recreation's licensed day camp program for children in grades K-5 (ages 5-11). Engaging activities are designed with children's age, development stage and interests in mind and include games, crafts, S.T.E.M. explorations and outdoor physical activity. Families must provide a nut-free sack lunch, two healthy snacks, a water bottle and appropriate clothing/gear for outdoor play. Note: Full camp itineraries will be emailed the week prior to program start dates. An emailed invitation to complete online health profiles will be sent through ePACT Emergency Network after registration.

Camp FunQuest School's Out Days

Age: 5-11 years

Location: Foothills Activity Center

10/15	Th	7:30 AM-5:30 PM	\$70	415533-02
10/16	F	7:30 AM-5:30 PM	\$70	415533-03

Age: 5-11 years

Location: Northside Aztlan Community Center

9/28	M	7:30 AM-5:30 PM	\$70	415533-01
11/23	M	7:30 AM-5:30 PM	\$70	415533-04
11/24	Tu	7:30 AM-5:30 PM	\$70	415533-05
11/25	W	7:30 AM-5:00 PM	\$70	415533-06

Camp FunQuest Winter Break Camp

Age: 5-11 years

12/21	M	7:30 AM-5:30 PM	\$70	415530-01
12/22	Tu	7:30 AM-5:30 PM	\$70	415530-02
12/23	W	7:30 AM-5:30 PM	\$70	415530-03
12/28	M	7:30 AM-5:30 PM	\$70	415530-04
12/29	Tu	7:30 AM-5:30 PM	\$70	415530-05
12/30	W	7:30 AM-5:30 PM	\$70	415530-06
12/31	Th	7:30 AM-5:00 PM	\$70	415530-07
1/4	M	7:30 AM-5:30 PM	\$70	415530-08

LEGO School Out Thanksgiving Break

If you can imagine it, you can build it. Let your imagination run wild with tens of thousands of LEGO parts! All LEGO classes and camps are taught by an experienced Play-Well instructor.

Location: Edora Pool Ice Center

Age: 5-7 years

Radical Rides

11/23-11/24	M,Tu	9:00 AM-Noon	\$84	416771-01
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Age: 7-12 years

Machine Mayhem

11/23-11/24	M,Tu	1:00-4:00 PM	\$84	416771-02
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LEGO School Out Winter Break

If you can imagine it, you can build it. Let your imagination run wild with tens of thousands of LEGO parts! All LEGO classes and camps are taught by an experienced Play-Well instructor.

Age: 5-7 years

Minecraft Engineering

12/21-12/23	M-W	9:00 AM-Noon	\$126	416772-01
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Age: 7-12 years

Minecraft Master

12/21-12/23	M-W	1:00-4:00 PM	\$126	416772-02
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INCLUSION SUPPORT

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TEEN ENRICHMENT PROGRAMS

Ultimate Babysitting Bootcamp

Topics covered include business and leadership principles, discipline, communication, safe play, basic care for infants and children, disaster preparedness, preventing accidents, recognizing and responding to emergencies, infant and child CPR, choking and basic first aid. Students receive a certification from the American Safety and Health Institute. Note: Bring paper, pencil, water bottle and a packed lunch.

Age: 11-16 years

Location: Northside Aztlan Community Center

9/12	Sa	9:00 AM-3:00 PM	\$86	416700-01
11/14	Sa	9:00 AM-3:00 PM	\$86	416700-03

Location: Fort Collins Senior Center

10/16	F	9:00 AM-3:00 PM	\$86	416700-02
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Beginner Dungeons and Dragons

Create and act in your own stories through group roleplaying tabletop games! Learn the basics of Dungeons and Dragons while creating your own unique character and enhancing your imagination through strategic thinking and group challenges.

Age: 12-16 years

Location: Foothills Activity Center

9/9-10/28	W	4:00-6:00 PM	\$140	415584-01
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Teen Hikes

Join other teens on hiking trails in Northern Colorado! Hikes are led by teen camp staff, and ranger-guided education may be included in the trek. Note: Please bring water, snacks, sunscreen and a packed lunch. Shoes appropriate for hiking required.

Age: 12-15 years

Meeting Location: Northside Aztlan Community Center

Kruger Rock

9/19	Sa	8:00 AM-1:00 PM	\$65	415535-01
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Horsetooth Mountain

10/10	Sa	8:00 AM-1:00 PM	\$65	415535-02
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Teen Trips

Join other teens on fun outings during days out of school! Each trip will be accompanied by licensed camp staff with transportation provided. Note: Please bring a packed lunch and appropriate clothing.

Age: 12-15 years

Meeting Location: Northside Aztlan Community Center
Bounce Empire

10/16	F	9:00 AM-4:00 PM	\$81	415534-01
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Denver Museum of Nature and Science

11/23	M	9:00 AM-4:00 PM	\$81	415534-02
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Loveland Laser Tag

12/21	M	10:00 AM-3:00 PM	\$81	415534-03
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Teen Music Jam Sesh

Bring your own instrument (or try out something new) while jamming with other teens! Meet peers with similar musical interests, learn new songs and rhythms and experience meaningful connection through music creation. Note: Participants encouraged to bring their own instruments. Some instruments will be available for use as needed.

Age: 12-15 years

Location: Foothills Activity Center

11/14	Sa	3:00-4:30 PM	\$10	415536-01
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WINTER

January - March

REGISTRATION BEGINS WITH
FALL RECREATOR

YOUTH SPORTS

GRADES

Girls Basketball	K-8
Intermediate Boys Basketball	4-8
High School Basketball	9-12
Tennis	K-5
Wrestling	K-5

ADULT SPORTS

Basketball
Tennis
Volleyball

SPRING

March - May

REGISTRATION BEGINS WITH
SPRING RECREATOR

YOUTH SPORTS

GRADES

Flag Football	K-8
Tennis	
Volleyball	4-8

ADULT SPORTS

Basketball
Kickball
Softball
Tennis
Volleyball

SUMMER

May - July

REGISTRATION BEGINS WITH
SUMMER RECREATOR

YOUTH SPORTS

GRADES

Boys & Girls Basketball	K-8
Softball	K-8
Tee Ball	5-6 yrs
Tennis	
CARA Track	3.5-16 yrs

ADULT SPORTS

Basketball
Softball
Outdoor Volleyball
Tennis

EARLY FALL

August - October

REGISTRATION BEGINS WITH
SUMMER & FALL RECREATOR

YOUTH SPORTS

GRADES

CARA Cross Country	6-14 yrs
Flag Football	K-8
Tennis	
Volleyball	2-8

ADULT SPORTS

Basketball
Kickball
Softball
Tennis
Volleyball

LATE FALL

October - December

REGISTRATION BEGINS WITH
FALL RECREATOR

YOUTH SPORTS

GRADES

Boys Basketball	K-8
Girls Intermediate Basketball	4-8
Tennis	4-8

ADULT SPORTS

Basketball (cont.)
Volleyball Tournament
Tennis

SPORTS

Youth Sports Philosophy

The leagues offered by the Recreation Department are intended to be developmental in nature, where learning the skills of the sport and having fun are paramount and winning is secondary. We ask that all adults involved, coaches, parents/guardians and other fans keep this in mind when attending practices and games.

Youth Sports General Information

- Teams are split up by staff at random, not by special requests or registration dates. Special requests are not guaranteed.
- Coach meetings are scheduled 1-2 weeks before the program start date. Coaches contact teams directly to establish practice dates and times after the coach meeting.
- Tournaments are only played in the intermediate leagues.
- Teams practice 1-2 times per week based on availability. Two weeks of practice will be held prior to the first game.
- Outdoor leagues practice on a first-come, first-served basis at the location (or nearby park with approval from Recreation Staff) indicated when registering.
- Indoor leagues scheduled practice times and locations are determined by staff prior to the season. In the event of gym cancellations, teams may practice at locations that differ from registration site.

Coaching Criteria

All youth sports coaches must know the fundamentals and rules of the sport for which they are coaching. Coach trainings are offered to volunteers; volunteer coaches are expected to attend these meetings to enhance coaching abilities and know the rules and philosophy of the program.

All youth sport coaches who volunteer with the City of Fort Collins must participate in a background check conducted by the City on an annual basis and complete a concussion certification before being approved to coach in any youth sport league. Background checks remain confidential and are valid for one year. Individuals are not permitted to volunteer/instruct until a completed background check has been received and approved by the City of Fort Collins. The City of Fort Collins reserves the right to deny anyone to coach based on the results found in the background check, or any coach that the City does not believe will follow our recreational philosophies.

Volunteer coaches are expected to always act in the best interests of young athletes and agree to follow the guidelines and policies of the City of Fort Collins Recreation Department.

For more information about coaching, contact 970-416-4280.

EARLY FALL SPORTS

Note: Registration for the early fall sports opened in June; some teams may be full.

FOOTBALL

Junior Rams Flag Football

Learn the fundamentals of football, teamwork and sportsmanship through non-contact, continuous action. Emphasis is on equal participation; winning is secondary. Practices are held 1-2 times per week with games on Saturdays and occasional weeknights. Junior Rams jersey included.

Cost: \$130

Practices begin: Week of 8/31

Number of games: 6

Grade: Kindergarten-1

City Park	414010-04	Spring Canyon Park	414010-19
Edora Park	414010-07	Troutman Park	414010-22
Fossil Creek Park	414010-10	Timnath Park	414010-25
Greenbriar Park	414010-13	Twin Silo Park	414010-28
Rolland Moore Park	414010-16		

Grade: 2-3

City Park	414011-04	Spring Canyon Park	414011-19
Edora Park	414011-07	Troutman Park	414011-22
Fossil Creek Park	414011-10	Timnath Park	414011-25
Greenbriar Park	414011-13	Twin Silo Park	414011-28
Rolland Moore Park	414011-16		

Grade: 4-5

City Park	414012-04	Spring Canyon Park	414012-19
Edora Park	414012-07	Troutman Park	414012-22
Fossil Creek Park	414012-10	Timnath Park	414012-25
Greenbriar Park	414012-13	Twin Silo Park	414012-28
Rolland Moore Park	414012-16		

Grade: 6-8

Blevins	414013-01	Lincoln	414013-16
Boltz	414013-04	Preston	414013-19
CLP	414013-07	Timnath	414013-22
Kinard	414013-10	Webber	414013-25
Leshner	414013-13		



Girls Middle School Flag Football

Learn the fundamentals of football, teamwork and sportsmanship through non-contact, continuous action. Emphasis is on equal participation; winning is secondary. Practices are held 1-2 times per week with games on Saturdays and occasional weeknights. Junior Rams jersey included.

Cost: \$130

Practices begin: Week of 8/31

Number of games: 6

Grade: 6-8

Blevins	414014-01
Boltz	414014-04
CLP	414014-07
Kinard	414014-10
Lesher	414014-13
Lincoln	414014-16
Preston	414014-19
Timnath	414014-22
Webber	414014-25

RUNNING

Junior Rams C.A.R.A. Cross Country

Recreational cross-country program. Practices are held twice per week in various parks around Fort Collins. Meets are held in Front Range cities on Saturday or Sunday each weekend. Fee includes Junior Rams jersey and fees for cross country meets.

Cost: \$130

Practices begin: Week of 8/31

Age: 6-14 years

Location: Varies

August-October M,W,Sa,Su 5:30-6:45 PM 414033-01

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City of Fort Collins

SOCCER

Middle School Boys Soccer

Learn the fundamentals of soccer, teamwork and sportsmanship through skill-building drills and game play in a supportive environment. Emphasis is on equal participation and player development; winning is secondary. Teams practice 1-2 times per week with games held on weeknights. Team jersey included.

Cost: \$130

Practices begin: Week of 8/31

Number of games: 6

Grade: 6-8

Blevins	414020-01
Boltz	414020-02
CLP	414020-03
Kinard	414020-04
Leshar	414020-05
Lincoln	414020-06
Preston	414020-07
Webber	414020-08
Timnath	414020-09

VOLLEYBALL

Junior Rams Volleyball

Develop a sense of team play where participation, fun, skills and sportsmanship are stressed; winning is secondary. Practices are held 1-2 times per week with matches on Saturdays and occasional weeknights. Practice days and times vary. All Junior Rams players receive a reversible Junior Rams jersey for games and two tickets to one pre-selected CSU Volleyball match.

Cost: \$130

Practices begin: Week of 8/31

Number of games: 6

Grade: 2-3	414941-01
Grade: 4-5	414942-01

Middle School Volleyball

Cost: \$130

Practices begin: Week of 8/31

Number of games: 6

Grade: 6-8

Blevins	414943-01
Boltz	414943-03
CLP	414943-05
Kinard	414943-07
Leshar	414943-09
Lincoln	414943-11
Preston	414943-13
Timnath	414943-15
Webber	414943-17
Wellington	414943-19

LATE FALL SPORTS

BASKETBALL

Junior Rams Basketball

All Junior Ram players will receive a reversible Junior Rams jersey for games and two tickets to one pre-selected CSU Basketball game.

Boys Junior Rams Basketball

Games held on Saturdays; six games guaranteed. Note: Practices and games will not be held the week of 11/23.

Cost: \$140

Practices begin: Week of 10/19

Grade: Kindergarten-1

Foothills Activity Center	414906-15
Northside Aztlan Center	414906-01

Grade: 2-3

Bacon	414907-01	Lopez	414907-29
Bauder	414907-03	McGraw	414907-31
Beattie	414907-05	O'dea	414907-33
Bennett	414907-07	Olander	414907-35
Bethke	414907-09	Polaris	414907-36
CLP	414907-11	Putnam	414907-37
Dunn	414907-13	Rice	414907-39
Eyestone	414907-15	Riffenburgh	414907-41
Harris	414907-17	Shepardson	414907-43
Irish	414907-19	Tavelli	414907-45
Johnson	414907-21	Timnath	414907-47
Kruse	414907-24	Traut	414907-49
Laurel	414907-25	Werner	414907-51
Liberty Common	414907-60	Zach	414907-53
Linton	414907-27		

Grade: 4-5

Bacon	414908-01	Lopez	414908-29
Bauder	414908-03	McGraw	414908-31
Beattie	414908-05	O'dea	414908-33
Bennett	414908-06	Olander	414908-35
Bethke	414908-09	Putnam	414908-37
CLP	414908-11	Rice	414908-39
Dunn	414908-13	Riffenburgh	414908-41
Eyestone	414908-15	Shepardson	414908-43
Harris	414908-17	Tavelli	414908-45
Irish	414908-19	Polaris	414908-62
Johnson	414908-20	Timnath	414908-47
Kruse	414908-22	Traut	414908-49
Laurel	414908-25	Werner	414908-51
Liberty Common	414908-26	Zach	414908-53
Linton	414908-27		

Middle School Boys Basketball

Games played on Fridays and Saturdays; six games guaranteed. School T-shirt jerseys provided. Note: Practices and games will not be held the week of 11/23.

Cost: \$140

Practices begin: Week of 10/19

Grade: 6

Blevins	414909-01	Lincoln	414909-25
Boltz	414909-05	Preston	414909-30
CLP	414909-10	Timnath	414909-33
Kinard	414909-15	Webber	414909-35
Leshar	414909-20	Wellington	414909-40

Grade: 7-8

Blevins	414910-01	Lincoln	414910-26
Boltz	414910-05	Preston	414910-25
CLP	414910-10	Timnath	414910-30
Kinard	414910-15	Webber	414910-35
Leshar	414910-20	Wellington	414910-40

Girls Intermediate Basketball

Games played on Friday evenings; six games guaranteed plus post season tournament. Junior Nuggets jersey provided. Note: Practices and games will not be held the week of 11/20.

Cost: \$150

Practices begin: Week of 10/13

Grade: 4-5	414912-01
Grade: 6-8	414913-01

WINTER SPORTS

BASKETBALL

Girls Junior Rams Basketball

Games played on Saturdays; six games guaranteed.

Cost: \$140

Practices begin: Week of 1/1

Grade: Kindergarten-1

Foothills Activity Center	214906-07
Northside Aztlan Center	214906-06

Grade: 2-3

Bacon	214907-01	Lopez	214907-29
Bauder	214907-03	McGraw	214907-31
Beattie	214907-05	Odea	214907-33
Bennett	214907-07	Olander	214907-35
Bethke	214907-09	Putnam	214907-37
CLP	214907-11	Rice	214907-39
Dunn	214907-13	Riffenburgh	214907-41
Eyestone	214907-15	Shepardson	214907-43
Harris	214907-17	Tavelli	214907-45
Irish	214907-19	Polaris	214907-38
Johnson	214907-21	Timnath	214907-47
Kruse	214907-23	Traut	214907-49
Laurel	214907-25	Werner	214907-51
Linton	214907-27	Zach	214907-53

Grade: 4-5

Bacon	214908-01	Lopez	214908-29
Bauder	214908-03	McGraw	214908-31
Beattie	214908-05	O'dea	214908-33
Bennett	214908-07	Olander	214908-35
Bethke	214908-09	Putnam	214908-37
CLP	214908-11	Rice	214908-39
Dunn	214908-13	Riffenburg	214908-41
Eyestone	214908-15	Shepardson	214908-43
Harris	214908-17	Tavelli	214908-45
Irish	214908-19	Liberty Common	214908-26
Johnson	214908-21	Timnath	214908-47
Kruse	214908-23	Traut	214908-49
Laurel	214908-25	Werner	214908-51
Linton	214908-27	Zach	214908-53

Girls Middle School Basketball

Games played on Fridays and Saturdays; six games guaranteed. Game T-shirt is provided.

Cost: \$140

Practices begin: Week of 1/11

Grade: 6-8

Liberty Common	214909-16	Lincoln	214909-11
Blevins	214909-01	Preston	214909-12
Boltz	214909-03	Timnath	214909-13
CLP	214909-05	Webber	214909-15
Kinard	214909-07	Wellington	214909-17
Leshner	214909-09		

Boys Intermediate Basketball

Games played on Friday evenings and Saturdays; six games guaranteed plus post season tournament. Note: Junior Nuggets Jersey will be provided.

Cost: \$150

Practices begin: Week of 1/11

Grade: 4-5	214903-01
Grade: 6	214904-01
Grade: 7-8	214905-01

Boys High School Basketball

This program will provide coaching and instruction for the game of basketball to high school-aged boys that do not play for their school. Games against other teams from around Northern Colorado. Program requires some travel for games on weekends. Eight games guaranteed. Note: A jersey will be provided.

Cost: \$150

Practices begin: Week of 1/11

Grade: 9-12	214916-01
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INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator, with reasonable accommodations. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit FortCollins.gov/ARO for more details.

CHEERLEADING

TCDC Cheer Team

Kids will flip over these high-energy recreational cheers. If your child is looking for a fun way to learn dances, tumbling, jumps and stunting through sportsmanship and teamwork, these teams are for you. Each session will include a Community Performance. Poms provided for use. T-shirt and bow performance wear cost an additional \$25. Note: Class will not be held on 11/23 and 11/27.

Location: 2208 E. Harmony Rd.

Age: 2.5-3 years

9/14-10/19	M	3:50-4:20 PM	\$72	414737-01
10/26-12/14	M	3:50-4:20 PM	\$84	414737-02
1/4-2/8	M	3:50-4:20 PM	\$72	414737-03

Age: 3-5 years

9/11-10/16	F	9:00-10:00 AM	\$72	414737-04
10/23-12/11	F	9:00-10:00 AM	\$84	414737-05
1/8-2/12	F	9:00-10:00 AM	\$72	414737-06

Age: 4-5 years

9/14-10/19	M	4:25-5:10 PM	\$105	414737-07
10/26-12/14	M	4:25-5:10 PM	\$122.50	414737-08
1/4-2/8	M	4:25-5:10 PM	\$105	414737-09

Age: 5-8 years

9/14-10/19	M	5:15-6:10 PM	\$108	414737-10
10/26-12/14	M	5:15-6:10 PM	\$126	4147437-11
1/4-2/8	M	5:15-6:10 PM	\$108	414737-12

Age: 9-13 years

9/14-10/19	M	6:15-7:10 PM	\$108	414737-13
10/26-12/14	M	6:15-7:10 PM	\$122.50	414737-14
1/4-2/8	M	6:15-7:10 PM	\$108	414737-15

TCDC Showcase Team

Showcase team is a non-competitive cheerleading atmosphere that will take your child's skills to the next level. Learn intermediate stunts, dances and more, all in a positive environment. This team will have the opportunity to perform throughout Northern Colorado communities. T-shirt and bow performance wear cost an additional \$25. Note: Class will not be held on 11/23. Learn more at

TheCheerAndDanceConnection.com.

Location: 2208 E. Harmony Rd.

Age: 8-14 years

9/14-10/19	M	6:15-7:30 PM	\$130	414738-01
10/26-12/14	M	6:15-7:30 PM	\$150.50	414738-02
1/4-2/8	M	6:15-7:30 PM	\$130	414738-03

MARTIAL ARTS

Shotokan Karate, Beginner

Introduction to karate, a Japanese martial art form. Participants may be divided into groups based on ability. Adults are welcome to participate with their children. Learn basic karate techniques and form before intermediate level. Note: Class will not be held on 11/2 and 11/4.

Age: 7 years and up

Location: Club Tico

8/31-9/23	M,W	5:00-6:00 PM	\$52	414750-01
9/28-10/21	M,W	5:00-6:00 PM	\$52	414750-02
10/26-11/18	M,W	5:00-6:00 PM	\$39	414750-03
11/30-12/16	M,W	5:00-6:00 PM	\$39	414750-04
1/4-1/27	M,W	5:00-6:00 PM	\$52	414750-05

Shotokan Karate, Intermediate

Physical and mental benefits include enhanced physical condition and increased stamina, coordination, confidence, self-esteem, discipline and concentration. Prerequisite: Completion of Shotokan Karate, Beginner. Note: Class will not be held on 11/2 and 11/4.

Age: 7 years and up

Location: Club Tico

8/31-9/23	M,W	6:00-7:00 PM	\$52	414751-01
9/28-10/21	M,W	6:00-7:00 PM	\$52	414751-02
10/26-11/18	M,W	6:00-7:00 PM	\$39	414751-03
11/30-12/16	M,W	6:00-7:00 PM	\$39	414751-04
1/4-1/27	M,W	6:00-7:00 PM	\$52	414751-05

Shotokan Karate, Advanced

Learn new karate concepts and reinforce the concepts gained in previous classes. Move at a faster pace and develop more advanced techniques. Note: Class will not be held on 11/2 and 11/4.

Age: 7 years and up

Location: Club Tico

8/31-9/23	M,W	7:00-8:00 PM	\$52	414752-01
9/28-10/21	M,W	7:00-8:00 PM	\$52	414752-02
10/26-11/18	M,W	7:00-8:00 PM	\$39	414752-03
11/30-12/16	M,W	7:00-8:00 PM	\$39	414752-04
1/4-1/27	M,W	7:00-8:00 PM	\$52	414752-05

WRESTLING

Wrestling

Designed for both beginners and experienced wrestlers. Participants will learn the fundamentals and skills of wrestling, including proper techniques and conditioning. The program includes six interschool dual meets held on Saturdays. There will be no end-of-season tournament. Note: Singlet rental is included with registration. Wrestling shoes are not included; participants may compete in either wrestling shoes or socks. Practices are scheduled to begin no earlier than 6:30 p.m.

Cost: \$150

Practices begin: Week of 1/4

Grade: Kindergarten-5

Boltz	214911-01
Leshner	214911-02
Lincoln	214911-03
Preston	214911-04
Webber	214911-05

SKYHAWKS SPORTS

Skyhawks Multisport Programs

Why choose one sport when you can try two? Skyhawks is excited to introduce athletes to two exciting sports in one fun-filled program. Through games, skill-building activities and friendly competition, kids will stay active, build confidence and discover new favorites along the way. No experience needed—just show up ready to play!

Location: Rolland Moore Park

Grade: 3-5

Basketball and Volleyball

8/12-9/2	W	3:30-5:00 PM	\$99	414784-01
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Soccer and Golf

9/9-9/30	W	3:30-5:00 PM	\$99	414784-02
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Flag Football and Lacrosse

10/1-10/28	W	3:30-5:00 PM	\$99	414784-03
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Rooted In Community

TREE SALE!

FortCollins.gov/Forestry

Help expand our urban forest.

Low-cost trees available for purchase starting August 24.





SUPERTOTS

Safe and fun sports programs that incorporate physical activity in a non-competitive environment. Camps are designed with an engaging, skill-building curriculum in which “tots” learn through a series of fun and beneficial games. Acquire skills and fitness while also developing an interest and love of sports. For more information, visit SuperTotSports.com/Colorado.

SoccerTots

Age: 2-2.5 years

Location: Foothills Activity Center

8/14-9/4	F	9:15-9:45 AM	\$49	414780-01
9/9-9/30	W	9:15-9:45 AM	\$49	414780-02
10/9-10/30	F	9:15-9:45 AM	\$49	414780-04
11/11-12/9	W	9:15-9:45 AM	\$49	414780-05

Location: Landings Park

9/12-10/3	Sa	9:15-9:45 AM	\$49	414780-03
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Age: 2.5-3.5 years

Location: Foothills Activity Center

8/11-9/1	Tu	10:00-10:45 AM	\$74	414781-01
8/14-9/4	Fri	10:00-10:45 AM	\$74	414781-03
9/9-9/30	W	10:00-10:45 AM	\$74	414781-04
10/6-10/27	Tu	10:00-10:45 AM	\$74	414781-07
10/9-10/30	F	10:00-10:45 AM	\$74	414781-08
11/11-12/9	W	10:00-10:45 AM	\$74	414781-09

Location: Harmony Park

8/13-9/3	Th	4:45-5:30 PM	\$74	414781-02
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Location: Landings Park

9/12-10/3	Sa	10:00-10:45 AM	\$74	414781-05
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Location: Overland Park

9/14-9/28	M	4:45-5:30 PM	\$74	414781-06
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Age: 3.5-4 years

Location: Foothills Activity Center

8/11-9/1	Tu	11:00-11:45 AM	\$74	414782-01
9/9-9/30	W	11:00-11:45 AM	\$74	414782-04
10/6-10/27	Tu	11:00-11:45 AM	\$74	414782-07
10/9-10/30	F	11:00-11:45 AM	\$74	414782-08
11/11-12/9	W	11:00-11:45 AM	\$74	414782-09

Location: Harmony Park

8/13-9/3	Th	5:45-6:30 PM	\$74	414782-02
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Location: Landings Park

9/12-10/3	Sa	11:00-11:45 AM	\$74	414782-05
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Location: Overland Park

9/14-9/28	M	5:45-6:30 PM	\$74	414782-06
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BaseballTots

Age: 2-2.5 years

Location: Foothills Activity Center

9/11-10/2	F	9:15-9:45 AM	\$49	414780-07
10/7-10/21	W	9:15-9:45 AM	\$49	414780-08

Location: Landings Park

8/15-9/5	Sa	9:15-9:45 AM	\$49	414780-06
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Age: 2.5-3.5 years

Location: Foothills Activity Center

9/11-10/2	F	10:00-10:45 AM	\$74	414781-12
10/7-10/21	W	10:00-10:45 AM	\$74	414781-13

Location: Landings Park

8/15-9/5	Sa	10:00-10:45 AM	\$74	414781-11
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Location: Overland Park

8/10-8/31	M	4:45-5:30 PM	\$74	414781-10
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Age: 3.5-4 years

Location: Foothills Activity Center

9/11-10/2	F	11:00-11:45 AM	\$74	414782-12
10/7-10/21	W	11:00-11:45 AM	\$74	414782-13

Location: Landings Park

8/15-9/5	Sa	11:00-11:45 AM	\$74	414782-11
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Location: Overland Park

8/10-8/31	M	5:45-6:30 PM	\$74	414782-10
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HoopsterTots

Age: 2-2.5 years

Location: Foothills Activity Center

8/12-9/2	W	9:15-9:45 AM	\$49	414780-09
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Age: 2.5-3.5 years

Location: Foothills Activity Center

8/12-9/2	W	10:00-10:45 AM	\$74	414781-14
11/10-12/8	Tu	10:00-10:45 AM	\$74	414781-15

Age: 3.5-4 years

Location: Foothills Activity Center

8/12-9/2	W	11:00-11:45 AM	\$74	414782-14
11/10-12/8	Tu	11:00-11:45 AM	\$74	414782-15

1stDownTots

Age: 2-2.5 years

Location: Landings Park

10/10-10/31	Sa	9:15-9:45 AM	\$49	414780-10
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Age: 2.5-3.5 years

Location: Foothills Activity Center

9/8-9/29	Tu	10:00-10:45 AM	\$74	414781-16
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Location: Harmony Park

9/10-10/1	Th	4:45-5:30 PM	\$74	414781-17
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Location: Landings Park

10/10-10/31	Sa	10:00-10:45 AM	\$74	414781-18
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Age: 3.5-4 years

Location: Foothills Activity Center

9/8-9/29	Tu	11:00-11:45 AM	\$74	414782-16
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Location: Harmony Park

9/10-10/1	Th	5:45-6:30 PM	\$74	414782-17
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Location: Landings Park

10/10-10/31	Sa	11:00-11:45 AM	\$74	414782-18
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VolleyKats

Age: 2-2.5 years

Location: Foothills Activity Center

11/11-12/9	F	9:15-9:45 AM	\$49	414780-11
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Age: 2.5-3.5 years

Location: Foothills Activity Center

11/11-12/9	F	10:00-10:45 AM	\$74	414781-19
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Age: 3.5-4 years

Location: Foothills Activity Center

11/11-12/9	F	11:00-11:45 AM	\$74	414782-19
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2026-2027 ENROLLMENT NOW OPEN

NEW CLASSES FOR ALL AGES

INCLUDING:
THREE-DAY
PROGRAMMING
FOR AGES 3-4



STUDIO WEST DANCE CENTER

970-225-1611

SCAN TO SEE WHICH
PROGRAM FITS YOUR CHILD:



TENNIS

Things to Know

Lewis Tennis School directs all tennis programs for the City of Fort Collins. With more than 56 years of experience in the tennis industry, Lewis Tennis provides quality lessons, programs and tournaments for all levels and ages with USPTA certified coaches on staff. Tennis director Larry Lewis has managed five of the top tennis facilities in the United States.

Rolland Moore Pro Shop

Visit our fully stocked pro shop located at the Rolland Moore Racquet Center. Racquets, shoes, accessories and 24-hour stringing available. Fall hours are 3-6 p.m. Monday-Friday and 10 a.m.-4 p.m. Saturday (weather permitting).

Registration

Sign up before 8/9 and receive a 10% discount! Additional discounts available for multi-family member registration and reduced fee program.

All programs are offered at Rolland Moore Racquet Complex unless otherwise noted.

Little Lobbers

Young players will develop their basic hand-eye coordination and athletic skills. Learn movement, balance and proper techniques through fun games. Sportsmanship and encouraging words are emphasized.

Age: 4-6 years				Drop In		
8/17-9/9	M,W	3:00-3:45 PM	\$130	\$18	423055-01	
9/14-10/7	M,W	3:00-3:45 PM	\$130	\$18	423055-02	
10/12-11/4	M,W	3:00-3:45 PM	\$130	\$18	423055-03	
11/9-12/9	M,W	3:00-3:45 PM	\$130	\$18	423055-04	
8/22-9/12	Sa	10:00-10:45 AM	\$65	\$18	423055-05	
9/19-10/10	Sa	10:00-10:45 AM	\$65	\$18	423055-06	
10/17-11/7	Sa	10:00-10:45 AM	\$65	\$18	423055-07	
11/14-12/12	Sa	10:00-10:45 AM	\$65	\$18	423055-08	



Treatsylvania
at the Farm

**FRIDAY
OCTOBER 23
5-7 P.M.**

**SATURDAY
OCTOBER 24
5-7 P.M.**

**SUNDAY
OCTOBER 25
1-3 P.M. & 5-7 P.M.**

**TICKETS AVAILABLE
WEDNESDAY, OCTOBER 7**

City of Fort Collins
ELEVATIONS CREDIT UNION

Future Stars

Learn basic fundamentals and rules and play fun drills and games to develop skills. Players will learn the correct way to hit the ball to build a strong foundation for future play. Sportsmanship and positive attitude are emphasized.

Age: 7-8 years			Drop In			
8/17-9/9	M,W	4:00-5:30 PM	\$195	\$26	423053-01	
9/14-10/7	M,W	4:00-5:30 PM	\$195	\$26	423053-02	
10/12-11/4	M,W	4:00-5:30 PM	\$195	\$26	423053-03	
11/9-12/9	M,W	4:00-5:30 PM	\$195	\$26	423053-04	
8/22-9/12	Sa	11:00 AM-12:30 PM	\$98	\$26	423053-05	
9/19-10/10	Sa	11:00 AM-12:30 PM	\$98	\$26	423053-06	
10/17-11/7	Sa	11:00 AM-12:30 PM	\$98	\$26	423053-07	
11/14-12/12	Sa	11:00 AM-12:30 PM	\$98	\$26	423053-08	

Aces

Players learn basic fundamentals and rules and play fun games to develop skills. As players progress, they will develop more advanced skills such as top spin, slice serves and match skills. Players will be encouraged to participate in novice-level tournaments.

Age: 9-10 years			Drop In			
8/17-9/9	M,W	4:00-5:30 PM	\$195	\$26	423050-01	
9/14-10/7	M,W	4:00-5:30 PM	\$195	\$26	423050-02	
10/12-11/4	M,W	4:00-5:30 PM	\$195	\$26	423050-03	
11/9-12/9	M,W	4:00-5:30 PM	\$195	\$26	423050-04	
8/22-9/12	Sa	11:00 AM-12:30 PM	\$98	\$26	423050-05	
9/19-10/10	Sa	11:00 AM-12:30 PM	\$98	\$26	423050-06	
10/17-11/7	Sa	11:00 AM-12:30 PM	\$98	\$26	423050-07	
11/14-12/12	Sa	11:00 AM-12:30 PM	\$98	\$26	423050-08	

Middle School

Just starting the game or a seasoned competitor? Middle school players develop their games to effectively compete on middle and high school teams or just enjoy the benefits of this great lifetime sport.

Age: 11-13 years			Drop In			
8/18-9/11	Tu,Th,F	3:30-5:30 PM	\$390	\$35	423061-01	
9/15-10/9	Tu,Th,F	3:30-5:30 PM	\$390	\$35	423061-02	
10/13-11/6	Tu,Th,F	3:30-5:30 PM	\$390	\$35	423061-03	
11/10-12/11	Tu,Th,F	3:30-5:30 PM	\$390	\$35	423061-04	
8/22-9/12	Sa	1:00-3:00 PM	\$130	\$35	423061-05	
9/19-10/10	Sa	1:00-3:00 PM	\$130	\$35	423061-06	
10/17-11/7	Sa	1:00-3:00 PM	\$130	\$35	423061-07	
11/14-12/12	Sa	1:00-3:00 PM	\$130	\$35	423061-08	

High School

New players learn the fundamentals of the game and how to compete. Intermediate to advanced players learn more advanced techniques and doubles and singles match strategies.

Age: 14-18 years			Drop In			
8/18-9/11	Tu,Th,F	4:30-6:00 PM	\$293	\$26	423063-01	
9/15-10/9	Tu,Th,F	4:30-6:00 PM	\$293	\$26	423063-02	
10/13-11/6	Tu,Th,F	4:30-6:00 PM	\$293	\$26	423063-03	
11/10-12/11	Tu,Th,F	4:30-6:00 PM	\$293	\$26	423063-04	
8/22-9/12	Sa	1:00-3:00 PM	\$130	\$26	423063-05	
9/19-10/10	Sa	1:00-3:00 PM	\$130	\$26	423063-06	
10/17-11/7	Sa	1:00-3:00 PM	\$130	\$26	423063-07	
11/14-12/12	Sa	1:00-3:00 PM	\$130	\$26	423063-08	

Performance Training

Designed for devoted junior players who have already developed a solid foundation of the game and shown a high level of commitment. Players typically have goals of state and sectional rankings, high school varsity play and college scholarships. Players must be accepted by Head Pro. Call 970-493-7000 for dates and times.

Age: 14-18 years

Special Events

Tournaments for ages 8-18 years are available. Call 970-493-7000 for details.

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator, with reasonable accommodations. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit FortCollins.gov/ARO for more details.



BE A **GAME CHANGER** IN YOUR COMMUNITY

Volunteer to coach a Fort Collins youth sports team, and you'll help kids build friendships, learn sportsmanship and nurture a lifelong passion for sports.

Choose from a variety of sports, from softball to basketball to volleyball.



SIGN UP NOW

FortCollins.gov/WebTrac



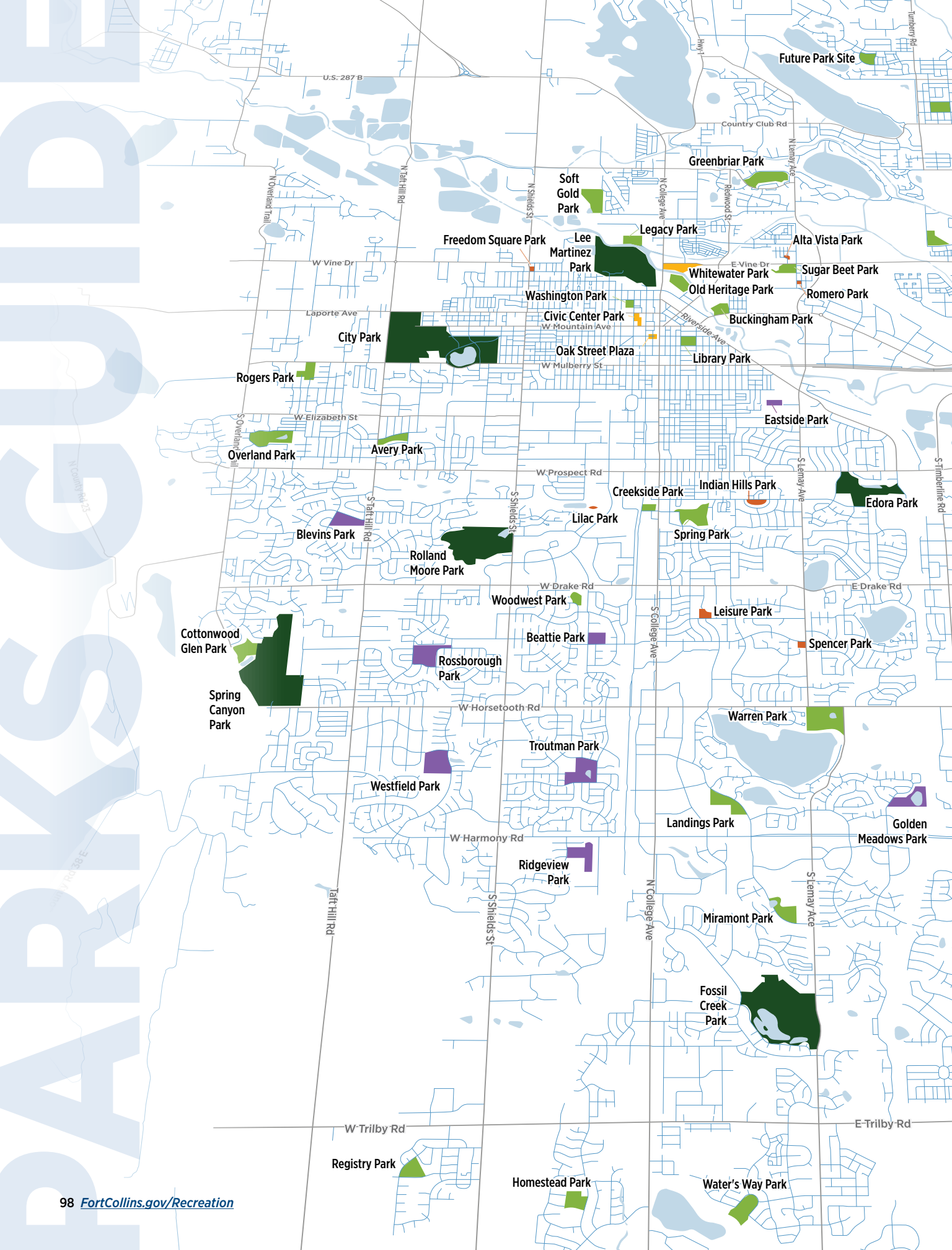
TROUTMAN PARK

500 W. TROUTMAN PKWY.





PARKS
GUIDE



Future Park Site

Greenbriar Park

Soft Gold Park

Freedom Square Park

Lee Martinez Park

Legacy Park

Alta Vista Park

Whitewater Park

Sugar Beet Park

Old Heritage Park

Romero Park

Buckingham Park

Civic Center Park

W Mountain Ave

Oak Street Plaza

Library Park

City Park

Rogers Park

Overland Park

Avery Park

Blevins Park

Roland Moore Park

Woodwest Park

Beattie Park

Rossborough Park

Cottonwood Glen Park

Spring Canyon Park

Creekside Park

Indian Hills Park

Edora Park

Spring Park

Lilac Park

Leisure Park

Spencer Park

Warren Park

Troutman Park

Westfield Park

W Harmony Rd

Ridgeview Park

Landings Park

Golden Meadows Park

Miramont Park

Fossil Creek Park

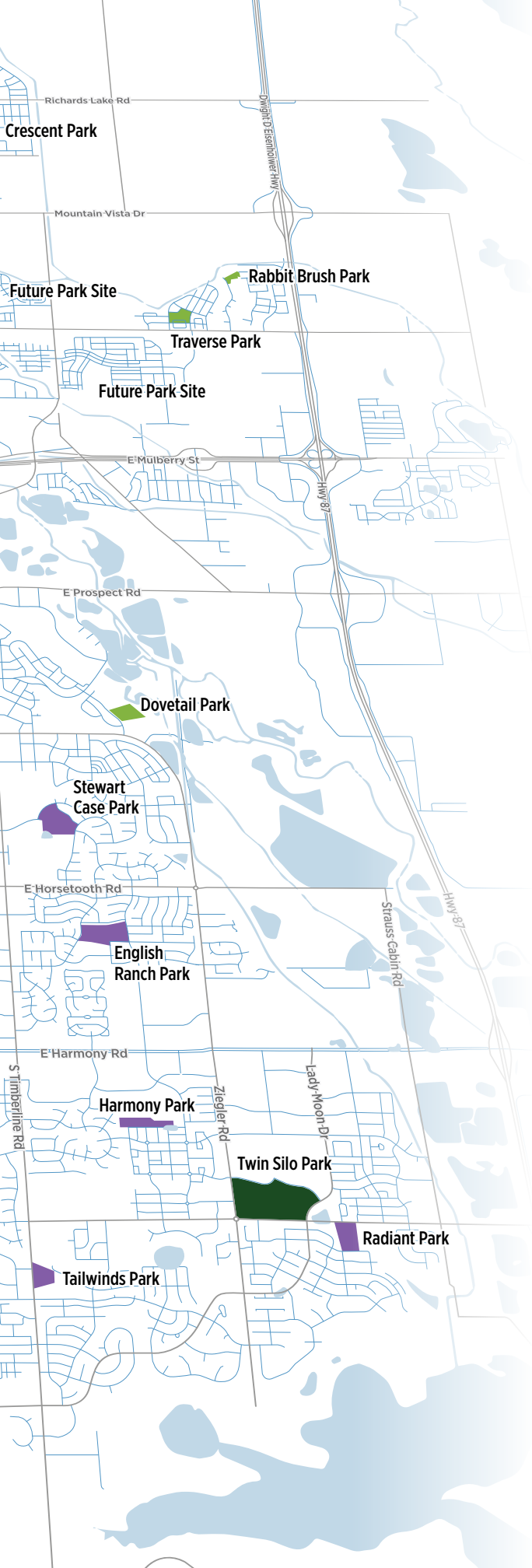
W Trilby Rd

Registry Park

Homestead Park

Water's Way Park

E Trilby Rd



PARKS GUIDE

The Parks Department is proud to provide the community with clean, safe and attractive environments for all to enjoy. With more than 966 acres of developed parks, including seven community parks and 45+ neighborhood/pocket parks, and just over 45 miles of paved trails, there are hundreds of ways to recreate in Fort Collins. Use this guide as you explore the variety of parks and trails Fort Collins has to offer.

Interested in learning more about the trails system? Visit FortCollins.gov/Trails.

COMMUNITY PARKS

City Park 1500 W. Mulberry St.



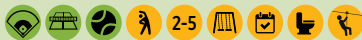
Edora Park 1420 E. Stuart St. | Near Riffenburg Elementary



Fossil Creek Park 5821 S. Lemay Ave.



Lee Martinez Park 600 N. Sherwood St.



Rolland Moore Park 2201 S. Shields St.



Spring Canyon Park 2626 W. Horsetooth Rd.
Near Oleander Elementary



Twin Silo Park 5480 Ziegler Rd.
Near Fossil Ridge High School



NEIGHBORHOOD PARKS

Avery Park 1101 Castlerock Dr.



Buckingham Park 101 1st St.



Cottonwood Glen Park 3074 S. Overland Trl.



Crescent Park 200 Johnson Dr.



Crescent Park 2401 Bar Harbor Dr.



Dovetail Park 2410 Miles House Ave.



Greenbriar Park 730 Wilcox Ln.



Homestead Park 7045 Avondale Rd.



Landings Park 4351 Boardwalk Dr.



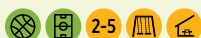
Legacy Park 300 Woodlawn Dr.



Library Park 200 Johnson Dr.



Miramont Park 5138 S. Boardwalk Dr.



Old Fort Collins Heritage Park 112 E. Willow St.



Overland Park 2930 Virginia Dale Dr.



Rabbit Brush Park 1114 Elgin Ct.



Registry Park 6820 Ranger Dr.



Rogers Park 2515 W. Mulberry St.



Soft Gold Park 520 Hickory St.



Spring Park 2100 Matthews St.



Sugar Beet Park 524 San Cristo St.



Traverse Park 775 Greenfields Dr.



Warren Park 1101 E. Horsetooth Rd.



Washington Park 301 Maple St.



Water's Way Park 715 Fairbourne Way



SCHOOLSIDE PARKS

Beattie Park 500 W. Swallow Rd.
Nearby School: Beattie Elementary



Blevins Park 2012 Hampshire Rd.
Nearby School: Blevins Middle School



Eastside Park 1000 E. Locust
Nearby School: Laurel Elementary



English Ranch Park 3825 Kingley Dr.
Nearby School: Linton Elementary



Golden Meadows Park 4342 McMurray Ave.
Nearby School: Kruse Elementary



Harmony Park 5015 Corbett Dr.
Nearby School: Preston Middle and Traut Elementary



Radiant Park 3651 Kechter Rd.
Nearby School: Zach Elementary



Ridgeview Park 4700 Hinsdale Dr.
Nearby School: McGraw Elementary



Rosborough Park 1630 Casa Grande Blvd.
Nearby School: Rocky Mountain High School



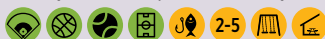
Stewart Case Park 2351 Pinecone Cr.
Nearby School: Fort Collins High School



Tailwinds Park 5830 S. Timberline Rd.
Nearby School: Bacon Elementary



Troutman Park 500 W. Troutman Pkwy.
Nearby School: Lopez Elementary



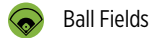
Westfield Park 4075 Seneca St.
Nearby Schools: Webber Middle and Johnson Elementary



Woodwest Park 618 Powderhorn Dr.
Nearby School: Beattie Elementary



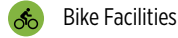
LEGEND



Ball Fields



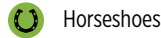
Basketball



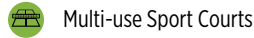
Bike Facilities



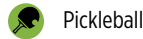
Disc Golf



Horseshoes



Multi-use Sport Courts



Pickleball



Skate Park



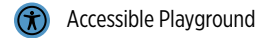
Tennis



Turf Sports Fields



Volleyball



Accessible Playground



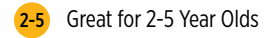
Dog Park



Fishing



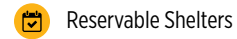
Fitness



Great for 2-5 Year Olds



Playground



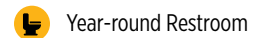
Reservable Shelters



Shelters



Water Feature



Year-round Restroom



Ziplines / Track Rides

MINI PARKS

Alta Vista Park
724 Alta Vista St.



Freedom Square Park
600 N. Shields



Indian Hills Park
801 E. Stuart St.



Leisure Park
2800 Leisure Dr.



Lilac Park
Spring Creek Trl.

Romero Park
421 10th St.



Spencer Park
1035 E. Swallow Rd.

URBAN PARKS

Civic Center Park 225 LaPorte Ave.

PLAZAS

Oak Street Plaza Park 120 W. Oak St.

SPECIAL USE PARKS

Archery Range 2825 SW Frontage Rd.

Poudre River Whitewater Park
201 E. Vine Dr.

RECREATION POLICIES AND PROCEDURES

HOUSEHOLD ACCOUNTS

All recreation facility users must have a household account.

Create an account online at FortCollins.gov/Recreator.

Need help or not sure if you already have an account? Stop by the front desk at any recreation facility or give us a call at 970-221-6655.

REGISTERING FOR PROGRAMS

- Program schedules are announced three times per year in the Recreator.
- Registration for seasonal programs opens in January, April and August (dates vary).
- Registration for Summer Day Camps occur in the spring, and registration for Winter Pottery occurs in the fall.
- Registration remains open for any program with availability.
- Participants may register online, in person or over the phone; online is recommended for the fastest service.
- For more information, visit FortCollins.gov/Recreator.

CHILDREN-SPECIFIC RECREATION POLICIES

SWIMMING

- Children under the age of 8 years must be accompanied by a parent or guardian at least 15 years of age.
- The parents, guardians, leaders, chaperones, etc. of the group must pay admission, be wearing a swimsuit, and actively participating in the water with the child.
- To teach private lessons, coach or provide pool therapy in any facility, a contract must be completed and approved by the Recreation Department prior to any private teaching/therapy/coaching. Please email Aquatics@FortCollins.gov for more information.

OPEN GYM

- Children under the age of 8 years must be accompanied by a parent or guardian at least 15 years of age.
- Children ages 8 years and older may utilize the gymnasium without adult supervision.

WEIGHT ROOMS

- Ages 14 and older are allowed in the weight rooms at Foothills Activity Center and Northside Aztlan Community Center.
- Ages 10-13 years are allowed in weight rooms at Foothills Activity Center and Northside Aztlan Community Center with adult supervision at all times.
- Ages 9 and under are not permitted to loiter in any weight rooms.

ADA DISCLOSURE

The City of Fort Collins is committed to providing an equal opportunity for services, programs and activities and does not discriminate on the basis of mental or physical ability, race, age, national origin, religion, sexual orientation, gender, gender identity or gender expression. For more information on non-discrimination or for interpretation and translation assistance, please contact Jan Reece at JReece@FortCollins.gov.

Individuals of all abilities and ages are welcome to participate in any Recreation program, with reasonable accommodations. If you require assistance participating in programs due to a disability, please indicate that you need an accommodation during the registration process. Requests should be made at least two weeks in advance of the program start date. Specialized programs and service information for individuals with disabilities can be found on [page 13](#).

Auxiliary aids and services are available for persons with disabilities. V/TDD: Dial 711 for Relay Colorado.

PHOTO AND VIDEO ACKNOWLEDGEMENT

Photography or video recording is permitted at all City of Fort Collins facilities and events on City-owned property, except where posted otherwise. The City of Fort Collins reserves the right to require a person to leave the premises or cease taking photos or using a video device if City staff finds such behavior to be disruptive. By their use of the City of Fort Collins facilities, participants of programs and special events grant permission to the City of Fort Collins to take photos and videos of themselves and their children for publication in the program brochure, website and additional uses as the City deems necessary, unless the registrant or participant expressly files a written request as to the use of photos or videos of themselves and/or their children. All professional photography on City-owned property must be approved through the City of Fort Collins.

RECREATION RESERVE FUND

The Recreation Reserve Fund enables the City of Fort Collins to provide and sustain high quality recreation services and facilities. To ensure future needs are met, \$2 per program enrollment and \$3 per hour during facility room rentals are allocated to reserves for future use. These fees are not discountable.

REFUNDS AND CANCELLATIONS

All cancellation and refund requests must be completed in person at a recreation facility or over the phone. Refunds must be requested a minimum of seven days prior to the program start date to receive a full refund or household account credit. Some programs have additional refund requirements as noted in this section.

The Recreation Department reserves the right to cancel a program at any time. Cancellation of programs may be due to low enrollment, weather, safety or other reasons. If a program is canceled for any reason, participants will receive a full refund or household account credit. When possible, recreation staff will recommend alternative options or can assist in finding another program.

REFUND METHODS

- Full amount credited to your household account for use on future program enrollment or facility drop-ins.
- A check or credit card refund; a \$5 service charge per transaction will be assessed; material fees are non-refundable.
- Refunds less than \$5 will be credited to your household account.

ADDITIONAL REFUND REQUIREMENTS

FITNESS

- Enroll by day Fitness and Aqua Fitness Programs must request a refund no later than 24 hours prior to the start of the program.
- Personal Training Sessions and Packages are non-refundable.

FUNTIME PRESCHOOL

- \$40 enrollment fee is non-refundable.

FUNQUEST AND FUNTIME DAY CAMPS

- 10 days or more before first day of program: full refund.
- 5-9 days before first day of program: 50% refund.
- Less than 5 days before first day of program: no refund.
- Cancellation requests can be submitted by emailing your child's camp director.

PASSES AND MEMBERSHIPS

- Passes and Memberships are non-refundable.

SPORTS

- Youth Sports – participants must request refund prior to the start of the second week of the program.
- Adult Sports – participants must cancel seven days prior to the first scheduled game.

TICKETED EVENTS

Ticketed events are either non-refundable or have a specific date listed in the class description as the last day to request a refund.

TRANSFERS

Transfers between programs in the same season may occur free of charge, but they must occur while the program is still eligible for a refund.

There is no charge for transfers, but participants are responsible for any additional program costs. If the new program costs less than the original program, the difference will be credited to the household account.

If the participant's age, grade level or ability does not meet the minimum program requirements, the participant will be transferred to a program that better matches their skill level(s).

WAITLISTS

Waitlists are available for all programs.

Due to high demand the following programs require paid waitlists: Aquatics, Ice Skating, Pottery and Sports.

You will be notified via email if you are moved off the waitlist and enrolled.

If participants are not enrolled from the paid waitlist, they will receive a full refund after the second week of the program.

FOLLOW PARKS & RECREATION ON SOCIAL MEDIA!





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PRESCHOOL ENROLLMENT

At Mountain Kids Preschool, our mission remains rooted in the same values that shaped our beginnings: helping children grow with confidence, joy, and curiosity through movement and learning while focusing on kindergarten readiness.

- UPK Accepted
- Flexible Scheduling Options
- Focusing on Kindergarten Readiness
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